Server without boundaries To serve manking

405

ANNUAL REPORT 2020 - 2021

THYE HUA KWAN MORAL SOCIETY



THK Temple (level 1 Prayer Hall)

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1200

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21181

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50

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ABOUT US

VISION

To Serve Mankind

MISSION

To help anyone who needs help with full respect to their race, colour, creed, language, culture and religion.

TO PROMOTE

- · Love and care for each other, irrespective of any differences;
- Respect for each other's race, colour, creed, language, culture and religion;
- The universal virtues of filial piety, brotherliness, loyalty, trustworthiness, propriety, righteousness, incorruptibility, decency, humanity and wisdom;
- The Oneness of Mankind;
- The transcending of all differences

OBJECTIVES

- To promote good morals and virtues with full respect to each person's, colour, creed, language, culture and religion.
- To help all people and to give relief to anyone in hardship, disaster or need, without discrimination as to race, colour, creed, language or religion; to carry out welfare work for the good of mankind, including rendering of free medicine and medical services, financial and personal support for those who are weak, old, poor, sick or disabled; the promotion of education, and the provision of free burial and funeral expenses, etc.
- To encourage the worship and reverence to God and the Virtuous Founders of the various Religions, to the Saints, Sages, Buddhas and Deities of these Religions and to promote their virtuous Teachings without differentiation as to religious denominations; to promote respect for each other's religious belief and the universality of all religions; to promote the Oneness of Mankind.
- To establish Child Care Centres, Family Service Centres or other community, social or welfare services for the general welfare of the community and to make rules for the management of such Centres or Services.

THK Temple (level 4 Prayer Hall)

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115





THK Temple (level 1 Prayer Hall)

CORPORATE INFORMATION

PLACE OF BUSINESS

1 North Bridge Road, #03-33 High Street Centre, Singapore 179094

CHARITY REGISTRATION NUMBER

0805

REGISTRY OF SOCIETIES / REGISTRATION NUMBER 110/78

UNIQUE ENTITY NUMBER

S78SS0031K







BANKERS

Oversea-Chinese Banking Corporation Ltd (OCBC Bank)

AUDITORS

Lo Hock Ling & Co

REGISTRATIONS

The Society is registered with the Registry of Societies and with the Commissioner of Charities. The Society was registered with the Registry of Societies on 22 April 1978 and with the Commissioner of Charities on 26 April 1991.



CHAIRMAN'S MESSAGE

Mission: To Serve Mankind Motto: No Name, No Gain and No Fame.

Thye Hua Kwan Moral Society is 42 years old and is a registered charity. Our Society respects all Religions, Peoples, Races and Cultures.

In 2019 we built our Temple at 71 Fernvale Link, Singapore 797539. At the 4th storey, we have the Holy Statues of our Creator, Xuan Xuan Shang Ren 玄玄上人, Mu Gong 木公, Lao Mu 老母, Tian Gong 天公, Di Mu 地母, our Jade Emperors Xuan Qiong Gao Shang Di 玄穹高上帝玉皇大天尊 and Xuan Min Gao Shang Di 玄旻高上帝玉皇大天尊. Our three Patron Saints, Hua Toh Zu Shi 华佗祖师 (Master of Medicine), Lu Chun Yang Zu Shi 孚佑帝君 (of the 8 Immortals) and Tai Shang Lao Jun 太上老君 and other Deities are respectfully worshipped at the alter at Level One.

In accordance with our Teachings and Objectives, we have always respected Peoples of different Races and Religions, Cultures and Creeds. Our employees come from all different Races and Religions. Similarly, our BENEFICIARIES also come from all Races and Religions. We are serving many thousands of beneficiaries including serving Halal Food for our Meals on Wheels programme and in all our Homes.

We make sure that we also help the poor and the needy, including paying of rentals monthly for 200 needy families.

Our Temple at 71 Fernvale Link, Singapore 797440 is used by our grassroots for tuition on Wednesday and Thursday evenings. The Temple also has a Hall of Filial Piety where members can place tablets to remember their departed relatives or parents.

Because of the COVID-19 restrictions, the annual Inter Racial Inter Religious Harmony Nite Event (IRIR) which was held continuously for 20 years had to be withheld. Hopefully, if things are better, it will be held next year.

We are grateful to our Creator, Jade Emperors, and our three Patron Saints, Hua Toh Zu Shi (Master of Medicine), Lu Chun Yang Zu Shi (of the 8 Immortals) and Tai Shang Lao Jun and all other Deities, for giving us the opportunity to set up our Charity Services. Without Their help and Blessings, it would not have been possible for us to do our work. As human beings, it is our duty to do as much as we can, to help peoples of different races and religions.

Our services include helping people of all age groups, from the very young to the very old; the needy, the sick and those who need hospitalisation, child care services, and before and after student care centres. We established Residential Homes, Family Service Centres, EIPIC Centres, Elderly Services, Therapy Services, Meals on Wheels, Home Help, Home Care, TCM services, etc.

We have set up the following Charities:

- 1) Thye Hua Kwan Temple
- 2) Ang Mo Kio-Thye Hua Kwan Hospital
- 3) THK Nursing Home
- 4) Thye Hua Kwan Moral Charities
- 5) Child Care Centres and Student Care Centres
- 6) Free Meal Services
- 7) TCM Services

We only wish we can do more to help more people.

Ang Mo Kio-Thye Hua Kwan Hospital is a patient-centric community hospital providing rehabilitative and sub-acute care. Our multi-disciplinary healthcare team develops a personalised and comprehensive programme for each patient to enhance their recovery process. Our aim is to help patients achieve independence and assist them in their integration back into society after discharge.

Crisis serves as a good time for reflection and recalibration. At Ang Mo Kio-Thye Hua Kuan Hospital (AMK-THKH), we took the opportunity to review how we rendered our services and explored how technology can help us deliver the same quality of care to our patients. In 2020, we tapped on a previous collaboration with the Singapore Management University to digitalise our visitor management system through the implementation of a robust and expandable 'Triage System' tailored to our needs in this pandemic. Our volunteer programmes, which plays an important part in keeping our patients mentally, physically, and socially engaged were temporarily halted but were able to resume virtually thanks to videotelephony platforms such as Zoom.

To help reduce the transmission risk of COVID-19, our Home Healthcare Team introduced a new teleconsultation service which allowed our patients to recover in the safety of their homes without any compromise to their treatment plans. For dialysis patients who have to physically come down to the hospital, we made changes to our infrastructure and process at the Dialysis Centre to ensure that our patients were not exposed to additional risk, which was especially important as we continued to serve those serving their Home Quarantine Orders and Stay Home Notices.

Thye Hua Kwan Nursing Home @ Hougang was set up to provide person-centred quality nursing care for our seniors, to facilitate aging in the community. The COVID-19 pandemic has created much suffering and inconveniences to the community. Following AIC's advisory that visitors (eg caregivers and volunteers) are not allowed to enter the Nursing Home to reduce the importation risk of COVID-19, NHs are encouraged to use telephone or video calls for residents and their loved ones to keep in touch, and should roster this on a regular basis where possible. With the help of technology, all caregivers have to use whatsapp to video call their loved ones.

Since October 2011, **Thye Hua Kwan Moral Charities (THKMC)** was incorporated as a charity with an Institution of a Public Character (IPC) status to provide multiple social and welfare services to the community at large.

THKMC has more than 60 programmes and services to serve the elderlies, families, children and youth, as well as persons with disabilities. Over the years, we have progressively grown to expand our programs and services to meet the increasing needs of our community, as well as to reach out to more people within the community. Moreover, we ensure that help remains easily available to anyone in need.

