

ANNUAL REPORT 2019





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Respect people of offerent Raca, Colour, Craad, Languages culture & Religion

VISION

To Serve Mankind

ABOUT US

MISSION

To help anyone who needs help with full respect to their race, colour, creed, language, culture and religion.

TO PROMOTE

- · Love and care for each other, irrespective of any differences;
- Respect for each other's race, colour, creed, language, culture and religion;
- The universal virtues of filial piety, brotherliness, loyalty, trustworthiness, propriety, righteousness, incorruptibility, decency, humanity and wisdom;
- · The Oneness of Mankind;
- The transcending of all differences

OBJECTIVES

- · To promote good morals and virtues with full respect to each person's, colour, creed, language, culture and religion.
- · To help all people and to give relief to anyone in hardship, disaster or need, without discrimination as to race, colour, creed, language or religion; to carry out welfare work for the good of mankind, including rendering of free medicine and medical services, financial and personal support for those who are weak, old, poor, sick or disabled; the promotion of education, and the provision of free burial and funeral expenses, etc.
- · To encourage the worship and reverence to God and the Virtuous Founders of the various Religions, to the Saints, Sages, Buddhas and Deities of these Religions and to promote their virtuous Teachings without differentiation as to religious denominations; to promote respect for each other's religious belief and the universality of all religions; to promote the Oneness of Mankind.
- · To establish Child Care Centres, Family Service Centres or other community, social or welfare services for the general welfare of the community and to make rules for the management of such Centres or Services.

CORPORATE INFORMATION

PLACE OF BUSINESS

1 North Bridge Road, #03-33 High Street Centre, Singapore 179094

CHARITY REGISTRATION NUMBER

0805

REGISTRY OF SOCIETIES/ REGISTRATION NUMBER

110/78

UNIQUE ENTITY NUMBER

S78SS0031K

BANKERS

Oversea-Chinese Banking Corporation Ltd (OCBC Bank)

AUDITORS

Lo Hock Ling & Co

REGISTRATIONS

The Society is registered with the Registry of Societies and with the Commissioner of Charities. The Society was registered with the Registry of Societies on 22 April 1978 and with the Commissioner of Charities on 26 April 1991.



Mr Lee Kim Siang, BBM(L) Chairman Thye Hua Kwan Moral Society 8 THEMS ANNUAL REPORT 2019

CHAIRMAN'S MESSAGE

Thye Hua Kwan Moral Society (THKMS) celebrated 41 years of history in 2019. Over the years, THKMS has grown to serve even more people within the community through a wider range of services, coupled with higher quality of care for our beneficiaries. To date, we serve 4 main groups of beneficiaries - the elderlies, families, children and youths as well as persons with disabilities.

2019 was a momentous year for us, as it marked the opening of Thye Hua Kwan Temple. The Temple was built in line with **THK**'s commitment to promote racial and religious harmony in Singapore, where people with different beliefs and ethnic backgrounds can gather in unity and respect for one another. This is done through talks organised at the Temple and a Library of books from various religions to help promote racial and religious understanding. Moreover, portraits of the 5 major religions in the world are also displayed in the main prayer hall to symbolise respect for mankind regardless of race, religion or culture.

Inspired by volunteers and the people working in the social service sector, Mr Lum Hon Fye joined Thye Hua Kwan Moral Charities (THKMC) as its CEO in November 2019, with a heart to serve the underprivileged people in our community. Mr Ardi S. Hardjoe was newly appointed as CEO of Ang Mo Kio-Thye Hua Kwan Hospital in February 2020, while still serving as CEO of Thye Hua Kwan Nursing Home @ Hougang. In his roles, he hopes to address some of the eldercare issues faced in Singapore. Mr Lawrence Ng has been serving as CEO for THKMS and oversees the running of Super Talent Child Care and Student Care Centres, THK Free Meal Centres, THK Angsana Home @ Pelangi Village, THK Moral Welfare Home and THK Free Clinics.

We also celebrated Inter Racial Inter Religious (IRIR) Harmony Nite 2019, to show our unwavering commitment to promote racial and religious harmony in Singapore. The theme for IRIR 2019 was Journey As One: A celebration of togetherness. Inter Religious Organisation (IRO) started the ceremony with the

invocations to reinstate the various beliefs we have in Singapore. With the theme in mind, the 4 Self-Help Groups (SHGs) in Singapore, Yayasan MENDAKI, Chinese Development Assistance Council (CDAC), Singapore Indian Development Association (SINDA) and the Eurasian Association (EA) contributed dance and song items for the event. THKMS also contributed performances; THK Big Band entertained the audience by playing a medley of traditional songs as well as modern jazz hits and THK Harmony Ensemble, a Chinese Orchestra, performed popular cultural songs.

As part of IRIR 2019, we also held a counter-terrorism exercise, known as 'Exercise Heartbeat', at Ang Mo Kio-Thye Hua Kwan Hospital. This exercise was jointly organised by Thye Hua Kwan Moral Society and the Singapore Police Force, supported by the Singapore Civil Defence Force. This simulation exercise served as a timely and solemn reminder in the wake of terror attacks happening around the world.

At Ang Mo Kio-Thye Hua Kwan Hospital, we constantly strive to provide a better quality of care for our patients. In 2019, we launched new initiatives, such as the Gardening Programme and Percussion Programme. Such initiatives helped to lift the patients' moods by keeping them mentally, physically and socially engaged. The tireless dedication of the staff was recognised, as they received The Singapore Health Quality Service Awards and the Community Care Manpower Development Awards.

Thye Hua Kwan Nursing Home @ Hougang was set up to provide person-centred quality nursing care for our seniors, to facilitate aging in the community. Thye Hua Kwan Nursing Home @ Hougang is known to have the largest population of clients living with dementia in a Singapore Nursing Home. Thye Hua Kwan Nursing Home @ Hougang places great emphasis on providing an experiential sensory experience and therapy for their residents with dementia. With such initiatives. it was nominated for the 7th Asia Pacific Ageing Asia Eldercare Innovation Awards in December 2018, under the "Best Dementia Programme" category. It was also shortlisted for the Awards Night at the 10th International Ageing Asia Innovation Forum and eventually awarded as finalist for the Best Dementia Programme.

THKMS has provided approximately 49,800 free and subsidised meals for the elderlies in 2019. To date. THK has 4 Free Meal Centres, serving meals to the frail and needy in our community. These meal centres are unfunded and are operating on donations and fundraising efforts. Healthy meals are served to ensure that our seniors' dietary requirements are met. This is our commitment to ensure that the needy do not go hungry in Singapore.

