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*44 YEARS OF SERVICING THE NEEDY*

Annual Report  
2022-2023

THYE HUA KWAN MORAL SOCIETY

## TABLE OF CONTENTS

03	About us
04	Corporate Information
05	Chairman's Message
07	THKMS Management Committee & Organisation Chart
10	THKMS Annual Events
12	THKMS Community Services Super Talent Childcare Centres Super Talent Student Care Centres
17	THKMS Welfare Services THK Angsana Home @ Pelangi Village THK Moral Welfare Home THK Free Medical Service
22	THKMS Subsidiaries Ang Mo Kio – Thye Hua Kwan Hospital Thye Hua Kwan Nursing Home @ Hougang Thye Hua Kwan Moral Charities
35	THK Services Directory



## ABOUT US

### VISION

To Serve Mankind

### MISSION

To help anyone who needs help with full respect to their race, colour, creed, language, culture and religion.

### TO PROMOTE

- Love and care for each other, regardless of differences;
- Respect for each other's race, colour, creed, language, culture and religion;
- The universal virtues of filial piety, brotherliness, loyalty, trustworthiness, propriety, righteousness, incorruptibility, decency, humanity and wisdom;
- The Oneness of Mankind;
- The transcending of all differences

### OBJECTIVES

To promote good morals and virtues with full respect to each person's colour, creed, language, culture and religion.

To help all persons and to give relief to anyone in hardship, disaster or need, without discrimination as to race, colour, creed, language, culture or religion; to carry out welfare work for the good of mankind, including rendering of free medicine and medical services, financial and personal support for those who are weak, old and sick or disabled; the promotion of education, and the provision of free burial and funeral expenses, etc

To encourage the worship and reverence to God and the Virtuous Founders of the various Religions, to the Saints, Sages, Buddhas and Deities of these Religions and to promote their virtuous Teachings without differentiation as to religious denominations; to promote respect for each other's religious belief and the universality of all religions; to promote the Oneness of Mankind.

To establish Childcare Centres, Family Service Centres or other community, social or welfare services for the general welfare of the community and to make rules for the management of such Centres or Services.

## CORPORATE INFORMATION

### PLACE OF BUSINESS

1 North Bridge Road #03-33  
High Street Centre Singapore 179094

### CHARITY REGISTRATION NUMBER

0805

### REGISTRY OF SOCIETIES / REGISTRATION NUMBER

110/78

### UNIQUE ENTITY NUMBER

S78SS0031K

### BANKERS

Oversea-Chinese Banking Corporation Ltd (OCBC Bank)

### AUDITORS

Lo Hock Ling & Co

### REGISTRATIONS

The Society is registered with the Registry of Societies and with the Commissioners of Charities. The Society was registered with the Registry of Societies on 22 April 1978 and with the Commissioners of Charities on 26 April 1991.

## CHAIRMAN'S MESSAGE

We release our Annual Report, a consistent practice that, while often featuring recurring elements, remains essential. Despite the familiar components, this year's report is no exception, mirroring the routine of previous years.

### THYE HUA KWAN MORAL SOCIETY

The Thye Hua Kwan Moral Society (THKMS) marked its 44th anniversary in 2022, reflecting on a four-decade journey dedicated to upholding core principles centred on fostering respect for individuals of diverse race, colour, creed, and religion. Our committed team comprises employees representing a spectrum of race and religion, embodying the inclusive spirit integral to our organisational ethos.

THKMS has played a vital role in serving thousands of beneficiaries, providing halal food through our Meals-on-Wheels programme and supporting residents in our Homes. Additionally, we maintain an ongoing collaboration with grassroots initiatives in Sengkang, utilising our Temple to offer free tuition every Wednesday and Thursday evenings.

Our Temple, located at 71 Fernvale Link, is not just a place of worship, but a vibrant hub for building connections and spreading joy within the community. We have taken significant strides towards fostering a strong sense of community by organising and celebrating three festive events (Chap Goh Mei, Mid-Autumn

Festival and Chong Yang Festival) with our neighbourhood residents.

As we look ahead, our goal is to continue organising events that go beyond racial & religious boundaries, creating opportunities for people to interact, celebrate, and support one another.



Launched in July 2022, our new Super Talent student care facility within the temple addresses the pressing need for student care services in our community. Aimed at easing the shortage of available options, this initiative offers a safe and enriching environment for children. Our dedicated team provides personalised care and a range of educational activities to support holistic development. This collaborative effort reflects our commitment to the well-being and education of our young residents, filling a crucial gap in the community's support system. As we continue to grow, feedback from parents and the community will guide our efforts to create a valuable and integral resource for the educational journey of our children.

### **ANG MO KIO – THYE HUA KWAN HOSPITAL**

2022 held special significance for Ang Mo Kio – Thye Hua Kwan Hospital (AMK - THKH), marking an important milestone in its two decades of unwavering commitment to our community. Since our establishment in 1993, AMK - THKH has accomplished numerous

milestones over these 20 distinguished years of service. From leading the establishment of isolation wards for Severe Acute Respiratory Syndrome (SARS) patients during the 2003 outbreak to becoming the first community hospital to provide in-house dialysis services in 2013, our journey has been one of consistent growth and transformation.

As of 2022, our evolution from a modest 51-bedded hospital to a thriving 370-bedded community institution is a testament to our commitment. With one additional Dialysis Centre to serve the North region of Singapore, it reflects our dedication to meet the healthcare needs of our community.

AMK – THKH was honoured with the President's Certificate of Commendation (COVID-19) for exceptional efforts in Singapore's fight against COVID-19, along with the COVID-19 Resilience Medal. AMK - THKH was also awarded with a Certificate of Appreciation from HMI Institute. This recognition acknowledges the hospital's commitment and dedication to developing healthcare talents through annual clinical supervision for HMI students in therapy assistant training courses.



## **THYE HUA KWAN NURSING HOME @ HOUGANG**

An exceptional moment of the year involved the acknowledgment of Thye Hua Kwan Nursing Home @ Hougang (THKNH) through the esteemed President's Certificate of Commendation (COVID-19). This recognition underscored the exceptional unity, resilience, and teamwork demonstrated by the THKNH team during challenging times.

With THKNH's CEO being honoured with the Public Service Medal (COVID-19), it served as a testament to the commitment and leadership that was instrumental in guiding THKNH through the complexities of the pandemic. It inspired us to continue our mission of delivering high-quality healthcare and making a positive impact on the community we serve.

## **THYE HUA KWAN MORAL CHARITIES**

Thye Hua Kwan Moral Charities (THKMC) was incorporated on 13 October 2011 as a charity to provide multiple social and welfare services to the community at large and achieved an Institute of Public Character (IPC) status on 18 November 2011. Today, THKMC serves more than 70,000 beneficiaries through more than 70 programmes across five Services, which include Disability, Early Intervention for Children, Family, Seniors' Community, and Therapy.

As the nation recovers from the impact of COVID, 2022 was a year of awards and achievements for THKMC. THKMC received numerous accolades which amplify our mission in serving the various groups within the community. THKMC received the Charity Transparency Award for its credibility, excellent work and best practices. As a charity, THKMC focuses on ensuring good governance for accountability, building trust with stakeholders, and effectively managing its resources. It also received the bizSAFE3 certification, a milestone in highlighting the organisation's readiness in compliance, risk management and workplace safety.

THKMC received two Gold Community Care Excellence Awards (CCEA) in the Productivity Improvement and Clinical Improvement categories. This outstanding achievement demonstrates our commitment in delivering quality care and pivoting our services to meet the needs of our beneficiaries. Another highlight of the year was the launch of the THK Therapy Space @ Bukit Timah. The centre aims to make therapy services more accessible and convenient to nearby residents.