> **Mr Lee Kim Siang, BBM(L)** Chairman Thye Hua Kwan Moral Society





鸿钧元皇	
玄旻高上帝玉皇	大天尊
孚佑帝君	主坛
华佗祖师	土坛
道德天王	
元始天王	三清
灵宝天王	
东方木德星君	
南方火德星君	
中央土德星君	五老
西方金德星君	
北方水德星君	
天皇	
地皇	三皇
人皇	
伏羲聖帝	
神农聖帝	五帝
轩辕聖帝	
万天川主	
斗口星君	皇经
桓侯大帝	王红
玄天上帝	
济公活佛	
汉鐘离祖师	
李铁拐祖师	
张果老祖师	
吕洞宾祖师	八仙
韩湘子祖师	Л
蓝采和祖师	
何仙姑祖师	
曹国舅祖师	

赐福天官	
赦罪地官	三官大帝
解厄水官	
南斗星君	
斗姆元君	斗姆
北斗星君	
值年太岁	太岁
东斗星君	
南斗星君	
中斗星君	五斗星君
西斗星君	
北斗星君	
孔聖先师	孔子
文昌帝君	
宗圣曾子	
复圣颜回	四圣
述圣子思	L L L L L L L L L L L L L L L L L L L
亚圣孟子	
贪狼星君	
廉贞星君	
巨门星君	
破军星君	
文曲星君	九皇大帝
祿存星君	
武曲星君	
左辅星君	
右弼星君	

多宝如来	
宝胜如来	
妙色身如来	
广博身如来	七如来
离怖畏如来	
甘露王如来	
阿弥陀如来	
准提佛母	佛母
阿弥陀佛	
观音菩萨	西方三圣
势至菩萨	
燃灯古佛	古佛
毗婆尸佛	
尸弃佛	
毗舍浮佛	
拘留孙佛	七佛
拘留孙佛 俱那含牟尼佛	七佛
	七佛
俱那含牟尼佛	七佛
俱那含牟尼佛 迦叶佛	七佛
俱那含牟尼佛 迦叶佛 释迦牟尼佛	

房虚星昴	
张毕危心	
角斗井奎	
尾室觜翼	
亢牛娄鬼	
箕壁轸参	
氏女胃柳	二十八宿主
貉蝠雉獐	
蛟獬狼犴	
龙牛狗羊	
虎猪猴蛇	
豹貐猿蚓	
兔鼠鸡马	
狐燕乌鹿	

THK TEMPLE DEITIES 太和观 本殿神仙佛圣号





THKMS MANAGEMENT COMMITTEE

Chairman	Mr Lee Kim Siang
Vice-Chairman	Mr Ching Chiat Kwong
Vice-Chairman	Mr Goh Tok Mong
Vice-Chairman	Mr Ong Ser Huan
Vice-Chairman	Ms Tan Chor Yeong
Hon. Secretary	Ms Lee Soon Hong
Asst. Secretary	Mr Lee Teik Yhong
Hon. Treasurer	Ms Yang Qiu Ping
Asst. Treasurer	Ms Cheng Yie Hua
Head Medicine Free Clinic	Mr Sim Beng Chiang
Asst. Head Medicine Free Clinic	Mr Sim Beng Swee
Head Moral Promotion	Ms Goh Soo Hian
Asst. Head Moral Promotion	Mr Lee Kim-Huang
Head Welfare Services	Mr Tay Kiam Peng
Asst. Welfare Services	Mr Kuak Keian Meng
Chinese Correspondent	Ms Er Hwee Ju
Asst. Chinese Correspondent	Ms Yao Ya Ting
English Correspondent	Aloysius Anthony Sebastian
Asst. English Correspondent	Mr Lee Teik Tiee
Head Public Relations	Mr Winston Sim Teck Siang
Asst. Head Public Relations	Ms Lew Soh Wah
Committee Members	Mr Tan Chu Kee
Committee Members	Mr Deon Sim Yi Xing
Committee Members	Ms Sim Pei Ling Pearlyn
Committee Members	Mr Ong Kam Chow
Committee Members	Ms Kung Tsui Hua
Committee Members	Ms Er Hwee Yong

ORGANISATION

The Society is managed by a Management Committee, which was elected at the Annual General Meeting in 2019 for a two-year term



AMK - THK HOSPITAL

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THKMS ANNUAL EVENTS



From left: **THK**MS CEO Lawrence Ng, Director of Sin Chew Chinese Cultural Products Supermart Private Limited Mr Loh Kai Boon, **THK** Chairman Mr Lee Kim Siang, Ms Denise Phua, Mayor, Central Singapore Distric and Member of Parliament for Jalan Besar GRC, Director of Sin Chew Chinese Cultural Products Supermart Private Limited Mr Tan Mok Yong and **THK**MS Vice-Chairman Mr Ong Ser Huan at the launch of **THK** Charity Buddha 2020

THK CHARITY BUDDHA 2020

24 February 2020 - Ms Denise Phua, Mayor, Central Singapore District and Member of Parliament for Jalan Besar GRC officiated the launch of the 15th THK Charity Buddha Donation Drive.

Beaming in gold, the Laughing Buddha is a symbol of goodwill and compassion. For the past 14 years, THK Charity Buddha sits along Waterloo Street attracting both tourists and locals to come forth and donate to the various social and welfare causes of Thye Hua Kwan Moral Society (THKMS).

The yearly donation drive collects approximately \$200,000 and proceeds go towards THKMS services like her 4 Free Meal Centres, Free Clinics and self-funded programmes and services. THK Charity Buddha donation drive is made possible by the unwavering support from Sin Chew Chinese Cultural Products Supermart Private Limited, which have sponsored the venue for the Laughing Buddha statue for the past 14 years. Every morning, at opening, they have to reel out the life-sized statue to its store-front and securely house it back at closing time. Despite the COVID pandemic, people from all walks of life are still paying respect to the Laughing Buddha with hope of seeking blessings and good fortune, as they dropped their donations into the slot of the Buddha's belly.

However, staff of Sin Chew have been disinfecting the surface of the statue several times throughout the day and a bottle of hand sanitizer is also placed beside the statue. More than just a religious icon, the THK Charity Buddha brings people of different races and religions together to do good. The event is one of the many avenues that THK uses to promote the spirit of kindness and inclusivity.

THKMS ANNUAL EVENTS



THK Chairman Mr Lee Kim Siang presenting a token of appreciation to Dr Koh Poh Koon, Senior Minister of State for Trade and Industry and Then Member of Parliament for Ang Mo Kio GRC for gracing the event

THK SPRING FESTIVAL 2020

19th January 2020 – Dr Koh Poh Koon, Senior Minister of State for Trade and Industry and Then Member of Parliament for Ang Mo Kio GRC, graced the 2nd THK Spring Festival at Ang Mo Kio Centre Stage @ AMK Town Centre.

THK Spring Festival is organised by Thye Hua Kwan Moral Society (THK). It is a platform that showcases the talent of beneficiaries and staff. Beneficiaries are empowered to give back to the community through various cultural performances. Most importantly, the event spreads the joy of the Chinese New Year and brings diverse ethnic communities closer through better understanding.

Based on last year's attendance, the event will reach out to about 1,000 people in Ang Mo Kio Centre Stage, which is the crossroads to food, shopping and transportation in Ang Mo Kio Town Centre.



Malay dance item performanced by the elderly from the **THK** Senior Services in Taman Jurong



THKMS ANNUAL EVENTS

Our Guest of Honour for IRIR Harmony Nite 2018: President Halimah Yacob

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INTER RACIAL INTER RELIGIOUS HARMONY NITE FLASHBACK



Representatives from the IRO reading invocations on stage









Minister for Finance, Mr Heng Swee Keat onboard the Harmony Train along North-East Line



THK Chairman presenting a memento to President Halimah Yacob in 2018

2014

2015

2016

2017

2018

2019

WITHOUT BOUNDARIES



SUPER TALENT CHILDCARE CENTRES

Super Talent Childcare Centres continues to strive for quality care and education for young children, from 2 months to 6 years old, as the childcare reaches its fourth year as an appointed Partner Operator (POP) under the Early Childhood Development Agency's (ECDA) POP Scheme. While the leaders and teachers participate in various projects with community partners and families, the centres were also renovated to keep up with a new and modern learning environment.

Children of Super Talent Childcare preparing for their Start small Dream Big mission



Children of Super Talent Childcare (MacPherson 93) created a beautiful framed picture for our Front-line Heros

'GIVE SALUTE TO OUR FRONT LINERS!'

Our Kindergarten 1 and Kindergarten 2 would like to send out their love and thank you messages by putting up together a beautifully framed picture with wholehearted gratefulness to our FRONT-LINE HEROS at Ang Mo Kio – Thye Hua Kwan Hospital.



START SMALL DREAM BIG 2020 Showing Our Little Love & Care

Start Small Dream Big was initiated by the Early Childhood Development Agency (ECDA) to encourage pre-schoolers to give back to the community in their own small ways. This year theme is 'A Caring & Inclusive Home for All'.

The objective for our super kids is to enable them to build a great big heart to make Singapore an inclusive place to live in. In line with our recent COVID-19 pandemic, our project titled 'Super Talent Cares' will encourage and introduce our preschoolers with a sense of appreciation for the front-liners who has been working tirelessly to keep us safe and prevent the spread of Covid-19. They include doctors and nurses as well as essential workers who have been taking care of our food and needs during this difficult period. Our project was made up of 3 parts, namely; 'Give Salute to Our Front liners!', 'Give Appreciation to Our Essential Parents!' and 'Give Love to Our Elderly and Less Fortunate!'.



SUPER TALENT CHILDCARE CENTRES

CHINA TOWN FIELD TRIP

Super Talent 93 has organized a visit to Chinatown. The cultural visit was aimed to raise cultural awareness and show appreciation of Chinese culture and heritage. For a more enriching experience, the children took the public transport to get there. Walking along the busy streets of Chinatown, the children witnessed a myriad of colourful and musical buzz of activities. The children also experienced doing some shopping for the festival. They were encouraged to interact and initiate conversations with various stall vendors to gain an insight into Chinese New Year customs and traditions.