THKMC has continued to provide help to those in need, such as through 'Meals on Wheels'. This essential service runs 365 days regardless of rain or shine - where warm and healthy meals are delivered twice a day to more than 750 frail or elderly clients. THKMC has also enhanced our programmes and services to reach out to the community at large. These includes the launch of 'Seeds of Love' urban farming initiative on 20 July 2019, to promote active ageing for seniors and encourage inter-generation communication. **THK**MC was appointed by Ministry of Culture, Community and Youth (MCCY) to operate the SG Cares Volunteer Centre @ Boon Lay, which was launched on 7 December 2019. This volunteer centre helps to build volunteer engagement capabilities and breed a strong volunteering spirit in the Boon Lay community.

While we remain committed to our mission, which is to help anyone in need - with full respect to their race, colour, creed, language, culture and religion, we cannot do it alone. We thank our Board Members, staff, donors and volunteers, Ministry of Social and Family Development, Ministry of Health, National Council of Social Service, Agency for Integrated Care, Community Chest and Tote Board for the unwavering support. THKMS will continue to work closely with these community stakeholders to strive towards our vision, which is to serve mankind.





THKMS MANAGEMENT COMMITTEE

Chairman Mr Lee Kim Siang

Vice-Chairman Mr Ching Chiat Kwong

Vice-Chairman Mr Goh Tok Mong

Vice-Chairman Mr Ong Ser Huan

Vice-Chairman Ms Tan Chor Yeong

Hon. Secretary Ms Lee Soon Hong

Asst. Secretary Mr Lee Teik Yhong

Hon. Treasurer Ms Yang Qiu Ping

Asst. Treasurer Ms Cheng Yie Hua

Head Medicine Free Clinic Mr Sim Beng Chiang

Asst. Head Medicine Free Clinic Mr Sim Beng Swee

Head Moral Promotion Ms Goh Soo Hian

Asst. Head Moral Promotion Mr Lee Kim-Huang

Head Welfare Services Mr Tay Kiam Peng

Asst. Welfare Services Mr Kuak Keian Meng

Chinese Correspondent Ms Er Hwee Ju

Asst. Chinese Correspondent Ms Yao Ya Ting

English Correspondent Aloysius Anthony Sebastian

Asst. English Correspondent Mr Lee Teik Tiee

Head Public Relations Mr Winston Sim Teck Siang

Asst. Head Public Relations Ms Lew Soh Wah

Committee Members Mr Tan Chu Kee

Committee Members Mr Deon Sim Yi Xing

Committee Members Ms Sim Pei Ling Pearlyn

Committee Members Mr Ong Kam Chow

Committee Members Ms Kung Tsui Hua

Committee Members Ms Er Hwee Yong



THK MORAL WELFARE HOME

THK ANGSANA HOME @ PELANGI VILLAGE



THK FREE MEAL CENTRE (TELOK BLANGAH CRESCENT)

THK FREE MEAL CENTRE (INDUS MORAL CARE)

THK FREE MEAL CENTRE (MACPHERSON)

THK FREE MEAL CENTRE (TOA PAYOH)

THK MEAL SERVICES



THK FREE FUNERAL RITES



THK TCM FREE CLINIC (TAMAN JURONG)

THK TCM MEDICAL CENTRE (AMK-THK HOSPITAL)

THK FREE CLINIC (WESTERN) (MACPHERSON)



SUPER TALENT CHILDCARE (MEMBINA)

SUPER TALENT CHILDCARE (MACHPERSON 93)

SUPER TALENT CHILDCARE (MACPHERSON 122)

SUPER TALENT CHILDCARE (ANG MO KIO)



SUPER TALENT STUDENT CARE CENTRE (PUNGGOL WALK)

SUPER TALENT STUDENT CARE CENTRE (BEDOK NORTH)

SUPER TALENT STUDENT CARE CENTRE (BUKIT PANJANG)



ANG MO KIO -THYE HUA KWAN HOSPITAL

www.amkh.org.sg



THKMS

THYE HUA KWAN MORAL SOCIETY

www.thkms.org.sg

THKMS ORGANISATION CHART



THYE HUA KWAN NURSING HOME @ HOUGANG

www.thknh.org.sg



THYE HUA KWAN MORAL CHARITIES

www.thkmc.org.sg



THKMS ANNUAL EVENTS



THK Charity Buddha 2019

Minister for Education Mr Ong Ye Kung officiated the launch of the 14th THK Charity Buddha Donation Drive on 21 April 2019.

As a symbol of goodwill and compassion, the Laughing Buddha statue attracts people from all walks of life to contribute to a good cause. This donation drive promotes the spirit of giving, and raises around \$200,000 yearly. These proceeds are used to support THK programmes and services, such as providing food and medical services for the needy.

During this launch, the guests received Easter eggs to commemorate Easter Sunday, which coincides with the launch. This is in line with THK's objectives to celebrate harmony in diversity, with respect to all races and religions in Singapore.

THK Charity Buddha donation drive is supported by Sin Chew Chinese Cultural Products Supermart Private Limited, which sponsored the venue for the Laughing Buddha statue.

THK Spring Festival 2019

A musical extravaganza with a fusion twist of multicultural performances took place in the heart of Chinatown on 12 January 2019. Our homegrown talents - THK Bravehearts, THK Big Band, a Chinese Orchestra made up of staff from THK EIPIC Centres and THK School of Performing Arts, and staff from Ang Mo Kio-Thye Hua Kwan Hospital and THK Nursing Home @ Hougang wowed the crowd at the THK Spring Festival 2019 with an array of song and dance performances that kickstarted a brand new year.

Adviser for Jalan Besar GRC Grassroots Organisation Dr Lily Neo showcased her vocal talents by performing 2 traditional songs, while **THK**MC Board Member Mr Richard Eu, who is also the Chairman of Eu Yan Sang (Singapore) Private Limited, charmed the audience with 2 well-known nostalgic masterpieces.



The talented residents from **THK** Home for Disabled @ Eunos, known as the **THK** Bravehearts, sprang the **THK** Spring Festival 2019 with a roaring Chinese drum performance





THK Triple Celebrations 2019

On 20 May 2019, Thye Hua Kwan Moral Society celebrated her 41st anniversary. This was a momentous event as it also marked the opening of Thye Hua Kwan Temple. In line with THK commitment to promote racial and religious harmony in Singapore, the Temple was constructed as a place where people with different beliefs can come together. Talks are organised at the Temple and the Library is filled with books of the different religions to help promote racial and religious understanding. Portraits of the 5 major religions in the world (Buddhism, Confucianism, Taoism, Christianity and Islam) displayed in the main prayer hall symbolises respect for all races, languages, religions, cultures or creed.