THKMC was a trailblazer in being recognised by the Ministry of Social and Family Development (MSF). THK Disability Services, THK Family Services @ Jurong and Ms Low Hwee San (Divisional Director, THK Early Intervention for Children Services) received the Friends of MSF Award, while THK Family Services Centre @ MacPherson received the MSF Community Cares Award. These awards inspire to drive social change and for others to do good for the community.

We've also partnered our community stakeholder by collaborating with South View Primary School in supporting children with developmental needs. The collaboration culminated with the Partner Award, for its contributions in knowledge sharing with the teachers through exchange programmes.

## THKMS MANAGEMENT COMMITTEE

Chairman	Mr Lee Kim Siang
Vice-Chairman	Mr Lee Kim-Huang
Vice-Chairman	Mr Goh Tok Mong
Vice-Chairman	Mr Ong Ser Huan
Vice-Chairman	Mr Ching Chiat Kwong
Hon. Secretary	Ms Lee Soon Hong
Asst. Secretary	Mr Lawrence Ng Kok Kiang
Hon. Treasurer	Mr Lee Teik Tiee
Asst. Treasurer	Mr Ethan Seah
Head Medicine Free Clinic	Mr Sim Beng Chiang
Asst Head Medicine Free Clinic	Mr Sim Beng Swee
Head Moral Promotion	Ms Goh Soo Hian
Asst Head Moral Promotion	Ms Yang Qiu Ping
Head Welfare Services	Mr Tay Kiam Peng
Asst Welfare Services	Mr Kuek Keian Meng
Chinese Correspondent	Ms Er Hwee Ju
Asst. Chinese Correspondent	Ms Yao Ya Ting
English Correspondent	Ms Tan Chor Yeong
Asst. English Correspondent	Ms Seah Jetaime
Head Public Relations	Mr Winston Sim Teck Siang
Asst Head Public Relations	Mr Lee Teo Siang
Committee Members	Ms Lew Soh Wah
Committee Members	Mr Tan Chu Kee
Committee Members	Mr Lam En Yi
Committee Members	Mr Deon Sim Yi Xing
Committee Members	Ms Sim PeiLing Pearlyn
Committee Members	Ms Kung Tsui Hua
Committee Members	Ms Er Hwee Yong
Committee Members	Ms Er Hwee Lee
Committee Members	Ms Er Hwee Thia
Committee Members	Ms Quek Choon Huang
Committee Members	Mr Ong Kam Chow

## ORGANISATION

The Society is managed by a Management Committee which was elected at the Annual General Meeting in 2021 for a two-year term.

**THK MORAL WELFARE HOME**  
**THK ANGSAHA HOME @ PELANGI VILLAGE**

**THK FREE MEAL CENTRES**

**THK FREE FUNERAL RITES**

**SUPER TALENT CHILDCARE CENTRES**  
**SUPER TALENT STUDENT CARE CENTRES**

**THK FREE MEDICAL SERVICES**

# THYE HUA KWAN MORAL SOCIETY

ORGANISATION CHART

**THK TEMPLE**

**THYE HUA KWAN MORAL CHARITIES**

**THK NURSING HOME @ HOUGANG**

**AMK - THK HOSPITAL**



## THKMS EVENTS

### RACIAL HARMONY DAY

In observance of Racial Harmony Day, the Sengkang Central Racial and Religious Harmony Circle organised a vibrant community event named the "Sengkang Racial Harmony Day Carnival" on 23 July 2023. We engaged the community at our booth, and used the opportunity to align with our mission of promoting mutual respect for each other's race, colour, creed, language, culture, and religion.



The Sengkang Racial Harmony Day Carnival served as a dynamic platform for fostering unity and understanding among the diverse communities in our locality. Through engaging activities, interactive displays, and cultural showcases, the event aimed to celebrate the richness of our collective heritage while emphasising the importance of embracing diversity.

Our booth, harmoniously aligned with the overarching theme, sought to further amplify the spirit of unity and appreciation for cultural differences. By actively participating in the Sengkang Racial Harmony Day Carnival, we not

only contributed to the collective tapestry of understanding but also reinforced our commitment to fostering a community where the values of tolerance, acceptance, and respect are celebrated. Our thanks to the Sengkang Central Racial and Religious Harmony Circle for organising this special community event.



## THKMS EVENTS

### THK TEMPLE FESTIVES CELEBRATION 2022/2023

#### MID-AUTUMN FESTIVAL

Under the luminous glow of the autumn moon on 8 September 2022, Thye Hua Kwan Temple transformed into a vibrant hub of joy and community spirit as residents gathered to partake in the diverse array of activities meticulously organised for the inaugural Mid-Autumn Celebration. This momentous occasion was made possible through a collaborative effort, bringing together the formidable partnership of Thye Hua Kwan Moral Society, the People's Association Fernvale Zone A and B Resident Networks, and YYD Education Centre.



This event was graced by the esteemed presence of Mr Gan Thiam Poh, Advisor for Ang Mo Kio GRC. Mr Gan's participation added a touch of honour to the festivities, amplifying the joy and camaraderie shared among the residents.

This event not only celebrated the Mid-Autumn Festival, but also served as THK's inaugural foray into community engagement, fostering connections with the residents in our immediate vicinity.

#### "CHAP GOH MEI" FESTIVAL

Surrounded by the enchanting melodies of a captivating live band performance, we enthusiastically marked the auspicious occasion of "Chap Goh Mei," the 15<sup>th</sup> day of the Lunar New Year, within the welcoming confines of our temple. The vibrancy of the atmosphere soared to new heights as jubilant residents actively participated in the festivities, engaging in a delightful array of games, and savouring delectable treats from food carts. In addition to the lively activities, residents were treated to specially curated goodie bags, fostering a sense of community and shared joy in the festive spirit, all set against the backdrop of musical revelry that resonated throughout the celebration.



## THKMS COMMUNITY SERVICES

### SUPER TALENT CHILDCARE CENTRES

Super Talent Childcare Ltd is dedicated in providing top-tier childcare services, integrating early childhood education and preschool programmes for children aged 2 months to 6 years.

Our experienced and compassionate team closely collaborates with families to ensure each child receives the best early childhood education, setting the stage for a robust foundation that will underpin their future success.

At Super Talent Childcare Centres, we prioritise the continuous professional development of our staff ensuring our educators continually enhance their skills and knowledge, maintaining their competence and proficiency in their respective fields. This unceasing pursuit of excellence sets the stage for a higher standard of care and education for our children.



MacPherson.

#### NATIONAL DAY CELEBRATION

Our Super Talent Childcare (MacPherson 93) K2 children were invited to perform at Thye Hwa Kuan Moral Charities' National Day Celebration 2023 at the Thye Hwa Kuan Meal Centre @ MacPherson. Ms Tin Pei Ling, Advisor for MacPherson SMC, honoured us with her presence, along with residents from THK Active Ageing Centre @ MacPherson and THK Family Service Centre @

In preparation, our children created impressive artworks showcased at the event, much to Ms Tin Pei Ling and the residents' delight. Congratulations to Super Talent Childcare Ltd for a successful event, and thanks to everyone for the participation and contributions!





Our K2 children's creative artworks adorned the venue, earning appreciation from Ms Tin Pei Ling and residents. Their performance showcased artistic prowess and community enthusiasm, uplifted by Ms Tin Pei Ling's presence.

Congratulations to Super Talent Childcare Ltd's young artists for stealing the show. Thanks to all whose contributions made this event a success. This celebration reflects our vibrant community's spirit of unity and collaboration, paving the way for more opportunities to create lasting bonds.