Super Talent Childcare Children celebrating Deepavali



Super Talent Childcare (MacPherson 93) children learning about the chinese cultural and heritage

DEEPAVALI CELEBRATION

Diwali means a series of lights. Deepavali is a festival of lights celebrated in India, mainly by members of the Hindu religion, but also by many other religions such as Sikhs and Jains. This festival is celebrated once a year in the month of either October or November based on Hindu calendar.

It signifies the celebration of good over evil. When it comes to preparations for Diwali, they are done in an extensive way, and the celebration takes place over a period of five days. People, especially from Hindu faith clean their homes and offices and renovate everything leading up to the festival.

In Super Talent Childcare Centres, we celebrated Deepavali on 13 November 2020 with a series of activities for the children from the different classes. Teachers read a story of Diwali to the children and explained the meaning behind this festival. Due to COVID-19, children celebrated this festival within their own class.

SUPER TALENT STUDENT CARE CENTRES

Super Talent Student Care Centres provide care and supervision to children aged 7 - 14 years old with a conducive environment for holistic development by rendering homework supervision, organised play, enrichment and recreational activities. Currently, there are 3 Super Talent Student Care Centres - Bedok North, Bukit Panjang and Punggol Walk.



FUN AND EXCITING SESSION OF CHINESE DRUMMING

Holiday event. In conjunction with Esplanade's upcoming Hauyi's Chinese Festival of Art in Feb 2021, Super Talent Student Care @ Bukit Panjang were invited by Esplanade to conduct the free workshop in our centre for fun and exciting session of Chinese drumming! Through the playing of drums together, student experienced the joy of playing music together, while enhancing their motor skills, learning the importance of teamwork and building a sense of community.



Drum Instructor teaching our student



Celebrating Children's day with a nice cake and gifts donated by NYP



CELEBRATING CHILDREN'S DAY

Super Talent Student Care @ Bukit Panjang celebrate Children's day with a big cake and nice gifts. Although we could not have games due to the Covid19 but every student was happy sharing the delicious cakes and wonderful gifts donated by NYP.

SUPER TALENT STUDENT CARE CENTRES

RETURNING BACK TO SUPER TALENT STUDENT CARE CENTRES

Super Talent Student Care Centres were glad to have our students returning back in Phase 2. We are very appreciative of all the parents' support during the 2 months closure due to the Circuit Breaker extension. To show our appreciation, every student has received a Back to School Gifts Pack.



Students returning back in Phase 2 received a Back to School Gifts Pack

Our Teacher received her Long Service Award New Back to school routine with new guidelines, our Student Care Centes are doing what we can to keep them safe whiles engaging them in enriching activities, social distancing and keeping safe.



TEACHER'S DAY CELEBRATION

Super Talent Student Care Centre @Bukit Panjang celebrated Teacher's Day with nice food, sweet gifts, online training courses and appreciation certificate with letters. Not only materials rewards, but also spiritual praise.



A BIG THANK YOU

A big thank you to UOB for bring Super Talent Student Care @ Punggol Walk's student an awesome journey and giving them the surprise goodies bags. They had a wonderful day and enriched their knowledge.



Students receiving a surprise goodies bags from UOB

A big thank you to CORI Traveller for sponsoring the CORI SuperMASk to Super Talent Student Care Centres. The teachers and staff of our three centres deeply felt the support and warmth from social enterprise and motivated to take care our students meticulously.



Teachers and staff receiving the CORI SuperMask donated from CORI Traveller



THK ANGSANA HOME @ PELANGI VILLAGE

THK Angsana Home @ Pelangi Village is a gazetted Welfare Home under the Destitute Persons Act. With its commission to recuperate destitute persons, the Home is more than a shelter to 165 main home residents; it provides them with care and rehabilitation. The Home also operates an Intake Centre, for newly admitted persons, and has a capacity for 20 residents.

2020 was a year where norms were shattered, and innovating was a necessity. Riding the adversities brought by the COVID pandemic was a challenge and keeping the residents and staff of the home safe was paramount. This came at a cost. Restrictions to movement were in place, split zones, split teams and working with a skeleton team meant that the comfort and freedom of movement that were once taken for granted was then greatly affected. However, this did not stop the Home from providing its best to our residents. The Home stepped up and found means to provide some degree of normalcy and welfare of our Residents and Staff. Here several initiatives were born. The lockdown meant that our residents were deprived of their essentials. Hence, the Home sort to provide 3 months of welfare pack distribution to ease their discomfort and meet their needs. However, this was not a sustainable in the long run.

Since we could not bring residents out to meet their needs, initiatives were planned to bring their needs to them instead. The Supermarket on Wheels, Virtual Tours, online courses and activities, Esplanade on Wheels were examples of such initiatives. The fruit of Angsana Future Ready project also reaped a technological boost to our Home Capability to support these initiatives and to build more resilience against the challenges of a pandemic were also a focus.

PROVIDING RELIEF TO OUR RESIDENTS

The lockdown prevented our residents from their usually monthly grocery shopping. Thus, to relief the stress of not having their essential needs met, the home mobilized a Welfare Pack initiative to tide them through 3 months of lockdown.

Each resident was given several food items such as instant noodles, coffee, tea, and snacks to last them a month of lockdown. This initiative continued for 3 months till Advisory guidelines allowed the flexibility for contactless deliveries.



Each resident was given several food items such as instant noodles, coffee, tea, and snacks to last them a month of lockdown. This initiative continued for 3 months till Advisory guidelines allowed the flexibility for contactless deliveries.

SUPERMARKET ON WHEELS

Circuit Breaker restricted our residents' ability to replenish their monthly grocery needs. As a result, the Home issued Welfare Packs to help them tide through a few months. However, this initiative was unsustainable in the long run. Hence, an innovative solution had to be thought out. Since we could not bring our residents to the grocery store, we brought the store to them!

In partnership with Sheng Siong, a mobile store initiative was set up at the Home to cater to our resident's grocery needs. The CM and Programmes Teams worked tirelessly to collate the shopping list of all our residents, and coordinated with Sheng Siong to bring those items, and planned for the logistics and safety measures to ensure that the event moves smoothly and safely. A contactless service was set up where payment and collection point were done by Home's staff while packing and delivery were handled outside the Home by Sheng Siong's Staff.



Assisted by our SHA Gamini, residents received their purchase safely without coming into contact with Sheng Siong's Staff.



ONLINE ACTIVITIES AND COURSES

The many months during the lockdown meant that our residents felt rather disconnected from the community. Facing the same faces and same environment meant that activities became somewhat lacking a certain "spark". When safety measure guidelines opened up to allow for activities to be conducted in a small group setting, we were able to reignite this "spark" by reconnecting them back to the community through the resumption of interactive volunteer engagements with our residents. Once again, since volunteers cannot enter the home physically, we can "digitally" connect them to our residents via online platforms like Zoom and Webex. Once again, Art Programmes and Skill Based Training Courses can resume.

In partnership with Singapore Heritage Board and Red Balloon Therapy, residents went on a journey back through time to appreciate our roots and culture through Art.



Residents learning about the history of coffee in Singapore and how using just coffee beans, they can create beautiful works of art.



THK ANGSANA HOME @ PELANGI VILLAGE

VIRTUAL TOURS

Organized tips had to be placed on hold till Singapore becomes safe again for our residents. But this did not mean that they cannot travel and visit places. In partnership with Wildlife reserves Singapore, we were able to "bring" them on a tour to the River Safari and Night Safari.





Here they got to meet a few star attractions and learned more about the capybara, the great white pelican, the owl and the racoon



A mini stage set up for 1 performer engaging over a dozen residents with nostiaglic songs of yesteryears

ESPLANADE ON WHEELS

The Esplanade on Wheels was the highlight of 2020. For a whole year, residents got to experience the community digitally. Through virtual tours and online engagements with volunteers. But nothing beats the vibe of 'live experience'. The atmosphere, the cheer, the euphoria of firsthand untethered experience. As such, the Home's collaboration with the Esplanade and under the guidance of the Ministry, brought to the residents, a safe and amazing experience of life performance by a talented artist. And even for many of us staff, the one and only live performance we had for the whole of 2020.

A mini stage set up for 1 performer engaging over a dozen residents with nostiaglic songs of yesteryears. The artist was mutli lingualed and captivated our residents with his extensive library of songs from various language and dialets. Residents had a great time clapping to the tune and singing along to their favourite songs.

THK MORAL WELFARE HOME

THK Moral Welfare Home is a Ministry of Social and Family Development (MSF) gazette Home, managed by Thye Hua Kwan Moral Society. The Home renders care and rehabilitation for the destitutes with multiple disabilities, with most of them being intellectually disabled.