Senior Minister of State for Health and Transport Dr Lam Pin Min, Minister of State for Foreign Affairs and Social and Family Development Mr Sam Tan, and Member of Parliament Dr Lim Wee Kiak graced this event. Over 1,000 attendees including community partners, grassroots leaders, THK beneficiaries and residents from Sengkang West attended the event.

After the consecration ceremony, our guests toured the temple facilities and celebrated the joyous occasion with performances put up by THK staff and beneficiaries.



1st from left: THK Chairman Mr Lee Kim Siang, Senior Minister of State for Health and Transport Dr Lam Pin Min and Minister of State for Foreign Affairs, Social and Family Development Mr Sam Tan celebrating this joyous event with distinguished guests



The grand finale at Inter Racial Inter Religious Harmony Nite 2019

Inter Racial Inter Religious Harmony Nite 2019

The 16th Inter Racial Inter Religious (IRIR) Harmony Nite was graced by President of Republic of Singapore Madam Halimah Yacob, as Guest-of-Honour on 6 July 2019. Inter Religious Organisation (IRO) started the ceremony with the invocations to reinstate the various beliefs we have in Singapore. Themed "Journey As One: A celebration of togetherness", the 4 Self- Help Groups (SHGs) in Singapore - Yayasan MENDAKI, Chinese Development Assistance Council (CDAC), Singapore Indian Development Association (SINDA) and the Eurasian Association (EA) contributed dance and song performances that night at the Sands Ballroom of Marina Bay Sands. THK Big Band and THK Harmony Ensemble also performed popular cultural songs.



THKMS ANNUAL EVENTS



Volunteers from Republic Polytechnic getting ready to paste the table top stickers at Marsiling Mall Hawker Centre

Participants pt

Harmony Telematch

Play, bond and unite - Individuals of different races and religions came together for traditional and old-school games. On 30 June 2019, 40 teams of 4 gathered at Our Tampines Hub for a friendly competition. The winning team even received \$1,000 worth of PUMA youchers!

Participants playing Snakes and Ladders during the Harmony Telematch

Harmony Buzz

On 1 June 2019, THK Aviators helped spread the message of racial harmony at various hawker centres managed by the National Environment Agency (NEA) as they pasted racial harmony promotional stickers on the table tops. The volunteers were mostly students from ITE College Central, Republic Polytechnic and Management Development Institute of Singapore (MDIS), while some were independent volunteers. The teams also encouraged the members of the public to sign up for the annual Inter Racial Inter Religious Harmony Nite 2019 by scanning the QR codes on the table top stickers.

Harmony Drill

Singapore's Ground Response Force (GRF) is known to be alert to deal with a domestic terror, but are the people ready? A counter-terrorism exercise was simulated at the Ang Mo Kio-Thye Hua Kwan Hospital on 26 June 2019 as a timely and solemn reminder in the wake of terror attacks happening around the world. Ministry of Home Affairs and Ministry of National Development, Senior Parliamentary Secretary Ms Sun Xueling was present to observe the exercise. Codenamed "Heartbeat", the simulation was jointly organised by Thye Hua Kwan Moral Society and the Singapore Police Force, supported by the Singapore Civil Defence Force.



Ministry of Home Affairs and Ministry of National Development, Senior Parliamentary Secretary Ms Sun Xueling with THK representatives and organising partners of the Harmony Drill

Super Talent Childcare

Super Talent Childcare Limited continues to strive for quality care and education for young children, from 2 months to 6 years old, as the childcare reaches its fourth year as an appointed Partner Operator (POP) under the Early Childhood Development Agency's (ECDA) POP Scheme. While the leaders and teachers participate in various projects with community partners and families, the centres were also renovated to keep up with a new and modern learning environment.



Children of Super Talent Childcare (Ang Mo Kio) in different ethnic costumes at the annual Racial Harmony Day Celebration

THKMS CEO Mr Lawrence Ng and the teachers as the family telematch commenced

All cheers from



A child attempting to knock the condense milk cans at the "Milk Toss Turn" game booth

Super Talent Childcare Sports and Family Day 2019

Held on 8 June 2019 at Pasir Ris Sports Centre, the annual Super Talent Childcare Sports and Family Day kicked off with raucous cheers

from the children and families as THKMS CFO

Mr Lawrence Ng graced the event as Guest-

of-Honour. There were various telematch

games, carnival booths and bouncy castles,

which encouraged healthy living and family

bonding. At the event, partners and vendors such as ActiveSG Football Academy, Young Generations, Gloricious Events & Concepts, The Balloon Thing and Win Win Food were invited to receive tokens of appreciation.



Super Talent Childcare (Ang Mo Kio) children queueing up at Teck Ghee Primary School canteen to buy lunch



Super Talent Childcare (MacPherson 93) children learning about the different parts of a dinosaur

A Child's Learning **Journey**

For a better learning experience, Super Talent Childcare Limited incorporated more outdoor learning opportunities for the children. On 11 April 2019, K2 children of Super Talent Childcare (Ang Mo Kio) visited Teck Ghee Primary School to experience primary school life. The children participated in an art class where they made crayon resist painting bookmarks and also had the opportunity to explore the Science Room where they made paper helicopters. Meanwhile, children from Super Talent Childcare (MacPherson 93) made a trip to the Science Centre Singapore to embark on a journey back in time at the DinoQuest. The palaeontology exhibition consisted of 7 thematic zones with interactive and immersive multimedia technology, from animatronics to holograms and virtual reality, which encourages and extends a child's curiosity to meaningful learning.

SPARK Certification

Super Talent Childcare (MacPherson 93) attained the SPARK certification on 13 September 2019, joining the ranks of Super Talent Childcare (Ang Mo Kio), Super Talent Childcare (MacPherson 122) and Super Talent Childcare (Membina). SPARK is a quality assurance framework that provides recognition and support for preschools to improve teaching, learning, administrative and management processes to enhance the holistic development and well-being of young children.