### LEARNING JOURNEY TO THE ZOO

The children of Super Talent Childcare (Membina) had an enriching educational adventure at the Singapore Zoo. This field trip, complementing their animal studies, immersed them in the lush surroundings, stimulating cognitive, language, motor, and academic growth.

Exploring the zoo, the children made fascinating discoveries about the animal kingdom, sparking curiosity and active learning. Encounters with diverse species nurtured self-awareness, fostering personal connections and overcoming fears, instilling resilience.



The day was not just educational but also filled with joy and excitement. Laughter echoed as the children marvelled at playful animals and engaged in interactive exhibits, adding enjoyment to their educational journey. It was a fruitful blend of education and adventure, leaving an indelible mark on their young minds and fostering a love for learning and appreciation for the wonders of the natural world.

## HAPPY CHILDREN'S DAY!



Sandcastles, laughter, and boundless fun! Super Talent Childcare Ang Mo Kio joyously marked Children's Day at Marine Cove East Coast Park.

Our young talents were delighted in creating cherished memories through sandcastle building, playful moments at the playground, and beach games.

The festivities were made even more special as parents enthusiastically joined in the fun. It truly

became an unforgettable experience for both the children and their families.

### MID-AUTUM FESTIVAL CELEBRATION

The children of Super Talent Childcare (MacPherson 122) enjoyed a joyous Mid-Autumn Festival celebration with their family.

The teachers organised a variety of games that the kids and their families participated in and loved.

Additionally, they took part in the "Dress up my Mummy and Daddy" competition and enjoyed making various costumes out of the materials provided.

A lantern parade around the neighbourhood marked the conclusion of the festival.

On this day, spending time with relatives and loved ones is truly joyous and happy.





## THKMS COMMUNITY SERVICES

### SUPER TALENT STUDENT CARE CENTRES

Super Talent Student Care Centres offer comprehensive care and supervision for children aged 7 to 14 years old, fostering holistic development in a conducive environment. Services include homework supervision, organised play, as well as enrichment and recreational activities. Three Super Talent Student Care Centres are strategically situated in Bukit Panjang, Punggol Walk, and Sengkang. The Sengkang centre, which began its operations in July 2022, was the newest addition to the Super Talent Student Care family.

#### GRAND OPENING OF SENGKANG CENTRE ON 18 MARCH 2023



The ceremony was officiated by Mr Gan Thiam Poh, Advisor of Ang Mo Kio GRC with our esteemed Prime Minister, Mr Lee Hsien Loong, who graced our centre on this special day.

To commemorate the occasion, our students at the centre put their artistic talents to use, creating a beautiful artwork presented to both Mr Lee and Mr Gan. The entire management, centre staff, and students felt both honoured

and excited to be a part of this momentous event. This opening marks a significant milestone for us, and we look forward to continuing to provide exceptional care and education in our new Sengkang centre.

#### CORPORATE SOCIAL RESPONSIBILITY (CSR) WITH SELECT GROUP TO BIRD PARADISE

This year we are fortunate to continue the partnership with Select Group, re-ignite a collaboration that predates the pandemic. As part of their CSR project, our students enjoyed complimentary entry to Bird Paradise, a Texas Chicken lunch pack, and a selection of thoughtful gifts.

The management of Select Group, along with their dedicated volunteers, demonstrated exceptional care and attention to our students throughout the day. Their meticulous planning and considerate experience for everyone involved.



approach contributed to a memorable



### TRIP TO SCIENCE CENTRE

Super Talent Student Care @ Bukit Panjang embarked on the first official learning journey after the pandemic. Students revelled in a day of knowledge and fun during the June holiday trip to the Science Centre. The excitement was palpable as they immersed themselves in interactive exhibits, fostering a dynamic blend of education and enjoyment. Laughter echoed through the halls, and smiles were aplenty, marking this outing a joyous celebration of both learning and shared experiences.

### CELEBRATING DEEPAVALI

Our students at Super Talent Student Care @ Punggol Walk joyously commemorated the Festival of Lights by crafting intricate 'Diya' artworks, proudly showcasing their creations to their peers. In doing so, they demonstrated a profound understanding of the significance of acknowledging and respecting the beliefs and practices of other religions. This cultural exchange not only celebrated diversity but also fostered a spirit of unity and mutual appreciation among the students.



### KINDNESS DAY

Inaugurated in 2013, this annual event serves as a rallying point for Singaporeans to unite in the celebration of kindness and graciousness. Its purpose is to inspire mutual encouragement and contribute to the transformation of our society into a nation characterized by kindness. The event is marked by a day dedicated to showing appreciation for one another, symbolized by the iconic yellow gerbera. Annually, Super Talent Students @ Bukit Panjang, are actively encouraged to participate in Kindness Week, fostering a culture of goodwill through their acts of kindness toward each other.



## THKMS WELFARE SERVICES

### THK ANGSAHA HOME @ PELANGI VILLAGE

Established in June 2002, Angsana Home @Pelangi Village stands as a Welfare Home officially gazetted under the Destitute Persons Act. The Home functions more than just a shelter, and is dedicated in providing comprehensive care and rehabilitation services for destitute individuals. Operating alongside this, an Intake Centre serves as a crucial entry point for those seeking assistance.

Our mission extends beyond mere provision, as we are committed to crafting individualised care plans and implementing structured programs that facilitate the rehabilitation of destitute persons. The ultimate goal is their seamless reintegration into the community. Operating across the entirety of Singapore, Angsana Home @ Pelangi Village serves as a beacon of support, compassion, and transformative care for those in need.



In 2022, the Community Policing Unit (CPU) from Sengkang NPC began closer collaboration with Angsana Home. In addition to the routine visits to conduct focused talks to residents on topics such as scam-prevention, safe handling of personal property, the CPU officer actively supports in addressing criminal incidents involving residents. A specialised talk catered to our minority residents

took place, drawing attendance from 8 individuals. This session further reinforced the commitment to fostering a secure and informed community environment.



### ONLINE GAMES & PERFORMANCE DAY

Students from Westwood Secondary School partnered with Angsana Home to organise a virtual session, titled "Online Games and Performance Day," held in August 2022. The primary objective was to educate and motivate residents to prioritise physical well-being through activities like simple exercises that could be done, even while seated. Approximately 10 residents actively participated in this engaging session.

## THKMS WELFARE SERVICES

### CONTINUITY PARTNERSHIP WITH YIO CHU KANG



Residents joyfully celebrated Christmas in December 2022, thanks to a collaborative effort with Yio Chu Kang Chapel. In addition to the vibrant performances, including songs and skits, YCK Chapel added to the residents' joy by generously distributing delightful goody bags, illuminating the event. The inclusive celebration saw active participation from every resident, creating a sense of unity.

We express heartfelt gratitude to YCK Chapel for their unwavering support and continued commitment to our residents. Their generosity enriched the festive experience, fostering a sense of great shared joy that was cherished by all.

### BOWLING ACTIVITY FOR RESIDENTS

In January 2023, a special event unfolded as a group of around 10 residents, specifically chosen for their commendable behaviour, were treated to a delightful day of bowling at Orchid Country Club. This outing stood as a meaningful gesture, serving not only as a well-deserved reward but also as a source of encouragement, acknowledging and appreciating the dedication and progress these individuals have shown in working towards their ultimate goal of reintegrating into the community.





## THKMS WELFARE SERVICES

### THK MORAL WELFARE HOME

Moral Welfare Home, overseen by the Ministry of Social and Family Development (MSF) and managed by Thye Hua Kwan Moral Society, is a gazetted facility catering to destitute individuals who are wards of the state. Residents at the Home present diverse disabilities, with majority of them having intellectual disability.