The Home is ran by a multi-disciplinary team made up of the Admin, Case Management, Nursing, Rehabilitation and Operations Team. A total of about 50 staff oversees the well-being of the residents. As the Home is under the purview of MSF, monthly visits are conducted by a group of Board of Visitors (BOV) who reviews the Home's facilities and resident's welfare, to ensure safe and healthy living standards is adhered to in the Home.

NEW PROGRAMMES AND INITIATIVES

In 2020, the Home commenced a Batik Painting Workshop organised by Kamal Arts Limited, supported by Singapore Central CDC. The program ran over the course of 10 weeks, allowing residents to unleash their creativity with the painting and mixing of colours for their batik artworks.

COMMUNITY PARTNERSHIP / VOLUNTEERISM

Into its 6th year, the annual 'Big Day Out' which is organised jointly by the Home and James Cook University, had to be done remotely this year due to the COVID-19. The event in 2020 is aptly called 'Big Day In', where student volunteers from James Cook University engaged the residents by giving them a virtual overseas trip around the world. The Home would like to express our special thanks to our long-term partner, James Cook University for their continued support and sponsorship.





Residents of Moral Welfare Home engaged with batik artwork painting

We are also extremely grateful to the volunteers of the following organisations for their ongoing support for our residents:

- Art of Living Foundation
- Be Kind SG
- Christ Grace Church
- Mahaprajna Buddhist Association
- NUS Volunteer Action Committee
- People's Association
- Pu Ti Buddhist Temple
- · Silat Road Sikh Temple
- The Esplande Co





Be Kind SG's guest performers in Moral Welfare Home

In November 2020, Be Kind SG reached out to the Home to hold a special performance for the residents of the Home. With safe management measures in place, guest performers showcased their performances in the Home's courtyard, away from the residents, to prevent any close contact. The performances were viewed by the residents from the corridors of their dormitories with safe distancing measures in place and they thoroughly enjoyed the performances planned out for them.



Be Kind SG's guest performer performing a bubble act for the residents

MAINTAINING FAMILY TIES

Due to the COVID-19 pandemic and the safe management measures in place, residents of Moral Welfare Home were not able to visit their family members who are residing in other residential Homes. To enable the residents to continue keeping in touch with their family members and receiving emotional support from them, the Home conducted Zoom sessions to enable them to stay connected with their family members.



Resident of Moral Welfare Home keeping in touch with her daughters and son from Jamiyah Children's Home

THK FREE MEAL CENTRES

THKMS has provided approximately 50,000 free and subsidised meals for the elderly in 2020, at the following locations.

THK FREE MEAL CENTRE @ TELOK BLANGAH CRESCENT Blk 4 Telok Blangah Crescent

#01-500 Singapore 090004

THK FREE MEAL CENTRE @ TOA PAYOH

Blk 31 Lorong 5 Toa Payoh #01-663 Singapore 310031

THK FREE MEAL CENTRE @ MACPHERSON Blk 91 Paya Lebar Way

#01-3023 Singapore 370091

THK INDUS MORAL CARE (SUBSIDISED MEALS) Blk 79 Indus Road

#01-451 Singapore 161079



Elderly receiving their packed meals.

THK MEDICAL SERVICES

THK Medical Services serve anyone who is in need, regardless of their race, colour, creed, language, culture and religion. THKMS offers medical services for the community by running several free clinics, namely THK Moral Free Clinic (Western Medical) located within THK Family Service Centre @ MacPherson, as well as THK Traditional Chinese Medicine (TCM) centres located at Taman Jurong and Ang Mo Kio-Thye Hua Kwan Hospital.

THK Moral Free Clinic (Western Medical) welcomes migrant workers who are in need of medical consultations. It opens once a week and has about 250 patient visits annually. THK TCM Medical Centre (Taman Jurong) opens twice a week and had 1,981 patient visits in 2019. On the other hand, THK TCM Medical Centre (AMK-THKH) operates 5.5 days per week and had about 9,959 patient visits in 2019.



Doctor checking on a patient at THK TCM Medical Centre (AMK-THK Hospital)



ANG MO KIO-THYE HUA KWAN HOSPITAL

Ang Mo Kio-Thye Hua Kwan Hospital is a 370 bedded community hospital that offers rehabilitative and sub-acute care. It offers a customised care plan for every patient, to help them regain independence and mobility, so as to integrate them back into the community. Ang Mo Kio-Thye Hua Kwan Hospital had a total of 2722 patients in 2020.

TELECONSULTATION FOR PATIENTS AT HOME

To help reduce the transmission risk of COVID-19, the Home Healthcare Team, with funding help from the Agency for Integrated Care, introduced a new teleconsultation service in September 2020. Through video calls, our clinicians were able to speak to the patients while performing a visual review of patients' conditions, and make adjustments to the treatment plan. Our nurses ensured that patients followed the treatment plan, took their medication as prescribed, and also addressed concerns about their wounds if they have any. Patients were also taught how to correctly carry out therapy sessions at home with their caregivers, and our therapists helped to ensure the correct procedures and techniques were adopted.

ENSURING UNINTERRUPTED TREATMENT FOR HOME QUARANTINE ORDER AND STAY HOME NOTICE PATIENTS

Even as the pandemic raged on, dialysis treatment for kidney patients cannot be stopped as it would lead to further deterioration of their health or even death. This remains true for patients who have been served the Home Quarantine Order (HQO) or the Stay Home Notice (SHN), especially with the then looming Circuit Breaker. Action had to be taken quickly and the team at Ang Mo Kio-Thye Hwa Kuan Hospital's Dialysis Centre (DC), with support from Operations, was able to implement infrastructure and process changes to ensure that the safety of all patients were not compromised. The team converted the DC's Fire Exit to be a dedicated entry and exit point for HQO and SHN patients. A separate triage counter and equipment corner for Personal Protection Equipment (PPE) were also set up. Treatment schedules for patients were also adjusted to ensure that treatment sessions for HQO and SHN patients were the last session each day to protect the other patients. Staff at the DC would don PPEs during the treatment sessions, and the centre is disinfected at the end of the session.



Ang Mo Kio-Thye Hua Kuan Hospital therapist reviewing a patient's therapy progress through a video call



The Dialysis Centre team ensured the safety of all patients were not compromised



The efforts of the team, which comprised of Doctors, Nurses and staff from the Admissions office, were recognised at the Singapore Health Quality Service Award 2021

NEW WARDS TO CARE FOR THE CHRONIC SICK

In March 2020, Bright Vision Hospital (BVH) was designated by the Ministry of Health to exclusively receive COVID-19 patients as part of a strategic move to maximise the efficient use of hospital resources in preparation for a surge in new COVID-19 cases. This meant that existing patients in BVH had to be relocated, and Ang Mo Kio-Thye Hua Kwan Hospital was approached by BVH to take over the care of their chronic sick patients. Right around the same time, Yishun Community Hospital (YCH) also came forward to make a similar request as they had to prepare to receive COVID-19 patients.

The pandemic situation was developing rapidly which meant the hospital would had to act guickly. A team comprising of doctors, nurses and staff from the Admissions office was formed to undertake the task of transforming two existing wards to admit these new patients with high level of care needs. In a matter of two weeks, the team had to relocate existing patients to other wards, reconfigure the wards to include additional equipment, and conduct intensive training for nurses to ensure that they are properly equipped to handle the new patients. The transformation of the wards and successful transfer of patients from BVH and YCH in such a short time was no mean feat, and their efforts did not go unnoticed. The team was awarded the Best Team (Merit) award at the Singapore Health Quality Service Award 2021 held on 29 March 2020.

DIGITALISING VISITOR MANAGEMENT

Following the outbreak of COVID-19, Singapore began implementing precautionary measures in January 2020. The pandemic situation evolved quickly and soon, the constant addition of requirements in managing visitors to the hospital began to put a strain on the system that was in place.

The hospital had to response quickly to the new situation and requirements. Fortunately, the hospital had the foresight that a robust visitor management system would be required during such a situation and had previously collaborated with the Singapore Management University to develop a 'Triage System'. However, the 'Triage System' had never been tested in a real pandemic situation and every pandemic requires a unique solution.



A new triage/registration counter was set up in tandem with the new 'Triage System'

A team, with the Management Information Systems Department and the Infection Control Department as the core, was quickly formed to review and revamp the 'Triage System' to address the system's multiple inadequacies and missing features which were sorely needed to handle this particular pandemic. Multiple enhancements were made and when the system was implemented, it was a whole new system which not only reduced the manpower requirements to manage the system, it also eliminated manual processes, such as crosschecking of records between different teams, and made generating reports much quicker. The system was also extended to the Tan Tock Seng Hospital Rehabilitation Department located within the hospital.

Most importantly, it significantly shortened the waiting time of visitors, which helped to create a safer and better visitor experience.