3rd from left: **ECDA Quality** Assurance Branch Head Mrs Fong Yoon Fah, Senior Parliamentary Secretary, Ministry of Education and Ministry of Manpower Ms Low Yen Ling presenting the SPARK certification to staff from Super Talent Childcare (MacPherson 93)



Super Talent Student Care Centres

Super Talent Student Care Centres provide care and supervision to children aged 7 - 14 years old with a conducive environment for holistic development by rendering homework supervision, organised play, enrichment and recreational activities. Currently, there are 3 Super Talent Student Care Centres - Bedok North, Bukit Panjang and Punggol Walk.

Collaboration with Ngee Ann Polytechnic

Throughout the four-day programme with Ngee Ann Polytechnic, the children of Super Talent Student Care Centre (Bukit Panjang) learnt about 'Events Management' from the year two students of the Hotel and Leisure Facilities Management course. The children were split into 4 teams of 10 students where they successfully organised an event each.

Children from Super Talent Student Care Centre (Bukit Panjang) having a self-made pizza feast with Ngee Ann Polytechnic students





Children posing with their handmade soaps at Super Talent Student Care Centre (Punggol Walk)

Enrichment Activities

Several school trips to educational exhibitions at the various museums in Singapore such as All Hands on Deck! @ Malay Heritage Centre, Little Adventures @ India Heritage Centre and An Afternoon with Friends @ Sysnmh & Balestier Heritage Trail. During the June and December school holidays, the children enjoyed their time making simple 'do-it-yourself' crafts such as festive cards, handmade soaps and pencil cases at Super Talent Student Care Centre (Punggol Walk).



Children from Super Talent Student Care Centre (Bukit Panjang) trying on traditional turbans at the Indian Heritage Centre



Super Talent Student Care Centres children wearing their handmade paper headbands

THK Angsana Home @ Pelangi Village

THK Angsana Home @ Pelangi Village is a gazetted Welfare Home under the Destitute Persons Act. With its commission to recuperate destitute persons, the Home is more than a shelter to 165 main home residents; it provides them with care and rehabilitation. The Home also operates an Intake Centre, for newly admitted persons, and has a capacity for 20 residents.

Thye Hua Kwan Moral Society (**THK**MS) was engaged by the Ministry of Social and Family Development (MSF) to manage the Home for 3 years, effective from 1st April 2018. The Care Model at the Home comprises a holistic assessment of the resident's individual needs where unique care plans and interim goals are fostered - empowering the residents. With an integrative team of nurses, caseworkers, operations and care staff, admin and support personnel, the residents of **THK** Angsana Home @ Pelangi Village are quaranteed quality care and support.



SOUNDEYE

An intelligent monitoring system that is able to pick up calls of distress from residents facilitating a more efficient response by home staff on duty.



Strategic Partnership

THK Angsana Home @ Pelangi Village continuously explores to collaborate with more external partners. In 2019, a new partnership was forged with Yio Chu Kang Chapel, while the Home maintains close relations with pre-existing partners such as National Addictions Management Services (NAMS), Industrial & Services Co-operative Society Ltd (ISCOS Singapore), Institute of Mental Health, Singapore Association for Mental Health, and the Esplanade.

On 12 December 2019, residents of the Home were invited to the Esplanade to enjoy a Chinese drums performance. The residents got hands-on experience on playing the drums as they learnt basic percussive rhythms. However, the biggest takeaway would be learning the importance of teamwork and building a strong sense of community.

Strategic Planning

The Home strives to meet the provocations of the fast-evolving and ever-changing social and technical landscape to constantly provide better and more efficient services to the residents. As the Home embarks onto the final stage of the 3-phase strategic plan known as "Angsana Future Ready" in 2020, the Home has initiated the Angsana Residents Movement System, an electronic system to track and account for the movement of residents with a supplementary section for staff attendance, along with the SoundEye.



A staff rejuvenating the garden soil at **THK** Angsana Home @ Pelangi Village

THKMS WELFARE SERVICES



Residents of **THK** Moral Welfare Home undergoing Aqua Therapy

THK Moral Welfare Home

THK Moral Welfare Home is a gazetted welfare home of the Ministry of Social and Family Development (MSF), managed by Thye Hua Kwan Moral Society. The Home renders care and rehabilitation for the destitute residents. A handful of the residents have multiple disabilities, while most are intellectually disabled.

The multi-disciplinary team of **THK** Moral Welfare Home consists of the case management, nursing and operations team. Periodic checks are conducted monthly by the Board of Visitors (BOV) to review the Home's facilities and residents' welfare.

Community and Corporate Partnerships

THK Moral Welfare Home revisited the "Aqua Therapy", a therapy programme utilised in the previous years. The Aqua Therapy sessions are specially designed for residents who suffer from musculoskeletal disorder (MSDs). Over the course of 10 weeks, participants had improvements in flexibility, balance, coordination and muscle endurance.

THKMS WELFARE SERVICES

The annual "Big Day Out 5" was held at the S.E.A Aquarium on 2 October 2019, with an attendance of 110 residents and 47 care staff. Special thanks to longterm partner, James Cook University, for giving full support and sponsorship for the fifth year. The Home is also wholesomely grateful to the volunteers of the following organisations for their continued support and joy given to our residents:

Be Kind SG Christ Grace Church Football Association of Singapore Gardens by the Bay Mahaprajna Buddhist Association NUS Volunteer Action Committee People's Association **Project Dignity** Pu Ti Buddhist Temple Silat Road Sikh Temple The Esplanade Zhi Zhen Tan Dao Xue Charity



THK Moral Welfare Home staff and residents, together with volunteers from James Cook University at S.E.A Aquarium for Big Day Out 5



THK Moral Welfare Home staff having fun while grilling their food at a barbeque party at the Junior Staff Retreat 2019



A resident dressed up for the 'Be Kind SG Concert & Magic Show' at THK Moral Welfare Home

THK Free Meal Centres

THKMS has provided approximately 49,800 free and subsidised meals for the elderly in 2019, at the following locations.



THK FREE MEAL CENTRE ® TELOK BLANGAH CRESCENT

Blk 4 Telok Blangah Crescent #01-500 Singapore 090004

THK FREE MEAL CENTRE @ TOA PAYOH

Blk 31 Lorong 5 Toa Payoh #01-663 Singapore 310031

THK FREE MEAL CENTRE @ MACPHERSON

Blk 91 Paya Lebar Way #01-3023 Singapore 370091

THK INDUS MORAL CARE (SUBSIDISED MEALS)

Blk 79 Indus Road #01-451 Singapore 161079

THK Medical Services

THK Medical Services serve anyone who is in need, regardless of their race, colour, creed, language, culture and religion. THKMS offers medical services for the community by running several free clinics, namely THK Moral Free Clinic (Western Medical) located within THK Family Service Centre @ MacPherson, as well as THK Traditional Chinese Medicine (TCM) centres located at Taman Jurong and Ang Mo Kio-Thye Hua Kwan Hospital.