Functions at Moral Welfare Home are operated by a dedicated Multi-Disciplinary Team comprising Case Management, Nursing, and Operations teams. The Case Management Team focuses on residents' biopsychosocial welfare, establishing connections with external resources, families, and the community. This team explores employment opportunities and assesses discharge potential to facilitate community reintegration.

As a gazetted Home, Moral Welfare Home undergoes monthly inspections conducted by a Board of Visitors (BOV), comprising industry experts engaged by MSF. These inspections ensure adherence to recommended standards and optimize residents' welfare. The Home prioritises post-surgical rehabilitation, updating individualised care plans through regular multi-disciplinary team meetings with MSF. A Board of Review Committee, made up of professionals, investigates and enhances the welfare and rehabilitation processes.

### NEW INITIATIVES AND OUTINGS

As Singapore transitioned towards an endemic state and safety measures eased, the Home proactively organised many outings and activities for residents. These included movie outings, beach excursions, and educational tours, including a visit to Acres Wildlife Singapore. Additionally, the Home invested in new gaming devices to ensure residents remain engaged and entertained within the facility.



### FOSTERING FAMILY BONDS

With the easing of Safe Management Measures, the Home reinstated face-to-face visits. Beyond these in-person interactions, the Home persists in facilitating video calls via WhatsApp-a vital feature introduced during the COVID-19 pandemic. This ensures that

residents can sustain virtual connections with their loved ones, promoting ongoing familial ties.

## THKMS WELFARE SERVICES

### CONTINUITY WITH COMMUNITY PARTNERSHIP / VOLUNTEERISM



Moral Welfare Home expresses gratitude to corporate volunteers from various backgrounds who brought joy to our residents throughout 2022. A special thanks goes to James Cook University, steadfast supporters for the past eight years, particularly for our annual major event, the Big Day Out. This event, held at the Singapore Science Centre, saw the participation of 103 residents, 20 volunteers, and 39 care staff. James Cook University played a

crucial role by sponsoring tickets, event banners, food catering, and event t-shirts, contributing to a fulfilling learning experience for our residents who thoroughly enjoyed the day.

Be Kind SG, with the backing of Central Singapore CDC, consistently engages the residents of the Home through monthly virtual activities. These activities include magic shows, games, workshops, and meal donations.



Our heartfelt gratitude goes to the dedicated volunteers from the following organisations for their continuous support of our residents:

- Be Kind SG
- Christ Grace Church
- Mahaprajna Buddhist Association
- NUS Volunteer Action Committee
- Gardens by the Bay
- People's Association
- Pu Ti Buddhist Temple
- Silat Road Sikh Temple
- The Esplanade Co
- Art of Living Foundation



Their unwavering commitment enhances the well-being and enjoyment of our residents, making a meaningful impact on their lives.



## THKMS WELFARE SERVICES

### THK FREE MEDICAL SERVICES

THK Medical Services (THKMS) stands committed to providing medical assistance to all individuals in need, embodying an ethos that transcends race, colour, creed, language, culture, and religion. Through its dedicated efforts, THKMS extends medical services to the community through the operation of a free clinic.

Our commitment to community health is evident at our THK Traditional Chinese Medicine Medical Centre located at Taman Jurong by opening its doors twice a week, ensuring accessibility and convenience for all. This reflects our dedication to fostering well-being and inclusivity, emphasising the significance of comprehensive medical care.

In response to the changing preferences of our community, we strive to enhance accessibility to Traditional Chinese Medicine (TCM). Emphasising a holistic approach that considers the interconnected aspects of health, we invite everyone to join us in this healthcare evolution. Our doors are wide open to those seeking the holistic benefits of TCM for their well-being.





## THKMS SUBSIDIARIES

**ANG MO KIO – THYE HUA KWAN HOSPITAL**

Ang Mo Kio - Thye Hua Kwan Hospital (AMK-THKH) stands as foremost provider of rehabilitative care in Singapore, dedicated to delivering safe, high-quality care and supporting patients in their reintegration into society and to return to their homes, at a safe time. Our multidisciplinary healthcare approach, involving doctors, nurses, and various allied health professionals including medical social worker, ensures a personalised rehabilitation plan for each patient.

## **ANG MO KIO – THYE HUA KWAN HOSPITAL 20<sup>TH</sup> ANNIVERSARY CELEBRATIONS**



The event, graced by MP Mr Yip Hon Weng and a Gala Dinner attended by Minister for Health Mr Ong Ye Kung, brought together over 500 industry partners to celebrate the hospital's impactful journey.

During the hospital's 20th-anniversary celebrations, a family-oriented, healthy lifestyle-themed carnival on 24 September 2022, marked the milestone.



Under our commitment to advancements, AMK-THKH has embraced the Next Generation Electronic Medical Record (NGEMR) initiative by the Ministry of Health since July 2022. This system, including the Electronic Collection Module (ECM), enables wireless transmission of patient data, fostering accuracy and efficiency for effective care coordination.



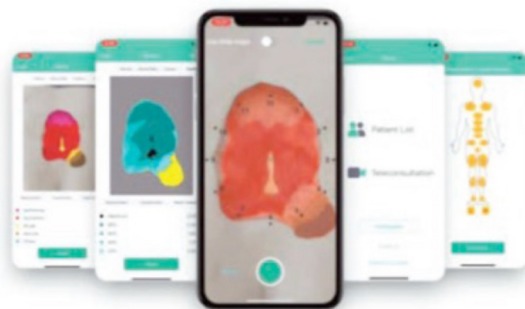
## THKMS SUBSIDARIES



In 2022, the hospital initiated One Rehab, a collaboration with various healthcare entities, aiming to facilitate seamless shared care across institutions and enhance decision-making from acute hospitals to community settings, encompassing the entirety of the care continuum. This initiative provides an end-to-end view of patients' rehabilitation journeys, contributing insights for service improvements and more effective policy formulation.

To bolster readiness for the Internet of Things (IoT), the hospital upgraded Wireless Access Points (WAPs) and implemented advanced firewalls, enhancing data transfer speed and network security. These efforts contribute to a safer healthcare ecosystem.

Incorporating cutting-edge technology, the adoption of the Tetsuyu wound imaging technology allows for early detection and intervention of diabetic ulcers, while an automatic showering system promotes active healthy aging, providing a safer bathing experience for elderly patients.



Acknowledging the hospital's contributions, awards such as the President's Certificate of Commendation (COVID-19) and the COVID-19 Resilience Medal highlight our role in Singapore's fight against the pandemic. Additionally, the Nurses Merit Award and Singapore Health Quality Service Awards 2023 recognise outstanding performance and perseverance in the healthcare sector. AMK-THKH, certified by the Singapore First Aid and Resuscitation Council, conducts Basic Cardiac Life Support and Automated External Defibrillation (BCLS & AED) training, further contributing to our healthcare excellence journey.

The Community Care Excellence Awards 2022 granted 29 Silver awards to AMKTHKH Allied Health teams, acknowledging their exemplary service, commitment in COVID-related work, and participation in quality improvement initiatives within the Community Care Sector.