ANG MO KIO -THYE HUA KWAN HOSPITAL



The 'Rising to the Call of the Nation' team bagged the Best Team (Merit) Award at the 2021 Singapore Health Quality Service Awards

SINGAPORE HEALTH QUALITY SERVICE AWARDS 2021

The 2021 Singapore Health Quality Service Awards held on 29 March 2021 was a special COVID-19 edition themed "Celebration of Unity", which celebrated close to 7,000 healthcare professionals and partners from 38 public and private healthcare institutions, community hospitals as well as agencies from the Community Care sector who have contributed significantly in the nation's fight against COVID-19.

COMMUNITY CARE EXCELLENCE AWARD 2020

The Community Care Excellence Award aim to recognise the contributions of individuals and project teams who have demonstrated exemplary service and commitment in delivering quality care to their clients in the Community Care Sector. On 30 October 2020, 13 silver award recipients from Ang Mo Kio-Thye Hua Kwan Hospital were recognised in a virtual ceremony graced by Minster for Social and Family Development and Second Minister for Health Mr Masagos Zulkifli.



Hero Winners from the Day Rehabilitation Centre.

In addition to the 101 individual Healthcare Hero Award recipients, seven staff from Nursing and the Admissions Office received the Best Team (Merit) Award for stepping up to the challenge of transforming our wards in the midst of the pandemic to care for patients of a different profile which we didn't have to before.



Our Medical Social Workers were also recipients of the Hero Award



COMMUNITY CARE MANPOWER DEVELOPMENT AWARD

The Community Care Manpower Development Award aims to improve the manpower capabilities of the Community Care sector, to meet the demands of our ageing population. Seven recipients from Ang Mo Kio - Thye Hua Kwan Hospital were awarded the Community Care Manpower Development Award at the virtual awards ceremony held on 16 October 2020. The ceremony was graced by Senior Minister of State for Health Dr Koh Poh Koon.



Healthcare Humanity Awards winner Mohamad Sharil leads the Volunteer Management team at Ang Mo Kio-Thye Hua Kwan Hospital



Our Hero Nurses continued to be the backbone of our Hospital

HEALTHCARE HUMANITY AWARD 2020

The Healthcare Humanity Awards pays tribute to exemplary healthcare workers, caregivers and volunteers who go the extra mile for the needy. Mr Mohamad Sharil Bin Abdul Rahim, Senior Executive of the Volunteer Management Team was one of the 95 recipients of the 17th Healthcare Humanity Awards held on 8 December 2020



AMK-THK HOSPITAL BOARD MEMBERS AND COMMITTEES

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Hon. Treasurer

Member

Mr Lee Kim Siang Mr Chang Meng Teng (retired on 1 June 2019) Dr L. Jayaram Mr Zulkifli Bin Baharudin Mr Ong Ser Huan Prof Philip Choo Dr Tan Tiong Har Mr John Teo Woon Keng Prof Low Cheng Hock Mr Ching Chiat Kwong Mr Richard Eu Yee Ming Mr Richard Tan Cheong Su Mr Samuel Ang Seong Kang Mr Koh Juay Meng Prof Alex Siow Yuen Khong Mr Ardi S. Hardjoe (tenure from 10 May 2019 to 5 Feb 2020)

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Mr Phillip Tan
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Member	Mr Hwang Koh Chee

ESTABLISHMENT & REMUNERATION COMMITTEE

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Member	Dr Tan Tiong Har
Member	Mr Ong Ser Huan

NOMINATIONS COMMITTEE

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Member	Mr Ong Ser Huan
Member	Prof Philip Choo

TENDER COMMITTEE

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Member	Dr Tan Tiong Har
Member	Mr Richard Tan Cheong Su

MEDIFUND COMMITTEE

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Member	Mr M.N. Swami
Member	Mr Chan Chee Keong
Member	Mr George Tan Chong Hai
Member	Dr Abdul Razakjr Omar

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Vice-Chairman	Prof Pang Weng Sun
Member	Prof Low Cheng Hock
Member	A/Prof Goh Lee Gan
Member	Dr Lee Kheng Hin
Member	Prof Tay Boon Keng
Member	Prof Ng Han Seong
Member	A/Prof Mark Chan Peng Chew

THK NURSING HOME @ HOUGANG

Thye Hua Kwan Nursing Home @ Hougang was set up to provide person-centred quality nursing care for our seniors, to facilitate aging in the community. As of December 2019, there are 277 admitted patients, including 125 elderly patients with dementia.

A series of programmes and community partnerships are in place to keep the residents engaged and actively stimulated to counter the four major problems of loneliness, boredom, despair and isolation which are common problems for many seniors staying in residential care.

PROGRAMMES & INITIATIVES NURSE LED PROGRAMME

With volunteer activities reduced during most of COVID period, nurses and therapy aides had to keep the residents occupied from being bored, and depressed by having simple art & craft, dementia sensory board activities conducted.



VIRTUAL ENGAGEMENT ACTIVITIES YOLDEN ARTS PROGRAMME



Yolden Arts Volunteers engaged with a maximum of 5 residents in the day room teleconferencing by ZOOM per session.

YOLDEN is a regular senior befriending programme that aims to cater to the physical, intellectual and social emotional wellness of the residents in the respective nursing homes. The word YOLDEN is derived from YO-YOuths and OLDEN-gOLDEN which represents the youths and seniors respectively.

This programme is supported by AIC and National Arts Council.

Residents creating beautiful art pieces during Art workshop



THK NURSING HOME @ HOUGANG

VIDEO-CALLS WITH NOK

Following AIC's advisory that visitors (e.g. caregivers and volunteers) are not allowed to enter the NH to reduce the importation risk of COVID-19, NHs are to encouraged to use telephone or video calls for residents and their loved ones to keep in touch, and should roster this on a regular basis where possible.

Description:

- · All video calls are on Whatsapp.
- SSN/SN should have a schedule record of day and timings when caregivers want to video call the residents.
- Video calls for 30 mins only
- Video calls are only during the visiting hours 11am to 2pm and 4pm to 6pm.
- There is a nurse assisting to make the video call and knows how to operate the tablet.



Resident having video call with their loved one

PROJECTS AND COLLABORATIONS TELEPRESENCE ROBOTS

Together with AIC, Thye Hua Kwan Nursing Home @ Hougang (THKNH @ Hougang) piloted the use of Telepresence Robots for a period of three months. This pilot, which taps on #ReadyTogether, aims to assess if the automated devices can offer alternative ways of delivering care and services to better support seniors.

THKNH used the Telepresence Robots for its volunteer activities conducted once a week by the Youth Corps. The volunteers conduct 90-minute sessions of simple exercises or art and craft for the residents of THKNH @ Hougang via remote access. Seniors are able to see the volunteers on the screen and follow their instructions, while the volunteers are able to observe the progress of the residents doing the activities. Residents of THKNH @ Hougang have taken positively to the Telepresence Robots.



Telepresence Robots interating with our Resident
QTUG TECHNOLOGY

Our elderly residents and those in the community deserve to be happy and independent for as long as possible.

Current falls risk, gait or mobility assessment is done via a range of different assessment tools, such as Berg Balance Scale and the Time Up and Go Test (TUG). However, these assessments contain many subjective elements and are done via manual forms. This takes up a lot of time of the therapists who could be spending the time more effectively in running therapy programmes or training staff.

By introducing a digitized assessment technology, we can be able to conduct more accurate assessments in shorter amounts of time, including falls risk score, mobility scores, and scores on quantitative gait parameters.



Residents using QTUG wearable sensors



Residents can benefit from assessment of mobility, falls risk or frailty

Through adopting Quantitative Timed Up and Go (QTUG) technology, we can achieve the following outcomes:

- 1) Savings in manhours spent on resident/client assessment
- Improved care quality and efficiency in assessment of clients

Assessments that took half an hour in the past could be as quick as just 5 minutes with the solution available. Data records, trending of client progress and report generation will also be available and readily available with a few clicks as compared to the manual data entry and charting in the current state.



THK NURSING HOME @ HOUGANG

AWARDS 8TH APAC ELDERCARE INNOVATIONS AWARDS

At the 8th APAC Eldercare Innovations Awards, held by Ageing Asia on 25 Nov 2020, THK Nursing Home Limited took home 3 awards, namely:



3. BEST SMART CARE TECHNOLOGY – OPERATIONAL MANAGEMENT SOLUTION

Winner: CARES by Thye Hua Kwan Nursing Home Limited, Singapore

Best operational management technology innovation that enables independence, health monitoring, operational efficiency and care support

We were also finalists for the following awards:

INNOVATION OF THE YEAR DEMENTIA CARE MODEL SOLUTION INNOVATION OF THE YEAR PRODUCTIVITY FINALIST BEST HOME CARE OPERATOR BEST REHABILITATION PROGRAMME BEST SMART CARE TECHNOLOGY PRODUCT

THYE HUA KWAN NURSING HOME BOARD OF DIRECTORS

1. INNOVATION OF THE YEAR – HEALTH PROGRAMME

Winner: MindGym by Thye Hua Kwan Nursing Home Limited, Singapore & DancingMind Pte Ltd

Best health programme implementation that demonstrates improvement in quality of life for older adults.