THK Moral Free Clinic (Western Medical) welcomes migrant workers who are in need of medical consultations. It opens once a week and has about 250 patient visits annually. THK TCM Medical Centre (Taman Jurong) opens twice a week and had 1,981 patient visits in 2019. On the other hand, THK TCM Medical Centre (AMK-THKH) operates 5.5 days per week and had about 9,959 patient visits in 2019.



Doctor checking on a patient at **THK** TCM Medical Centre (Taman Jurong)

THK MORAL FREE CLINIC (WESTERN MEDICAL)

Blk 91 Paya Lebar Way #01-3023 Singapore 370091

Tel: 6741 4255 Operating Hours:

Every Tuesday: 6pm to 8pm

THK TCM MEDICAL CENTRE (TAMAN JURONG)

Blk 337 Tah Ching Road #01-01 Singapore 610337

Tel: 6795 1185
Operating Hours:
Monday: 6pm to 9pm
Thursday: 9am to 12pm
and 6pm to 9pm

THK TCM MEDICAL CENTRE (AMK-THKH)

17 Ang Mo Kio Ave 9 Singapore 569766 Tel: 6450 6172 Operating Hours:

Monday to Friday: 8am to 12.30pm

and 1.30pm - 5pm Saturday: 8am to 12pm

Closed on Sundays and Public holidays

Ang Mo Kio-Thye Hua Kwan Hospital



Ang Mo Kio-Thye Hua Kwan Hospital nurse attending to a patient

Ang Mo Kio-Thye Hua Kwan Hospital is a 370 bedded community hospital that offers rehabilitative and sub-acute care. It offers a customised care plan for every patient, to help them regain independence and mobility, so as to integrate them back into the community. Ang Mo Kio-Thye Hua Kwan Hospital had a total of 3,182 patients in 2019.

Staff Appreciation Night 2019

On 29 November 2019, the Staff Appreciation Night for Ang Mo Kio-Thye Hua Kwan Hospital took place in the grand ballroom of Marina Bay Sands Hotel. It was a night to thank the hospital staff for their dedication and hard work in caring for our patients. With the theme "Glitz & Glamour", everyone came dressed to the nines and suited up. This event was organised for the first time, in replacement of the annual celebration party at the hospital's courtyard.

Staff on duty who were unable to make it to the dinner enjoyed a carnival at the hospital, where they enjoyed sweet treats such as cupcakes and frozen yoghurt. They also had fun trying out sand art and terrarium craft at the activity booths.

THKMS SUBSIDIARIES



THK Chairman Mr Lee Kim Siang expressing his appreciation towards the staff of Ang Mo Kio-Thye Hua Kwan Hospital



THK staff nominated for the "Best Dressed Award" showcasing his outfit for the night



Ang Mo Kio-Thye Hua Kwan Hospital nurses on shift at the carnival

New Programmes and Initiatives

Percussion Programme

The objective of the Percussion Programme is to enhance patients' sense of confidence, increase their social skills and allow the appropriate release of emotions.

Patients are involved in playing percussion instruments like Bass Drums, Hand Drums and Hand Percussion (Tambourines, Shakers, Hand Bells, Triangle etc). Playing such instruments helps patients to reduce tension, anxiety, depression, stress and improve their joint mobility, posture and motor skills. Patients are guided by the trainer and his assistant, and the volunteers distribute the instruments to the patients and encourage the interaction between patients.



Patients gathered in a circle playing percussion instruments under the guidance of the trainer and his assistant

Ang Mo Kio-Thye Hua Kwan Hospital



A staff from Ang Mo Kio-Thye Hua Kwan Hospital assisting a patient to water his plants

New Programmes and Initiatives

Gardening Programme

The programme seeks to create gardening opportunities for patients to remain active and engaged during their stay in Ang Mo Kio-Thye Hua Kwan Hospital. This initiative also serves to provide rehabilitation purposes through gardening, and allows the patients to learn new things, which is the growing of plants.

During this programme, patients plant the 'kang kong' seeds which are expected to be ready for harvest in a month. To do so, they have to loosen the soil, remove weeds and water the plants with the help from volunteers at times. Volunteers also assist to wheel the patients around the garden to catch some fresh air. Through this activity, patients are able to bond with the volunteers.

Staff Achievements and Awards

Singapore Health Quality Service Awards 2019 (SHQSA)

The Singapore Health Quality Service Awards was held on 15 January 2019 at the University Cultural Centre, National University of Singapore. President Halimah Yacob, who was the Guest-of-Honour, presented awards to healthcare professionals.

This award honours healthcare professionals who have delivered quality care and exceptional service to patients.

Ang Mo Kio-Thye Hua Kwan Hospital bagged a total of 139 Silver, 96 Gold, 62 Star, 1 Superstar Finalist and 1 Superstar awards.



Staff from Ang Mo Kio-Thye Hua Kwan Hospital taking a group photo at the Singapore Health Quality Service Awards 2019



11 recipients from Ang Mo Kio-Thye Hua Kwan Hospital received the Community Care Manpower Development Award

Community Care Manpower Development Award 2019

The Community Care Manpower Development Award aims to improve the manpower capabilities of the Community Care sector, to meet the demands of our ageing population.

On 18 September 2019, 11 recipients from Ang Mo Kio-Thye Hua Kwan Hospital received the award from Guest-of-Honour, Senior Minister of State for Ministry of Health & Ministry of Environment and Water Resources Dr Amy Khor. These awards provide the recipients with opportunities to upgrade their skills and further develop their career in the Community Care sector.

Ang Mo Kio-Thye Hua Kwan **Hospital**

Nurses' Merit Award 2019

The Nurses' Merit Award is given by the Ministry of Health to nurses who have demonstrated consistent and outstanding performances for the past three years, had professional development, and made contributions to promote the nursing profession.