## ANG MO KIO - THYE HUA KWAN HOSPITAL

### BOARD MEMBERS AND COMMITTEES

#### BOARD OF DIRECTORS

Chairman	Mr Lee Kim Siang
Hon. Treasurer	Dr Jayaram Lingamanaicker

Member	Mr Zulkifli Bin Baharudin
Member	Mr Ong Ser Huan
Member	Prof Philip Choo Wee Jin
Member	Dr Tan Tiong Har
Member	Mr John Teo Woon Keng
Member	Prof Low Cheng Hock
Member	Mr Ching Chiat Kwong
Member	Mr Richard Eu Yee Ming
Member	Mr Richard Tan Cheong Su
Member	Mr Koh Juay Meng
Member	Prof Alex Siow Yuen Khong
Member	Dr Abdul Razakjr Bin Omar
Member	Ms Tan Khiaw Ngoh

#### AUDIT COMMITTEE

Chairman	Dr Tan Tiong Har
Member	Er Ong Ser Huan
Member	Mr Hwang Koh Chee

#### ESTABLISHMENT & REMUNERATION COMMITTEE

Chairman	Mr John Teo Woon Keng
Member	Dr Tan Tiong Har
Member	Er Ong Ser Huan

#### EXECUTIVE COMMITTEE

Chairman	Mr Lee Kim Siang
Member	Dr Jayaram Lingamanaicker
Member	Er Ong Ser Huan

#### FINANCE COMMITTEE

Chairman	Er Ong Ser Huan
Member	Dr Jayaram Lingamanaicker
Member	Mr John Teo Woon Keng
Member	Mr Lee Kim Siang

#### INVESTMENT COMMITTEE

Chairman	Mr Phillip Tan
Member	Mr Lee Kim Siang
Member	Mr John Teo Woon Keng

#### MEDICAL ADVISORY BOARD

Chairman	A/Prof Chin Jing Jih
Vice-Chairman	Prof Pang Weng Sun
Member	Prof Low Cheng Hock
Member	Prof Ng Han Seong
Member	Prof Tay Boon Keng
Member	A/Prof Goh Lee Gan
Member	A/Prof Mark Chan Peng Chew
Member	Dr Lee Kheng Hin

#### MEDIFUND COMMITTEE

Chairman	Dr Abdul Razakjr Bin Omar
Member	Mr Fang Tan Kin Ricky
Member	Mr Chan Chee Keong
	Mr Thiruthakka Devan Slok
Member	Perumal

#### NOMINATIONS COMMITTEE

Chairman	Mr Lee Kim Siang
Member	Er Ong Ser Huan
Member	Prof Philip Choo Wee Jin

#### PROGRAMMES COMMITTEE

Chairman	Dr Jayaram Lingamanaicker
Member	Prof Philip Choo Wee Jin
Member	Dr Tan Tiong Har
Member	Mr Lee Kim Siang

#### TECHNOLOGY COMMITTEE

Chairman	Prof Alex Siow Yuen Khong
Member	Mr Alvin Ong
Member	Mr Koh Juay Meng

#### TENDER COMMITTEE

Chairman	Mr Koh Juay Meng
Member	Dr Tan Tiong Har
Member	Mr Richard Tan Cheong Su



## THYE HUA KWAN NURSING HOME

Thye Hua Kwan Nursing Home Limited (THKNH), a non-profit organization incorporated since 2013, plays a pivotal role in providing eldercare services in Singapore's Intermediate & Long Term Care (ILTC) Sector. Focused on financially challenged individuals, over 90% of our clients receive the highest government subsidy. Our client-centric approach aims to deliver integrated and seamless care for ageing clients and their caregivers across three business units: Nursing Home, Senior Care Centre, and Home Care Services.

Institutional Care at Thye Hua Kwan Nursing Home @ Hougang caters to 275 residents, including 114 with dementia. Emphasizing psychosocial, physical, medical, and emotional needs, we provide a tranquil, person-centred environment with innovative technology and dedicated dementia wards. Our goal is to create a comforting "Home away from Home" for residents.

Community Care at the THK Senior Care Centre @ Kaki Bukit offers centre-based care for up to 80 seniors during the day. Services include Maintenance Day Care, Dementia Day Care, and Rehabilitation with elder-friendly equipment, enhancing physical and social well-being.

THKNH Home Care Services extends holistic and person-centred care to elderly individuals in the community, with a focus on the needy and vulnerable.

### Singapore Community Walk

Our nursing home residents and staff participated in the inaugural Singapore Community Walk on 1 October 2022, celebrating the International Day for Older Persons. We commend Ageing Asia for organizing the event and appreciate the opportunity work hand-in-hand with fellow care organisations.





### THK SENIOR CARE CENTRE (Kaki Bukit)

To mark 55 years of National Service (NS55), THK Senior Care Centre partnered with @SCDF's Civil Resources Unit for the charity event "When Lifesaving Meets Caregiving." The event saw 55 CRU NSmen distributing care packs and engaging with seniors, showcasing the synergy between lifesaving and caregiving.

Projects and initiatives include The HEART (Home Enhanced Art Reminiscence Therapy) Programme, which uses curated art paintings to aid reminiscence therapy, winning The Best Dementia Care Programme Award at the 11th Eldercare Innovation Awards.



### THKNH's New Garden of the HEART

The Oasis Garden of the Heart, a purpose-built dementia-friendly garden, enhances residents' physical and psychosocial well-being. The Harvest@SCC project, inspired by seniors' enthusiasm for gardening, promotes a sense of accomplishment through senior-friendly planters.

## Awards and Accolades

Acknowledging our commitment, THKNH received accolades at the 10th APAC Eldercare Innovations Awards organised by Ageing Asia Pte Ltd on 3 December 2022. These achievements reflect our dedication to providing innovative and compassionate care in the eldercare sector.

Continue with:

Award Category	Name	Winner/Finalist
Innovation of the Year (Productivity)	THKNH Enhanced Sanitation of Environment (Thye Hua Kwan Nursing Home Ltd)	Winner
Operator of the Year (Residential Aged Care)	THKNHeart (Thye Hua Kwan Nursing Home Ltd)	Finalist
Best Dementia Care Programme	THKNH Dementia Care (THKNH Project 3E) (Thye Hua Kwan Nursing Home Ltd)	Finalist
Innovation of the Year (Response to COVID 19)	THKNH Care@NH Model (Thye Hua Kwan Nursing Home Ltd)	Finalist

# THYE HUA KWAN NURSING HOME

## BOARD MEMBERS AND COMMITTEES

### BOARD OF DIRECTORS

Chairman	Mr Richard Eu Yee Ming
Vice-Chairman	Mr Ching Chiat Kwong
Member	Mr Lee Kim Siang
Member	Ms Cheah Sheau Lan
Member	Mr Goh Tok Mong
Member	Mr Zulkifli Bin Baharudin (resigned on 23 Feb 2023)
Member	Er Ong Ser Huan
Member	Mr Chang Long Jong
Member	Mr Koh Juay Meng
Member	Mr Ng Kok Kiang Lawrence

### FINANCE COMMITTEE

Chairman	Mr Koh Juay Meng
Member	Ms Cheah Sheau Lan
Member	Mr Lee Kim Siang
Member	Ms Tan Khiaw Ngoh

### HUMAN RESOURCE COMMITTEE

Chairman	Mr Chang Long Jong
Member	Mr Ng Kok Kiang Lawrence
Member	Mr Koh Juay Meng

### AUDIT COMMITTEE

Chairman	Er Ong Ser Huan
Member	Mr Ng Kok Kiang Lawrence
Member	Mr Koh Juay Meng

### NOMINATION & APPOINTMENT COMMITTEE

Chairman	Mr Lee Kim Siang
Member	Mr Ng Kok Kiang Lawrence



## THKMS SUBSIDARIES

## THYE HUA KWAN MORAL CHARITIES

**THK Disability Services****Harvesting Greens, Planting Hope**

**THK** Home for Disabled @ Sembawang collaborated with students from the Singapore University of Social Sciences (SUSS) to run activities with hydroponic systems to introduce horticulture to our residents. Horticulture enables our residents to develop their fine motor skills through packing, planting, harvesting and washing of planters. Through this partnership, SUSS students will gain a greater understanding of sustainable food supply, our community, and become advocates for the disability sector through their interactions with our residents. Harvested plants are distributed to the Sembawang community by our residents and the SUSS students as part of our community outreach.