2. BEST DAY CENTRE OPERATOR

Winner: THK SCC @Kaki Bukit

Provides the best centre based health, care and social services to enable ageing-in-place

Chairman Vice-Chairman Treasurer Member Member Member Member Member Member Member Mr Richard Eu Yee Ming Mr Ching Chiat Kwong Ms Cheah Sheau Lan Mr Lee Kim Siang Mr Zulkifli Bin Baharudin Mr Chang Long Jong Mr Goh Tok Mong Mr Ong Ser Huan Mr Koh Juay Meng Mr Lawrence Ng Kok Kiang



Community Care Excellence Awards 2020

Annex A – List of Awardees for Thye Hua Kwan Nursing Home

Individual Awards

Individual Awards – Gold Award

Gold Award Prize: \$200 + Individual Trophy + Award Certificate

s/	I Name	Designation
1	Ms Punitha D/O Ram Keelavan	Nurse Manager

Individual Awards – Silver Award

Silver Award Prize: \$100 + Award Certificate

S/N	Name	Designation
1	Mr Abrigonda Eymard Andal	Staff Nurse
2	Mr Arel Benjie Narvaez	Nursing Aide
3	Mr Aung Thu Kha	Healthcare Assistant
4	Mr Besina Alfonso Deocampo	Senior Care Associate
5	Mr Galvano Rowen Proctan	Healthcare Assistant
6	Mr Guban Federico Jr Tabios	Nursing Aide
7	Mr Gulmatico Leah Marie Caranzo	Senior Care Associate
8	Mr Ladringan Christopher Sahagun	Staff Nurse
9	Mr Laureaga Edison Pauai	Healthcare Assistant
10	Mr Lauriga Adornado Pawaie	Healthcare Assistant
11	Mr Locquiao John Surop	Senior Care Associate
12	Mr Madriaga Rachel Basallo	Senior Care Associate
13	Mr Myint Myint Than	Healthcare Assistant
14	Mr Neduvelil Gopinathan Gopesh	Nursing Aide
15	Mr Roldan Louie Ray Dangat	Enrolled Nurse

THYE HUA KWAN MORAL CHARITIES

Thye Hua Kwan Moral Charities (THKMC) is the social service charity arm of Thye Hua Kwan Moral Society (THKMS). Since October 2011, THKMC was incorporated as a charity with IPC status to provide multiple social and welfare services to the community.

THKMC provides assistance to the various groups in our community through more than 70 programmes and services for children and youths, families, elderly and sick as well as persons with disabilities.



Back row, second from the left: THKMC Board Members Mr Lawrence Ng and Mr Cheong Kah Meng, THK Chairman Mr Lee Kim Siang, THKMC Board Member Er Ong Ser Huan, as well as THKMC COO Mr Jason Lee (front row, third from the left) and THKMC Board Member Mr Koh Juay Meng (front row, fourth from the left) with best employee nominees and loyalty award winners

THKMC STAFF APPRECIATION NITE 2020

THKMC's 9th anniversary was celebrated on 30 October 2020. In conjunction with this special day, THKMC held a virtual celebration to show our appreciation to all staff for their hard work and dedication. Prior to the event, there was a variety of Do-It-Yourself (DIY) activities to engage the staff. Many of the staff had fun making their own DIY creations, and the most creative ones were selected as winners.



THK HQ staff enjoying the sweet treats sponsored by our corporate partners, Ben & Jerry's and Okada Coffee & Sweets

During the celebration, THK Chairman Mr Lee Kim Siang and THKMC COO Mr Jason Lee acknowledged the efforts of all the staff, especially the front-liners for their tireless dedication in serving the clients and their adaptability during this COVID-19 pandemic. Moreover, as THKMC believes in empowering their staff to keep learning and growing, their achievements were also celebrated during this event. There were a total of 109 employees who received Loyalty Awards, while 41 employees received Promotion Awards.

The line-up of activities for this event included a lucky draw with attractive prizes for the staff to take home. After the lucky draw, a video montage of staff performances was played and it was amazing to see how talented they are. Finally, the event ended with a cake cutting ceremony. In commemoration of this joyous occasion, THK Aviators baked a beautiful cake for THKMC, which THK Chairman Mr Lee Kim Siang and THKMC COO Mr Jason Lee sliced and distributed it to the staff.



Staff at THK Seniors Activity Centre @ AMK 645 posing with photo props

CHILDREN'S DAY CELEBRATION FOR THK EIPIC SERVICES DIVISION

Celebrating Children's Day with the children and their families has been an annual tradition for THK EIPIC Services Division. However, due to the COVID-19 pandemic, the Children's Day celebrations became a muted affair in 2020, but the staff still found innovative ways for the children to have fun on their special day.

To spur their creativity and encourage family bonding time, the staff of THK EIPIC Services Division came up with a tote bag design competition. The winning entry was done by a child of THK EIPIC Centre @ Woodlands and her family. Her design was printed on tote bags and given to all the children as gifts for Children's Day, which was celebrated on 7 October 2020.

Besides this design-a-tote bag competition, the Music Therapist team from THK EIPIC centres composed, recorded and arranged a song for Children's Day. This song was used as background music for a video montage, which was shown to the children to remind them of how special and wonderful they are.





THKMC Board Member Mr Koh Juay Meng (centre) with the volunteer bakers from Island of Hope and THK Aviators right before the commencement of the baking session!

BAKE A SMILE: A VOLUNTEER-DRIVEN INITIATIVE

On 30 July 2020, 14 volunteers gathered to bake 3,000 muffins to show appreciation to THKMC's front-line staff for serving the community tirelessly during the COVID-19 pandemic.

THKMC Board Member Mr Koh Juay Meng graced the event with words of encouragement towards the volunteers, partners, and staff. Everyone was smiling ear to ear as they got into groups excitedly and started mixing the ingredients while adhering to the safe distancing measures.

After hours of baking, the muffins were nicely packed and ready for delivery. THKMC Board Member Ms Cheah Sheau Lan came by and supported THK Aviators in the delivery of muffins. She also thanked and handed the boxes of muffins to our front-line staff! A total of 53 THK centres islandwide received the freshly-baked muffins over 2 sessions of delivery on 30 and 31 July 2020.

Bake A Smile is a volunteer-drive initiative by the Island of Hope volunteers, supported by THK Aviators. Special thanks to ToTT Store for the kitchen space, Starnet Marketing Pte. Ltd. for the muffin boxes, and Sensitive Chef Delcie from Delcie's Desserts and Cakes for the healthy banana muffin recipe.

The winning design that was created by a child of THK EIPIC Centre @ Woodlands and her family

THYE HUA KWAN MORAL CHARITIES



Preschoolers with the THK pedometer wristbands, all ready for the clocking of footsteps

WALK WITH ME 2020: A PILOT WALKATHON FOR PRESCHOOLERS

Over 1,000 preschool children from 25 preschools in Bukit Panjang participated in the 'Walk With Me' community walkathon to contribute in donating rice packets for the lower-income families in Bukit Panjang. The pilot walkathon hopes to inculcate the spirit of giving from a young age, along with a healthy lifestyle.

More than 20 million footsteps were clocked, tabulating to about 3,340kg of rice from 9 to 13 November 2020. To show appreciation for their achievement, the families and staff were treated to a virtual carnival session on 30 November 2020, where Adviser to Bukit Panjang Grassroots Organisations (GROs) Mr Liang Eng Hwa and Adviser to Zhenghua GROs Mr Edward Chia graced the event as Special Guests.

Walk With Me 2020 is a ground-up initiative by Bukit Panjang (BP) Cares, led by THK Family Service Centre @ Bukit Panjang, with the support of the BP Cares Consultative Committee and partners.