Nurses from Ang Mo Kio-Thye Hua Kwan Hospital taking a group photo with Guest-of-Honour, Minister for Health Mr Gan Kim Yong and Senior Minister of State for Ministry of Health & Ministry of Environment and Water Resources Dr Amy Khor

AMK-THK Hospital Board Members and Committees

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(Honorary) & Chairman Mr Lee Kim Siang

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(retired on 1 June 2019)

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(appointed on 2 April 2019)

Hon. Treasurer Mr Zulkifli Bin Baharudin

(tenure from 6 April 2015 to 1 April 2019)

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Member Dr Tan Tiong Har Member Mr Ong Ser Huan

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Member Dr Tan Tiong Har
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Member Mr Zulkifli Bin Baharudin

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Chairman Prof Alex Siow
Member Mr Koh Juay Meng
Member Mr Samuel Ang

Thye Hua Kwan Nursing Home @ Hougang





Thye Hua Kwan Nursing Home @ Hougang was awarded as finalist for the "Best Dementia Programme"

Thye Hua Kwan Nursing Home @ Hougang was set up to provide person-centred quality nursing care for our seniors, to facilitate aging in the community. As of December 2019, there are 277 admitted patients, including 125 elderly patients with dementia.

A series of programmes and community partnerships are in place to keep the residents engaged and actively stimulated to counter the four major problems of loneliness, boredom, despair and isolation which are common problems for many seniors staying in residential care.

Thye Hua Kwan Nursing Home @ Hougang is known to have the largest population of clients living with dementia in a Singapore Nursing Home, with modern facilities to enhance overall well-being. The nursing home places great emphasis on providing an experiential sensory experience and therapy for their residents with dementia. By launching the sensory room, which is a space for enjoying a variety of sensory experiences and gentle stimulation of the senses in a controlled way, Thye Hua Kwan Nursing Home @ Hougang became the first nursing home to implement this innovative purpose-built room. Thye Hua Kwan Nursing Home @ Hougang was shortlisted for the Awards Night at the 10th International Ageing Asia Innovation Forum and eventually awarded as finalist for the Best Dementia Programme.

New Programmes and Initiatives

Nurse-led Programmes

The nursing team from dementia wards would conduct daily sessions with the residents using dementia boards and blankets. Items like these provide engagement that can be calming and help to prompt special memories or a sense of usefulness, or evoke feelings of joy. This can lead to sustained periods of improved mood and self-esteem, and increased social interaction. There are also Art & Craft sessions held by the nursing team, to engage the residents and keep them mentally active.

Sensory Art sessions were held on every Monday, and are led by therapy aides and healthcare assistants. 3 residents from each ward attend these weekly sessions and new residents will be selected to join every quarterly.



Thye Hua Kwan Nursing Home @ Hougang staff guiding the seniors during the Sensory Art sessions

Nagomi Pastel Art Workshop was piloted on 20 August 2019 and is currently conducted by a therapy aide and 3 nurses who are trained. This workshop is for residents in the wards, especially those bed bound residents who need to develop their hand and fingers motor skills.



Residents creating beautiful art pieces during the Nagomi Pastel Art workshop

Workshops for the residents

Forest 3 Educare is a member of raiSE Singapore, Centre for Social Enterprise which offers Art & Craft Programmes and aims to build an inclusive society while developing skills such as creativity. Forest 3 Educare's "We CARE Art & Craft" started on 31 October 2019, with sessions held every Thursday and is funded by Visa Inc. These workshops allow the residents to exercise their hands and create beautiful craftwork. Outings were also planned so that residents can do their artworks outside the nursing home.

Thye Hua Kwan Nursing Home

@ Hougang



Residents receiving therapy in the spacious sensory room

New Programmes and Initiatives

Therapy-led Programmes

Snoezelen Therapy is held weekly in our spacious sensory room at Thye Hua Kwan Nursing Home @ Hougang. Led by the occupational therapist and the rehabilitation team, there have been promising preliminary results in terms of the calming effect in addressing "sundown syndrome" in seniors, improvement in maladaptive behaviours and cognitive aspects of attention, memory recall and social interaction.

Exercise Corner Programme was implemented in February 2019, where the therapists engaged dementia residents with individual and group exercise sessions. They also put in place a Falls Prevention Programme where baseline data are collected and outcome measures are reviewed every six months.



Seniors engaging in a group exercise session

Projects and Collaborations

Safety Sound & Motion Alert System (SoundEye)

A Non-intrusive Safety Monitoring & Alert System (Soundeye) was installed to enhance patient safety. It allows the monitoring of abnormal sounds and motion in washrooms and ward areas, and also detect abnormal movement or sounds of residents at night. This round-the-clock safety monitoring installation allows our nurses to be more productive in their care duties, while also ensuring safety for the residents. With the ability to detect emergencies in wards and washrooms quickly, this system provides caregivers with the assurance that their loved ones are in safe hands with the use of technology.

Automated Repositioning System (TurnAid)

Regular bed turning throughout the day can be very time consuming and taxing on the care staff, especially when assisting heavier clients. TurnAid, an automated repositioning system, has eased the manual work of the staff while improving workplace safety and care quality for the clients.



Thye Hua Kwan Nursing Home @ Hougang nurse using TurnAid to readjust the resident's position to make her feel more comfortable

Research Project with Final Year Students from Nanyang Technological University (NTU)

The objective of this research project is to understand seniors' transition to nursing home placements as well as the use of 'Life Review' art sessions for identifying the significance of events and memories for seniors.

These sessions were conducted regularly and explored key psychological aspects of the seniors' life stages and reflections, through the creation of a narrative scrapbook, with themes such as identity and love. 'Life Review' was found to be beneficial for seniors' transition into institutional settings and helped with their adaptation. The final product also allows readers and care staff to understand the seniors better.

The nursing home also engaged the students to train our staff in 'Life Review' and structured it into a programme to help them better understand the seniors' life journey prior to nursing home admission, enabling ourselves to provide better person-centred care.



Senior creating a scrapbook during the 'Life Review' art session

Thye Hua Kwan Nursing Home

@ Hougang

Events, Community Partnerships and Volunteerism

Nagomi Art Exhibition

A key event would be the Nagomi Art Exhibition held in November 2019, where the Nagomi Art pieces created by the residents of Thye Hua Kwan Nursing Home @ Hougang were on public display. Sales from the proceeds were given to Thye Hua Kwan Nursing Home @ Hougang.