Our Day Activity Centres also embarked on a horticulture programme to provide sensory play for our clients, as well as encourage interactions with volunteers from RSVP Singapore. As a result, our clients have learnt basic horticultural skills, and enjoyed the fruits of their labour. They harvested the green beans they planted and cooked them as part of their meals.



## Empowering Our Clients through Knead with Love Bakery

Our Knead with Love Consultancy at **THK** Pan-Disability Centre @ Eunost is a social enterprise developed and supported by **raiSE Reimagine**. So far, 3 graduated trainees from our Knead with Love Bakery have successfully been placed under open employment.

In February 2023, our Knead with Love Bakery obtained the Singapore Food Agency Certification and is now halal certified.

## **THK Early Intervention for Children Services**

Partners for Inclusive Practice (PIP) PIP started as a 1-year pilot to reach out and support inclusion in mainstream preschools and concluded in September 2022 with favourable results. The project involved an Early Intervention (EI) team who carried out support activities with 11 preschool teachers from 2 partner preschools – M.Y World Preschool and Super Talent Childcare. Many preschool teachers found PIP useful, and their confidence and skills in using inclusive strategies improved.

Waitlist Engagement – Building Blocks of Communication (WE-BBC) In February 2022, we launched the pilot of WE-BBC, a caregiver tele-coaching programme in which experienced EI professionals use video-conferencing and recording to coach parents individually on improving their child's social communications skills through play, while they wait for a place in our EIPIC programme.

Findings showed that parents felt more confident in understanding and communicating with their children, and 83% of the children in the pilot improved their social communications skills. The pilot aims to run for two more cycles through June 2023, and has gained ECDA's interest in engaging families prior to enrolment, in view of the long national EIPIC waitlist.



## **THK Elderly and Home Care Services**

### **Reimagining AACs**

**THKMC** signed a Memorandum of Understanding (MOU) with the Agency for Integrated Care, SAGE Counselling Centre, and Tsao Foundation, and a Collaboration Agreement (CA) with Singapore General Hospital (SGH). Minister for Health, Mr Ong Ye Kung witnessed the MOU and CA signing ceremony held at **THK AAC @ Beo Crescent** on 19 August 2022. With this collaboration, residents and their families in the Beo Crescent community will benefit from greater support through a better integrated care system across health and social platforms.

**THKMC** thanked private sector partners such as IKEA, Google, and SymAsia-Yeo Family Foundation for the transformation of the Centre under the 'Re-imagining Active Ageing Centres' initiative, which provided enhanced facilities for our seniors to experience.



## Engaging Seniors through Digitalisation

Accenture Singapore Health collaborated with **THK** AAC @ Toa Payoh 15 to conduct weekly engagement sessions for our seniors using digital games and devices. Through this initiative, the volunteers encouraged our seniors to engage in digital learning and fitness through technology. These weekly activities have helped our seniors overcome their technological barriers and demonstrate that exercise can be fun and easy. Through virtual games like bowling, sports and dancing, our seniors enjoyed learning to use digital gadgets while keeping active and healthy.

### **THK Family Services**

- FAM@FSC (**THK** CFH – Commonwealth) received National Association of Child Contact Centres (NACCC)'s re-accreditation.
- Principal Social Worker, Ben Ang Jingyou, from FSC @ Bedok North received the Family Violence Dialogue Group (FVDG) Appreciation Awards at the National Family Violence Networking System Conference in November 2022 from Ms Sun Xueling, Minister of State for Social and Family Development & Home Affairs
- **THK** Family Services received an Appreciation Award by the National University of Singapore (NUS) in November 2022 in recognition of the organisation's support to the NUS Social Work field education.
- Our Keluarga (OK) 7 community groupwork programme, which supports family members who have an affliction with drugs to stop the addiction, welcomed its eighth year with an active membership of 80 participants. The OK7 team also actively conducts sharings thrice annually to inmates in prison, as well as recruit inmates and their families into OK7 as a form of sharing resources and to form a recovery support network to help them to lead healthy and better lives.



- In line with MSF's Year of Celebrating SG Families, **THK** Family Services coincides this campaign with National Parks Board's One Million Trees Movement with a Tree Planting Event on 19 November 2022 at Fort Canning Park. Minister for Social and Family Development, Mr Masagos Zulkifli graced the event and launched the tree planting event alongside Executive Director (Nparks, Gardens & Nature Reserves) Dr Leong Chee Chiew, THKMC Chairman Mr Chang Long Jong and CEO Mr Jason Lee.





## **THK Therapy Services**

### **Creating Greater Accessibility to Therapy Services in Our Community**

In April 2022, **THK** Therapy Services officially opened **THK** Therapy Space @ Bukit Timah, located within the Bukit Timah Community Club. The Opening Ceremony was officiated by Ms Sim Ann, advisor to Bukit Timah Grassroots Organisations. With the opening of **THKMC**'s second Day Rehabilitation Centre, **THK** Therapy Space @ Bukit Timah enhances accessibility of therapy services to residents staying in and around the Bukit Timah area, especially for homebound seniors. The centre offers a full suite of services ranging from Physiotherapy to Occupational Therapy, and Speech Language Therapy. The centre also offers home therapy to bring the services to the doorstep of homebound seniors.



### **Reaching Out to Our Community**

**THK** Children Therapy Centres (CTC) piloted the Preschool Screening Programme in September 2022, where complimentary speech and language screening for preschoolers were conducted across 5 preschools within the Queenstown Vicinity. Our Speech Language Therapists worked with the students to evaluate their risk of speech and/or language delay, and held 2 online Parent Talks covering developmental milestones, red flags for delayed development, and strategies to support speech and language development.

On 25 October 2022, **THK** CTC participated in CPS XPlains, a series of talks hosted by Child Protection Services, for Child Protection Officers (CPOs) managing individuals who may have developmental issues. The sharing, attended by 50 CPOs, provided **THK** CTC the opportunity to share the rehabilitation and support services offered by **THK** Therapy Services.

# THK Group Services Directory

## RELIGIOUS INSTITUTION 宗教组织

**Thye Hua Kwan Temple**  
太和观观宇  
71 Fernvale Link  
Singapore 797539  
Tel: 6513 9321

## COMMUNITY HOSPITAL 社区医院

**Ang Mo Kio-  
Thye Hua Kwan Hospital**  
宏茂桥-太和观医院  
17 Ang Mo Kio Avenue 9  
Singapore 569766  
Tel: 6453 8033

## NURSING HOME 疗养院

**THK Nursing Home @ Hougang**  
太和观疗养院@后港  
48 Hougang Avenue 8  
Singapore 538793  
Tel: 6812 9840

**THK Nursing Home  
Home Care Services**  
太和观疗养院  
家务助理服务  
48 Hougang Avenue 8  
Singapore 538793  
Tel: 6841 2128

**THK Senior Care Centre  
@ Kaki Bukit**  
太和观乐龄护理中心 (加基武吉)  
534 Bedok North Street 3  
#01-814 Singapore 460534  
Tel: 6241 1808

## TCM CLINICS 中医施诊所

**THK TCM Medical Centre  
(Taman Jurong)**  
太和观中医药中心 (达曼裕廊)  
337 Tah Ching Road  
#01-01 Singapore 610337  
Tel: 6795 1185

## THERAPY SERVICES 治疗服务

**THK Therapy Hub**  
太和观治疗中心  
150A Mei Chin Road  
#02-01 Singapore 140150  
Tel: 6471 4270

**THK Children Therapy Centre  
@ Queenstown**  
太和观儿童治疗中心 (女皇镇)  
150A Mei Chin Road  
#02-01 Singapore 140150  
Tel: 6471 4270