Families and staff were treated to a virtual carnival session

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Ms Cheah Sheau Lan
Mr Richard Eu Yee Ming
Mr Lee Kim Siang
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Member	Mr Lee Kim Siang

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Member	Mr Zulkifli Bin Baharudin
Member	Mr Koh Juay Meng

INVESTMENT COMMITTEE

Chairman	Mr Phillip Tan Eng Seong
Member	Ms Cheah Sheau Lan
Member	Mr Lee Kim Siang

TENDER COMMITTEE

Chairman	Ms Cheah Sheau Lan
Member	Mr Goh Tok Mong
Member	Mr Lee Kim Siang

TECHNOLOGY COMMITTEE

Chairman	Mr Samuel Ang Seong Kang
Member	Mr Bruno Lopez
Member	Mr Dennis Ang
Member	Mr Koh Juay Meng
Member	Prof Alex Siow (wef1 April 2020)



THKMS SERVICES DIRECTORY

RELIGIOUS INSTITUTION 宗教组织

Thye Hua Kwan Temple 太和观 71 Fernvale Link Singapore 797539 Tel: 6513 9321

COMMUNITY HOSPITAL 社区医院

Ang Mo Kio-Thye Hua Kwan Hospital 宏茂桥−太和观医院 17 Ang Mo Kio Avenue 9 Singapore 569766 Tel: 6453 8033

NURSING HOME 疗养院

THK Nursing Home @ Hougang 太和观疗养院 48 Hougang Avenue 8 Singapore 538793 Tel: 6812 9840

THK Nursing Home Home Care Services 太和观疗养院 家务助理服务

48 Hougang Avenue 8 Singapore 538793 Tel: 6841 2128

THK Senior Care Centre @ Kaki Bukit 太和观乐龄护理中心(加基武吉) Blk 534 Bedok North Street 3 #01-814 Singapore 460534 Tel: 6241 1808

TCM & WESTERN CLINICS 中西医施诊所

THK Free Clinic (Western Medical) @ MacPherson 太和观西医施诊所 (麦波申) Blk 91 Paya Lebar Way

#01-3023 Singapore 370091 Tel: 6741 4255

THK TCM Medical Clinic (Ang Mo Kio) 太和观中医药中心 (宏茂桥)

17 Ang Mo Kio Avenue 9 Singapore 569766 Tel: 6450 6172

THK TCM Medical Centre (Taman Jurong) 太和观中医药中心(达曼裕廊) Blk 337 Tah Ching Road #01-01 Singapore 610337 Tel: 6795 1185

THERAPY SERVICES 治疗服务

THK Therapy Hub 太和观治疗中心 150A Mei Chin Road #02-01 Singapore 140150 Tel: 6471 4270

THK Children Therapy Centre @ Queenstown 太和观儿童治疗中心 (女皇镇) 150A Mei Chin Road #02-01 Singapore 140150 Tel: 6471 4270

THK Children Therapy Centre @ MacPherson 太和观儿童治疗中心 (麦波申)

Blk 121 Paya Lebar Way #01-2859 Singapore 381121 Tel: 6805 9480

THK Pan-Disability Centre @ Eunos 太和观残疾人士服务(友诺士) Blk 3 Eunos Crescent #01-2577 Singapore 400003 Tel: 6846 1171

REHABILITATION & WELLNESS CENTRES 康复健中心

THK Day Rehabilitation Centre @ Ang Mo Kio 257 太和观日间康复中心(宏茂桥257) Blk 257 Ang Mo Kio Avenue 4 #01-67 Singapore 560257

Tel: 6459 9139

DISABILITY SERVICES 残疾服务

THK Home For Disabled @ Eunos 太和观儿童迟钝院 (友诺士) THK Hostel For Disabled @ Eunos 太和观迟钝宿舍 (友诺士) THK Home For Disabled Adults @ Eunos 太和观成人迟钝院 (友诺士) 20 Jalan Eunos Singapore 419494 Tel: 6745 9926

THK Home For Disabled Adults @ Chai Chee & Day Activity Centre 太和观成人迟钝院与 太和观日间活动中心(菜市) 2 Chai Chee Lane Singapore 469030 Tel: 6441 7640

THK Home for Disabled @ Sembawang 太和观成人静养院 (三巴旺) 7 Sembawang Walk Singapore 756977 Tel: 6208 8128

THK Autism Centre @ Geylang Bahru 太和观自闭症中心 (芽笼峇鲁) Blk 72 Geylang Bahru #01-3018 / 3032 Singapore 330072 Tel: 6906 7106

HOMES FOR DESTITUTE 福利院

THK Moral Welfare Home 德教慈善院 301 Henderson Road Singapore 108931 Tel: 6273 2239

THK Angsana Home @ Pelangi Village 德教安善福利院 14 Buangkok Green Singapore 539755 Tel: 6489 8707

ELDERLY SERVICES 乐龄服务

THK Indus Moral CARE 太和观乐龄活动中心(印度士) Blk 79 Indus Road #01-451 Singapore 161079 Tel: 6276 3283

THK Seniors Activity Centre @ Ang Mo Kio 257 太和观乐龄活动中心 (宏茂桥257) Blk 257 Ang Mo Kio Avenue 4 #01-67 Singapore 560257 Tel: 6459 9139

THK Seniors Activity Centre @ Ang Mo Kio 645 太和观乐龄活动中心 (宏茂桥645) Blk 645 Ang Mo Kio Avenue 6 #01-4937 Singapore 560645 Tel: 6554 7298

THK Seniors Activity Centre @ Ang Mo Kio 208 太和观乐龄活动中心(宏茂桥208) Blk 208 Ang Mo Kio Avenue 1 #01-1019 Singapore 560208 Tel: 6456 2611

THK Seniors Activity Centre @ Boon Lav 太和观乐龄活动中心(文礼) Blk 190 Boon Lay Drive #01-242 Singapore 640190 Tel: 6264 3455

THK Seniors Activity Centre @ Bukit Merah View 太和观乐龄活动中心(红山景) Blk 118 Bukit Merah View #02-101 Singapore 150118 Tel: 6276 4761

THK Seniors Activity Centre @ Henderson (Satellite 93) 太和观乐龄活动中心 (亨德申) Blk 93 Henderson Road #01-210 Singapore 150093 Tel: 6273 8291

THK Seniors Activity Centre @ Kaki Bukit

太和观乐龄活动中心 (加基武吉) Blk 509B Bedok North Street 3 #02-157 Singapore 462509 Tel: 6241 6691

THK Seniors Activity Centre @ MacPherson 太和观乐龄活动中心 (麦波申) Blk 90 Pipit Road #01-103 Singapore 370090 Tel: 6745 6696

THK Seniors Activity Centre @ Telok Blangah Crescent 太和观乐龄活动中心 (直落布兰雅弯) Blk 3 Telok Blangah Crescent #01-504 Singapore 090003 Tel: 62761216

THK Seniors Activity Centre @ Toa Payoh 31 太和观乐龄活动中心 (大巴窑 31) Blk 31 Lor 5 Toa Payoh #01-663 Singapore 310031 Tel: 6250 3827

THK Seniors Activity Centre @Toa Payoh 15 太和观乐龄活动中心 (大巴窑15) Blk 15 Lor 7 Toa Payoh #01-579 Singapore 310015 Tel: 6251 6504

THK Seniors Activity Centre @ Cassia 太和观乐龄活动中心 (加西雅)

Blk 52 Cassia Crescent #01-155 Singapore 390052 Tel: 6917 2507

THK Bedok Radiance Seniors Activity Centre 太和观乐龄活动中心 (勿洛) Blk 12 Bedok South Ave 2 #01-610 Singapore 460012 Tel: 6242 2483

THKMS SERVICES DIRECTORY

THK Seniors Activity Centre @ Beo Crescent 太和观乐龄活动中心(庙穹) Blk 44 Beo Crescent #01-67 Singapore 160044 Tel: 6376 3023

THK Seniors Activity Centre @ Fengshan 101 太和观乐龄活动中心 (凤山 101) Blk 101 Bedok North Avenue 4 #01-1958 Singapore 460101 Tel: 6208 2653

THK Seniors Activity Centre @ Fengshan 114 太和观乐龄活动中心 (凤山 114)

THK Young at Heart 太和观心不老

Blk 650 Ang Mo Kio Street 61 #01-09 Yio Chu Kang Vista Singapore 560650 Tel: 6556 4833

THK Home Help Service East 太和观家务助理 (东部)

2 Chai Chee Lane Singapore 469030 Tel: 6242 8103 (Food) Tel: 6589 0694 (Transport)

THK Home Help Service West 太和观家务助理 (西部)

Blk 152 Mei Ling Street #01-08 Singapore 140152 Tel: 6473 6113

THK CREST @ Central (Beo Crescent)

太和观邻里咨询小组 (中区) Blk 44 Beo Crescent #01-57 Singapore 160044 Tel: 6924 2951

THK Seniors Group Home @ Pipit

太和观乐龄合居之家 (比笔路) Blk 93 Paya Lebar Way #01-3057 Singapore 370093 Tel: 6846 1228

THK Seniors Group Home @ Ang Mo Kio 257

太和观乐龄合居之家 (宏茂桥257) Blk 257 Ang Mo Kio Avenue 4 #01-67 Singapore 560257 Tel: 6926 5329

THK Seniors Group Home @ Indus

太和观乐龄合居之家 (印度士) Blk 79 Indus Road #01-451 Singapore 161079 Tel: 6276 3283

THK Seniors Services @ Taman Jurong 太和观乐龄服务 (达曼裕廊) Blk 337 Tah Ching Road #01-01 Singapore 610337 Tel: 6795 1185

THK Chong Pang Social Service Hub 太和观忠邦社会服务中心 Blk 131 Yishun Street 11 #01-235 Singapore 760131 Tel: 6690 0110