The artworks done by the residents of Thye Hua Kwan Nursing Home @ Hougang, displayed at the Nagomi Art Exhibition

THKMS SUBSIDIARIES



The volunteers did the Christmas crafts together with the residents

Project Refresh

Thye Hua Kwan Nursing Home @ Hougang collaborated with North East Community Development Council (CDC), National Trades Union Congress' youth wing (Young NTUC) and Bedok Reservoir - Punggol Citizens' Consultative Committee (BRP CCC) for Project Refresh. As part of Project Refresh, the volunteers visited the residents of Thye Hua Kwan Nursing Home @ Hougang on 14 December 2019 to spread the Christmas festive cheer. Crafts and decoration props made together by the volunteers and residents were used to decorate the place. Member of Parliament for Tampines GRC and Mayor of North East District Mr Desmond Choo and Adviser to Aljunied GRC Grassroots Organisations Mr Victor Lye were also invited to join the festive celebration at the Nursing Home.



Project Refresh volunteers posing for a group photo

Volunteer befrienders



Students from Xinmin Secondary School interacting with the residents at Thye Hua Kwan Nursing Home @ Hougang

Under the Ministry of Social and Family Development SG Cares initiative, secondary one students from Xinmin Secondary School befriended the residents for 9 months in 2019.

PUBLISHED DEC 14, 2019, 6:13 PM

THE STRAITS TIMES



Mr Victor Lye, Advisor to Aljunied GRC Grassroots Organisations. and Tampines MP Desmond Choo, Mayor of the North East District, present a festive goody bag to a beneficiary at Thye Hua Kwan Nursing Home in Hougang on Dec 14. 2019. PHOTO: NORTH FAST



Volunteers Ashley Lee (centre) and Lee Yong Quan (left) prepare festive crafts with a resident of Thye Hua Kwan Nursing Home in Hougang on Dec 14,2019. PHOTO: NORTHEAST CDC SINGAPORE - It may have been their day off but on Saturday morning (Dec 14), 600 young volunteers rolled up their sleeves to paint homes and distribute presents to spread some festive cheer as part of Project Refresh.

The initiative was started in 2016 by the National Trades Union Congress' youth wing to encourage people of all ages to volunteer.

About four times a year typically before major festivals such as Chinese New Year, Hari Raya Aidilfitri, Deepavali and Christmas - volunteers visit vulnerable seniors who live in their own homes and also drop by nursing homes, to decorate the place and bring some cheer to residents.

The visit on Saturday was conducted in collaboration with North East Community Development Council, which serves Tampines, Pasir Ris-Punggol and Aljunied GRCs, as well as Hougang and Punggol East.

Some volunteers, which included university students, visited public flats in the northeast area to spend time with seniors.

Meanwhile, others helped to decorate a nursing home and work on festive crafts with residents.

In total, they visited 33 flats, three senior activity centres in the area and the Thye Hua Kwan Nursing Home in Hougang.

Ms Ashley Lee, who was with a group of 150 volunteers at the nursing home, said she first took part in Project Refresh as an undergraduate two years ago, and has continued to volunteer after starting full-time work.

"That shouldn't stop," said the 23-year-old systems analyst.

"It doesn't take a lot of commitment, and besides spending time with family and friends in the festive season, you get to make people around you happy." Tampines MP Desmond Choo, who is Mayor of the North East District, said the turnout was good.

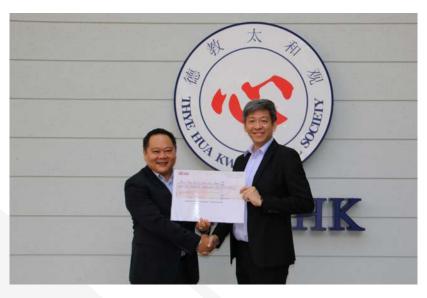
"We wanted to do something that was simple. We wanted to create opportunities (to volunteer) for younger people across all segments of society," said Mr Choo, who is also NTUC's assistant secretary-general.

"Many people found that it was not so easy to find a place they could contribute meaningfully, purposely... so we said let's do something about that."

Linette Lai Political Correspondent

Article reproduced from The Straits Times

Thye Hua Kwan Nursing Home Board of Directors



Mr Charles Goh (right), son of **THK** Vice-Chairman Mr Goh Tok Mong, presenting the cheque to Mr Ardi S. Hardjoe (left), **THK** Nursing Home CEO.

Chairman Mr Richard Eu Yee Ming Vice-Chairman Mr Ching Chiat Kwong Treasurer Ms Cheah Sheau Lan Member Mr Lee Kim Siang Member Mr Zulkifli Bin Baharudin Member Mr Chang Long Jong Member Mr Goh Tok Mong Member Mr Ong Ser Huan Member Mr Koh Juay Meng Member Mr Lawrence Ng Kok Kiang

Thye Hua Kwan Nursing Home @ Hougang

THYE HUA KWAN NURSING HOME @ HOUGANG HOME CARE SERVICES

Thye Hua Kwan Nursing Home @ Hougang provides home care services to serve clients who are not suitable for centre-based services and help to support homebound clients in areas such as personal hygiene, housekeeping and mind simulation activities.

chronic conditions or terminal illnesses.
 Home Personal Care Service provides help in medication care, personal hygiene, mind-simulation

 Home Medical & Nursing programme serves clients who require medical or nursing care due to various

- Home Personal Care Service provides help in medication care, personal hygiene, mind-simulation activities, simple prescribed exercises, elder-sitting and caregiver respite, as well as running simple errands.
- Interim Care Service provides assistance in nutrition and feeding, wound care, respiratory care, tube/ catheter care and stoma care.

THKNH staff members assisting the client with her workout

Maintenance Day Care & Centre-Based Nursing

The Maintenance Day Care Centre is open to elderly clients who are frail or physically disabled. Programmes and activities run by our therapists allow them to maintain or improve their general, physical and social well-being. Elderly who require nursing care, such as for wound-related problems, will also be well taken care of. This service also provides respite and support for caregivers who require assistance in caring for their loved ones.

Dementia Day Care

The Dementia Day Care Centre serves elderly clients diagnosed with dementia who are living in the community. The centre-based monitoring, supportive care and assistance will help to slow down the deterioration of their physical and mental functions, as well as maintaining their general and social well-being through daily activities. Similarly, assistance can also be offered to caregivers who require respite or support in caring for their loved ones.

Day Rehabilitation

The Day Rehabilitation Centre serves clients who require rehabilitation and therapy to improve their functional status to the maximum possible level. This is done through sessions with our physiotherapists and occupational therapists who will help to maintain the clients' physical and mental function, as well as empower them to stay independent and active in the community. The centre also offer evening therapy sessions to allow family members to bring clients in for therapy after working hours.