**THK Children Therapy Centre  
@ MacPherson**  
太和观儿童治疗中心 (麦波申)  
121 Paya Lebar Way  
#01-2859 Singapore 381121  
Tel: 6805 9480

## REHABILITATION & WELLNESS CENTRES 康复健中心

**THK Day Rehabilitation Centre  
@ Ang Mo Kio 257**  
太和观日间康复中心  
(宏茂桥257)  
257 Ang Mo Kio Avenue 4  
#01-67 Singapore 560257  
Tel: 6459 9139

**THK Therapy Space  
@ Bukit Timah**  
太和观治疗间 (武吉知马)  
20 Toh Yi Drive, Bukit Timah  
Community Club, #04-01  
Singapore 596569  
Tel: 6655 3246

## DISABILITY SERVICES 残疾服务

**THK Home For Disabled  
@ Eunos**  
太和观儿童迟钝院 (友诺士)  
**THK Hostel For Disabled  
@ Eunos**  
太和观迟钝宿舍 (友诺士)  
**THK Home For Disabled Adults  
@ Eunos**  
太和观成人迟钝院 (友诺士)  
20 Jalan Eunos  
Singapore 419494  
Tel: 6745 9926

**THK Home For Disabled Adults  
@ Chai Chee**  
太和观迟钝院  
2 Chai Chee Lane  
Singapore 469030  
Tel: 6441 7640

**THK Day Activity Centre  
@ Chai Chee**  
太和观日间活动中心 (菜市)  
72 Geylang Bahru  
#01-3018 / 3032  
Singapore 330072  
Tel: 6906 7106

**THK Home for Disabled**  
**@ Sembawang**  
 太和观成人静养院 (三巴旺)  
 7 Sembawang Walk  
 Singapore 756977  
 Tel: 6208 8128

**THK Pan-Disability Centre**  
**@ Eunos**  
 太和观残疾人服务 (友诺士)  
 3 Eunos Crescent  
 #01-2577 Singapore 400003  
 Tel: 6846 1171

**THK Autism Centre**  
**@ Geylang Bahru**  
 太和观自闭症中心 (芽笼峇鲁)  
 72 Geylang Bahru  
 #01-3018 / 3032  
 Singapore 330072  
 Tel: 6906 7106

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## HOMES FOR DESTITUTE 福利院

**THK Moral Welfare Home**  
 德教慈善院  
 301 Henderson Road  
 Singapore 108931  
 Tel: 6273 2239

**THK Angsana Home**  
**@ Pelangi Village**  
 德教安善福利院  
 14 Buangkok Green  
 Singapore 539755  
 Tel: 6489 8707

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## ELDERLY SERVICES 乐龄服务

**THK Active Ageing Centre**  
**@ Ang Mo Kio 208**  
 太和观活跃乐龄站 (宏茂桥208)  
 208 Ang Mo Kio Avenue 1  
 #01-1019 Singapore 560208  
 Tel: 6456 2611

**THK Active Ageing Centre**  
**@ Ang Mo Kio 257**  
 太和观活跃乐龄站 (宏茂桥257)  
 257 Ang Mo Kio Avenue 4  
 #01-67 Singapore 560257  
 Tel: 6459 9139

**THK Active Ageing Centre**  
**@ Ang Mo Kio 645**  
 太和观活跃乐龄站 (宏茂桥645)  
 645 Ang Mo Kio Avenue 6  
 #01-4937 Singapore 560645  
 Tel: 6554 7298

**THK Active Ageing Centre**  
**@ Bedok Radianc**  
 太和观活跃乐龄站 (勿洛)  
 12 Bedok South Avenue 2  
 #01-610 Singapore 460012  
 Tel: 6242 2483

**THK Active Ageing Centre**  
**@ Beo Crescent**  
 太和观活跃乐龄站 (庙弯)  
 44 Beo Crescent  
 #01-67 Singapore 160044  
 Tel: 6376 3023

**THK Active Ageing Centre**  
**@ Boon Lay**  
 太和观活跃乐龄站 (文礼)  
 190 Boon Lay Drive  
 #01-242 Singapore 640190  
 Tel: 6264 6065

**THK Active Ageing Centre**  
**@ Bukit Batok East**  
 太和观活跃乐龄站 (武吉巴督东)  
 235 Bukit Batok East Avenue 5  
 #01-21 Singapore 650235  
 Tel: 6566 5303

**THK Active Ageing Centre**  
**@ Bukit Merah View**  
 太和观活跃乐龄站 (红山景)  
 118 Bukit Merah View  
 #02-101 Singapore 150118  
 Tel: 6276 4761

**THK Active Ageing Centre**  
**@ Cassia**  
 太和观活跃乐龄站 (加西雅)  
 52 Cassia Crescent  
 #01-155 Singapore 390052  
 Tel: 6917 2507

**THK Active Ageing Centre**  
**@ Kaki Bukit**  
 太和观活跃乐龄站 (加基武吉)  
 509B Bedok North Street 3  
 #02-157 Singapore 462509  
 Tel: 6241 6691

**THK Active Ageing Centre**  
**@ MacPherson**  
 太和观活跃乐龄站 (麦波申)  
 90 Pipit Road  
 #01-103 Singapore 370090  
 Tel: 6745 6696

**THK Active Ageing Centre**  
**@ Taman Jurong**  
 太和观活跃乐龄站 (达曼裕廊)  
 337 Tah Ching Road  
 #01-01 Singapore 610337  
 Tel: 6795 1185

**THK Active Ageing Centre**  
**@ Telok Blangah Crescent**  
 太和观活跃乐龄站 (直落布兰雅弯)  
 3 Telok Blangah Crescent  
 #01-504 Singapore 090003  
 Tel: 6276 1216

**THK Active Ageing Centre**  
**@ Toa Payoh 15**  
 太和观活跃乐龄站 (大巴窑15)  
 15 Lorong 7 Toa Payoh  
 #01-579 Singapore 310015  
 Tel: 6251 6504

**THK Active Ageing Centre @**  
**Toa Payoh 31**  
 太和观活跃乐龄站 (大巴窑 31)  
 31 Lorong 5 Toa Payoh  
 #01-663 Singapore 310031  
 Tel: 6250 3827

**THK Indus Moral CARE**  
 太和观活跃乐龄站 (印度士)  
 79 Indus Road  
 #01-451 Singapore 161079  
 Tel: 6276 3283

**THK Seniors Activity Centre**  
**@ Chong Pang**  
 太和观乐龄活动中心 (忠邦)  
 131 Yishun Street 11  
 #01-237 Singapore 760131  
 Tel: 6690 0110



**THK Seniors Activity Centre**  
**@ Fengshan 101**  
 太和观乐龄活动中心 (凤山 101)  
 101 Bedok North Avenue 4  
 #01-1958 Singapore 460101  
 Tel: 6208 2653

**THK Seniors Activity Centre**  
**@ Fengshan 114**  
 太和观乐龄活动中心 (凤山 114)  
 114 Bedok North Street 2  
 #01-240 Singapore 460114  
 Tel: 6245 6993

**THK Seniors Activity Centre**  
**@ Henderson (Satellite 93)**  
 太和观乐龄活动中心 (亨德申)  
 93 Henderson Road  
 #01-210 Singapore 150093  
 Tel: 6273 8291

**THK Chong Pang Wellness**  
**Centre**  
 太和观忠邦保健中心  
 131 Yishun Street 11  
 #01-237 Singapore 760131  
 Tel: 6690 0114

**THK Young At Heart**  
 太和观心不老  
 650 Ang Mo Kio Street 61  
 #01-09 Yio Chu Kang Vista  
 Singapore 560650  
 Tel: 6556 4833