THK Chong Pang Wellness Centre 太和观忠邦保健中心

Blk 131 Yishun Street 11 #01-237 Singapore 760131 Tel: 6690 0114

THK Social Service Hub @ Chinatown Point 太和观社会服务中心 (唐城坊)

133 New Bridge Road #04-04 Chinatown Point Singapore 059413 Tel: 6589 0690

THK Social Service Hub @ Bukit Batok East 太和观社会服务中心(武吉巴督东)

Blk 235 Bukit Batok East Avenue 5 #01-21 Singapore 650235 Tel: 6566 5303

THK Cluster Support

@ Ang Mo Kio
 太和观乐龄社区支援服务 (宏茂桥)
 Blk 650 Ang Mo Kio Street 61
 #01-09 Yio Chu Kang Vista
 Singapore 560650
 Tel: 6556 4833

THK Cluster Support @ Bukit Merah 太和观乐龄社区支援服务 (红山) Blk 44 Beo Crescent

#01-57 Singapore 160044 Tel: 6924 2951

THK Cluster Support @ Geylang

は Geyiang 太和观乐龄社区支援服务 (芽笼) Blk 93 Paya Lebar Way #01-3057 Singapore 370093 Tel: 6846 1228

THK Cluster Support @ Bedok 太和观乐龄社区支援服务 (勿洛) Blk 13 Bedok South Road #01-625 Singapore 460013 Tel: 6241 8171



CARE CLOSER TO HOME PROGRAMME 邻里关怀居家护理

 THK Care Close to Home (C2H)

 @ Ang Mo Kio 257

 太和观邻里关怀居家护理 (宏茂桥257)

 Blk 257 Ang Mo Kio Avenue 4

 #01-67 Singapore 560257

 Tel: 6926 5329

THK Care Close to Home (C2H) @ Beo Crescent 太和观邻里关怀居家护理 (庙弯) Blk 44 Beo Crescent #01-57 Singapore 160044 Tel: 6924 0375

THK Care Close to Home (C2H) @ Bedok Radiance 太和观邻里关怀居家护理 (勿洛) Blk 13 Bedok South Road #01-625 Singapore 460013 Tel: 6241 8171

THK Care Close to Home (C2H) @ MacPherson 太和观邻里关怀居家护理 (麦波申) Blk 90 Pipit Road #01-103 Singapore 370090 Tel: 6917 3162

THK Care Close to Home (C2H) @ Telok Blangah Crescent 太和观邻里关怀居家护理 (直落布兰雅弯) Blk 4 Telok Blangah Crescent #01-460 Singapore 090004 Tel: 8822 3155

COMMUNITY BEFRIENDING PROGRAMME 社区友伴计划

THK Community Befriending Programme (Boon Lay) 太和观社区友伴计划 (文礼) Blk 190 Boon Lay Drive #01-242 Singapore 640190 Tel: 6246 6065

THK Community Befriending Programme (MacPherson) 太和观社区友伴计划 (麦波申) 93 Paya Lebar Way #01-3057 Singapore 370093 Tel: 6846 1228

THK Community Befriending Programme (Toa Payoh / Chong Pang / Yio Chu Kang) 太和观社区友伴计划 (大巴窑 / 忠邦 / 杨厝港) Blk 650 Ang Mo Kio Street 61

#01-09 Yio Chu Kang Vista Singapore 560650 Tel: 6556 4833

THKMS SERVICES DIRECTORY

THK Community Befriending Programme (Taman Jurong) 太和观社区友伴计划(达曼裕廊) Blk 337 Tah Ching Road #01-01 Singapore 610337 Tel: 6795 1185

THK Community Befriending Programme (Bukit Batok East) 太和观社区友伴计划 (武吉巴督东) Blk 235 Bukit Batok East Ave 5 #01-21 Singapore 650235 Tel: 6566 5303

HOME CARE SERVICES 居家护理服务

THK Home Health Services 太和观居家医疗服务 THK Home Personal Care Services 太和观居家个人照料 THK Interim Caregiver Services 太和观短暂看护服务 Blk 131 Yishun Street 11 #01-235 Singapore 760131 Tel: 6690 0110

MEAL CENTRES 膳食中心

THK Meal Centre @ Telok Blangah Crescent 太和观免费膳食中心 (直落布兰雅弯) Blk 4 Telok Blangah Crescent #01-500 Singapore 090004 Tel: 6270 9443

THK Meal Centre @ Toa Payoh 太和观免费膳食中心 (大巴窑) Blk 31 Lorong 5 Toa Payoh #01-663 Singapore 310031 Tel: 6250 3827

THK Meal Centre @ MacPherson 太和观免费膳食中心 (麦波申) Blk 91 Paya Lebar Way #01-3023 Singapore 370091 Tel: 6741 4255

THK Indus Moral CARE (Subsidised meals) 太和观乐龄活动中心(印度士) (餐食补贴) Blk 79 Indus Road #01-451 Singapore 161079 Tel: 6276 3283

FAMILY SERVICES 家庭服务

THK Family Service Centre @ Bedok North 太和观家庭服务中心 (勿洛北) Blk 554 Bedok North Street 3 #01-241 Singapore 460554 Tel: 6449 1440 THK Family Service Centre @ MacPherson 太和观家庭服务中心 (麦波申) Blk 91 Paya Lebar Way #01-3023 Singapore 370091 Tel: 6741 4255

THK Family Service Centre @ Tanjong Pagar 太和观家庭服务中心 (丹戎巴葛) Blk 18 Jalan Membina #04-01 Singapore 164018 Tel: 6270 6711

THK Family Service Centre @ Jurong 太和观家庭服务中心 (裕廊)

Blk 183B Boon Lay Avenue #01-716 Singapore 642183 Tel: 6716 9466

THK Family Service Centre @ Bukit Panjang

太和观家庭服务中心 (武吉班让) Blk 139 Petir Road #01-448 Singapore 670139 Tel: 6767 1740

THK Centre For Family Harmony @ Circuit

太和观家和中心 (循环路) Blk 37 Circuit Road #02-455 Singapore 370037 Tel: 6747 7514

THK Centre For Family Harmony @ Commonwealth

太和观家和中心 (联邦通道) Blk 54 Commonwealth Drive #01-566 Singapore 142054 Tel: 6357 9188

CHILDREN SERVICES 儿童服务

 THK EIPIC Centre

 @ Choa Chu Kang

 太和观婴ル与幼儿早期介入计划 (蔡暦港)

 Blk 606 Choa Chu Kang Street 62

 #01-139 Singapore 680606

 Tel: 6762 9125

THK EIPIC Centre @ Woodlands

★和观婴儿与幼儿早期介入计划(兀兰) Blk 716 Woodlands Drive 70 #01-124 Singapore 730716 Tel: 6362 5371

THK EIPIC Centre @ Tampines 太和观婴ル与幼ル早期介入计划(淡滨尼) Blk 424 Tampines Street 41 #01-188 Singapore 520424 Tel: 6783 5338

THK EIPIC Centre @ Ang Mo Kio 太和观婴ル与幼ル早期介入计划 (宏茂桥) Blk 313 Ang Mo Kio Avenue 3 #01-2322 Singapore 560313 Tel: 6499 9379

THKMS SERVICES DIRECTORY

THK Super Talent Childcare (Membina) 太和观超智托儿所 (孟比那) Blk 18 Jalan Membina #03-01 / 02 Singapore 164018 Tel: 6276 4243

THK Super Talent Childcare (MacPherson 122) 太和观超智托儿所 (麦波申122) Blk 122 Paya Lebar Way #01-2903 Singapore 381122 Tel: 6844 3550

THK Super Talent Childcare (MacPherson 93) 太和观超智托儿所 (麦波申93) Blk 93 Paya Lebar Way #01-3039 Singapore 370093 Tel:6741 8359

THK Super Talent Childcare (Ang Mo Kio) 太和观超智托儿所 (宏茂桥) Blk 218 Ang Mo Kio Avenue 1 #01-925 Singapore 560218 Tel: 6552 1058

THK Super Talent Student Care Centre (Bedok North) 太和观超智学童托管中心 (勿洛北) Blk 534 Bedok North Street 3 #01-806 Singapore 460534 Tel: 6449 9054

THK Super Talent Student Care Centre (Bukit Panjang) 太和观超智学童托管中心 (武吉班让) Blk 141 Petir Road #01-270 Singapore 670141 Tel: 6767 1770

THK Super Talent Student Care Centre (Punggol Walk) 太和观超智学童托管中心 (榜鹅径) Blk 213C Punggol Walk #01-781 Singapore 823213 Tel: 6443 1218



For the map of the programmes and services provided by THK, please scan the QR code above

Southout Boundaries 47



THYE HUA KWAN MORAL SOCIETY

1 North Bridge Road #03-33 High Street Centre Singapore 179094 Tel: 6337 1201 Fax: 6333 5141 Email: thkms-hq@thkms.org.sg Website: www.thkms.org.sg