**THK CREST @ Central**  
**(Beo Crescent)**  
 太和观邻里咨询小组 (中区)  
 44 Beo Crescent  
 #01-57 Singapore 160044  
 Tel: 6924 2951

**THK Seniors Group Home**  
**@ Ang Mo Kio 257**  
 太和观乐龄合居之家  
 (宏茂桥257)  
 257 Ang Mo Kio Avenue 4  
 #01-67 Singapore 560257  
 Tel: 6926 5329

**THK Seniors Group Home**  
**@ Indus**  
 太和观乐龄合居之家 (印度士)  
 79 Indus Road #01-451  
 Singapore 161079  
 Tel: 6276 3283

**THK Seniors Group Home**  
**@ Pipit**  
 太和观乐龄合居之家 (比笔路)  
 93 Paya Lebar Way  
 #01-3057 Singapore 370093  
 Tel: 6846 1228

**THK Cluster Support**  
**@ Ang Mo Kio**  
 太和观乐龄社区支援服务  
 (宏茂桥)  
 650 Ang Mo Kio Street 61  
 #01-09 Yio Chu Kang Vista  
 Singapore 560650  
 Tel: 6556 4833

**THK Cluster Support @ Bedok**  
 太和观乐龄社区支援服务 (勿洛)  
 13 Bedok South Road  
 #01-625 Singapore 460013  
 Tel: 6241 8171

**THK Cluster Support**  
**@ Bukit Merah**  
 太和观乐龄社区支援服务 (红山)  
 44 Beo Crescent  
 #01-57 Singapore 160044  
 Tel: 6924 2951

**THK Cluster Support @ Geylang**  
 太和观乐龄社区支援服务 (芽笼)  
 93 Paya Lebar Way  
 #01-3057 Singapore 370093  
 Tel: 6846 1228

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## HOME CARE SERVICES

### 居家护理服务

**THK Home Health Services**  
 太和观居家医疗服务

**THK Home Personal Care**  
**Services**  
 太和观居家个人照料

**THK Interim Caregiver Services**  
 太和观短暂看护服务  
 131 Yishun Street 11  
 #01-235 Singapore 760131  
 Tel: 6690 0110

## HOME HELP SERVICES

### (EAST & WEST)

### 家务助理服务 (东部 & 西部)

**THK Meals on Wheels**  
 太和观膳食派送

**THK Medical Escort &**  
**Transport Services**  
 太和观医疗陪诊及护送服务

**East Region Team**  
 东部团队  
 160 Paya Lebar Road  
 #02-03 Singapore 409022  
 Tel: 6242 8103 / 6589 0690

**West Region Team**  
 西部团队  
 152 Mei Ling Street  
 #01-08 Singapore 140152  
 Tel: 6473 6113 / 6589 0694

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## MEAL CENTRES

### 膳食中心

**THK Free Meal Centre**  
**@ Toa Payoh**  
 太和观免费膳食中心 (大巴窑)  
 31 Lorong 5 Toa Payoh  
 #01-663 Singapore 310031  
 Tel: 6250 3827

**FAMILY SERVICES****家庭服务**

**THK Family Service Centre**  
**@ Bedok North**  
 太和观家庭服务中心 (勿洛北)  
 554 Bedok North Street 3  
 #01-241 Singapore 460554  
 Tel: 6449 1440

**THK Family Service Centre**  
**@ MacPherson**  
 太和观家庭服务中心 (麦波申)  
 91 Paya Lebar Way  
 #01-3023 Singapore 370091  
 Tel: 6741 4255

**THK Family Service Centre**  
**@ Tanjong Pagar**  
 太和观家庭服务中心 (丹戎巴葛)  
 18 Jalan Membina #04-01  
 Singapore 164018  
 Tel: 6270 6711

**THK Family Service Centre**  
**@ Jurong**  
 太和观家庭服务中心 (裕廊)  
 183B Boon Lay Avenue  
 #01-716 Singapore 642183  
 Tel: 6716 9466

**THK Family Service Centre**  
**@ Bukit Panjang**  
 太和观家庭服务中心 (武吉班让)  
 139 Petir Road  
 #01-448 Singapore 670139  
 Tel: 6767 1740

**THK Centre For Family Harmony**  
**@ Circuit**  
 太和观家和中心 (循环路)  
 37 Circuit Road  
 #02-455 Singapore 370037  
 Tel: 6747 7514

**FAM@FSC (Thye Hua Kwan CFH – Commonwealth)**  
 位于家庭服务中心的巩固家庭计划 (太和观家和中心-联邦通道)  
 54 Commonwealth Drive  
 #01-566 Singapore 142054  
 Tel: 6357 9188

**SG Cares Volunteer Centre**  
**@ Boon Lay**  
 文礼关爱新加坡义工综合中心  
 183B Boon Lay Avenue  
 #01-716 Singapore 642183  
 Tel: 6716 9466

**CHILDREN SERVICES****儿童服务**

**THK Development Support and Learning Support Programme (THK DS-LS)**  
 太和观启发补助计划和学习辅助计划  
 313 Ang Mo Kio Avenue 3  
 #01-2322 Singapore 560313  
 Tel: 6499 9379

**THK EIPIC Centre @ Choa Chu Kang**  
 太和观婴儿与幼儿早期介入计划 (蔡厝港)  
 606 Choa Chu Kang Street 62  
 #01-139 Singapore 680606  
 Tel: 6762 9125

**THK EIPIC Centre @ Woodlands**  
 太和观婴儿与幼儿早期介入计划 (兀兰)  
 716 Woodlands Drive 70  
 #01-124 Singapore 730716  
 Tel: 6362 2483

**THK EIPIC Centre @ Tampines**  
 太和观婴儿与幼儿早期介入计划 (淡滨尼)  
 424 Tampines Street 41  
 #01-188 Singapore 520424  
 Tel: 6783 5338

**THK EIPIC Centre @ Ang Mo Kio**  
 太和观婴儿与幼儿早期介入计划 (宏茂桥)  
 313 Ang Mo Kio Avenue 3  
 #01-2322 Singapore 560313  
 Tel: 6499 9379

**THK Super Talent Childcare (Membina)**  
 太和观超智托儿所 (孟比那)  
 18 Jalan Membina  
 #03-01 / 02 Singapore 164018  
 Tel: 6276 4243

**THK Super Talent Childcare (MacPherson 122)**  
 太和观超智托儿所 (麦波申122)  
 122 Paya Lebar Way  
 #01-2903 Singapore 381122  
 Tel: 6844 3550

**THK Super Talent Childcare (MacPherson 93)**  
 太和观超智托儿所 (麦波申93)  
 93 Paya Lebar Way  
 #01-3039 Singapore 370093  
 Tel: 6741 8359

**THK Super Talent Childcare (Ang Mo Kio)**  
 太和观超智托儿所 (宏茂桥)  
 218 Ang Mo Kio Avenue 1  
 #01-925 Singapore 560218  
 Tel: 6552 1058

**THK Super Talent Student Care Centre (Bukit Panjang)**  
 太和观超智学童托管中心 (武吉班让)  
 141 Petir Road  
 #01-270 Singapore 670141  
 Tel: 6767 1770

**THK Super Talent Student Care Centre (Punggol Walk)**  
 太和观超智学童托管中心 (榜鹅径)  
 213C Punggol Walk  
 #01-781 Singapore 823213  
 Tel: 6443 1218

**THK Super Talent Student Care Centre (Sengkang)** (NEW)  
 太和观超智学童托管中心 (盛港)  
 71 Fernvale Link  
 Singapore 797539  
 Tel: 6539 9601