Senior doing some simple exercises at THK Senior Care Centre @ Kaki Bukit

Thye Hua Kwan Moral Charities

Thye Hua Kwan Moral Charities (THKMC) is the social service charity arm of Thye Hua Kwan Moral Society (THKMS). Since October 2011, THKMC was incorporated as a charity with IPC status to provide multiple social and welfare services to the community.

THKMC provides assistance to the various groups in our community through more than 60 programmes and services for adults, families, elderly and persons with disabilities.

THKMC Staff Appreciation Nite 2019

Held on 13 September 2019, THKMC Staff Appreciation Nite 2019 commemorated THKMC's 8th anniversary and the efforts of all our staff, who worked tirelessly to serve the beneficiaries of THK. The glamorous 'Night of A Thousand Stars' themed event started off with a captivating Cabaret Dance performed by THK School of Performing Arts. Awards were also presented to the staff for their contributions. The night ended on a happy note with 10 lucky draw winners receiving their prizes on stage!



THKMC Board Member Mr Chang Long Jong (left) presenting the 'Best Employee of the Year' award to our Wonder Woman, Ms Poon Kay Yan from THK Family Services Division

THK Mobile Outreach Campaign

The **THK** Mobile Outreach campaign was officiated by Minister for Social and Family Development Mr Desmond Lee, together with **THK** Chairman Mr Lee Kim Siang on 25 May 2019.

During the months of May and June, **THK** Family Services Division launched a **THK** Family Connectors themed truck that featured interactive and educational exhibits of the various activities and programmes offered by **THK** Family Services Division. **THK** Family Connectors was designed as a loyalty rewards programme in hopes to strengthen the Kampung Spirit within the local communities through fun family activities. The residents enjoyed games and freebies sponsored by the Singapore Pools (Private) Limited and National Council of Problem Gambling.

In July, the truck was revamped to exhibit a series of youth programmes and was once again redone in August to fit the theme "Harmony as One" where it presented self-care and family bonding techniques.



Back row, 3rd from right: **THK** Chairman Mr Lee Kim Siang, Minister for Social and Family Development Mr Desmond Lee, **THK**MS Vice-Chairman Mr Ong Ser Huan, with **THK** representatives and staff at the launch of the **THK** Mobile Outreach campaign



THK Family Services Division's youth-themed truck showcased a series of youth programmes during the month of July in 2019

Thye Hua Kwan Moral Charities



From left: THKMS CEO Mr Lawrence Ng, MCCY Deputy Secretary (Special Duties) Dr Ang Hak Seng, THK Chairman Mr Lee Kim Siang, Adviser to Boon Lay Grassroots Organisations Mr Patrick Tay and THKMC CEO Mr Lum Hon Fye at the launch of SG Cares Volunteer Centre @ Boon Lay



Residents participating in the activities at the various booths



A 3D miniature structure representing the Boon Lay community filled with photos of residents taken at the THK Family SMILES Carnival

Launch of SG Cares Volunteer Centre @ Boon Lay

The SG Cares Volunteer Centre @ Boon Lay was launched, in conjunction with the THK Family SMILES Carnival on 7 December 2019. More than 4,000 showed up at the carnival over the weekend. While there were bouncy castles and game booths by ActiveSG to keep the children occupied, a booth was also set up to recruit volunteers for the Boon Lay community.

THKMC was appointed by the Ministry of Culture, Community and Youth (MCCY) to operate the SG Cares Volunteer Centre @ Boon Lay to strengthen the spirit of volunteerism in the Boon Lay community. Special thanks to our sponsors - National Dental Centre Singapore (NDCS), Satoyu Trading Pte Ltd, and Colgate.

Launch of 'Seeds of Love'

Named 'Seeds of Love', this project is a new urban farming initiative to engage seniors mentally, as well as to encourage the young and old to come together and build meaningful relationships.

On 20 July 2019, Guest-of-Honour, Minister for Home Affairs and Minister for Law Mr K Shanmugam launched the 'Seeds of Love' project at an event organised by **THK** Elderly Services Division. This event was also graced by Second Grassroots Adviser to Ang Mo Kio GROs, Dr. S Vasoo, as well as Member of Parliament for Fengshan SMC Ms Cheryl Chan and Member of Parliament for Nee Soon GRC Mr Henry Kwek.

Approximately 1,500 turned up for the event and were entertained by the graceful performances put up by the seniors from various **THK** Seniors Activity Centres. The participants also set the Singapore Book Of Records for the 'Most number of people doing Marbling Art on Mugs' at one location. Besides launching 'Seeds of Love', it was also a National Day celebration; everyone waved the Singapore flag and sang the National Day songs proudly. It was indeed a joyous celebration.

The 'Seeds of Love' initiative was piloted at **THK** Chong Pang Social Service Hub, **THK** Social Service Hub @ Bukit Batok East, **THK** Seniors Services @ Taman Jurong and **THK** Young at Heart.



Minister for Home Affairs and Minister for Law Mr K Shanmugam launched the "Seeds of Love", a new urban farming initiative



Minister for Home Affairs and Minister for Law Mr K Shanmugam, Second Grassroots Adviser to Ang Mo Kio GROs Dr. S Vasoo, Members of Parliament Mr Henry Kwek and Ms Cheryl Chan witnessed a setting of a new record for the 'Most number of people doing Marbling Art on Mugs'

Thye Hua Kwan Moral Charities

Thye Hua Kwan Moral Charities **Board of Directors**

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Member Prof Philip Choo

Member Mr Lee Kim Siang

Member Dr Tan Tiong Har

TECHNOLOGY COMMITTEE

Chairman Mr Samuel Ang Seong Kang

Member Mr Bruno Lopez
Member Mr Dennis Ang
Member Mr Koh Juay Meng

Member Prof Alex Siow (wef 1 April 2020)

RELIGIOUS INSTITUTION 宗教组织

Thye Hua Kwan Temple 太和观观字

71 Fernvale Link Singapore 797539 Tel: 6513 9321

COMMUNITY HOSPITAL 社区医院

Ana Mo Kio-Thye Hua Kwan Hospital 宏茂桥-太和观医院

17 Ang Mo Kio Avenue 9 Singapore 569766 Tel: 6453 8033

NURSING HOME 疗养院

THK Nursing Home @ Hougang 太和观疗养院

48 Hougang Avenue 8 Singapore 538793 Tel: 6812 9840

THK Nursing Home Home Care Services 太和观疗养院 家务助理服务

48 Hougang Avenue 8 Singapore 538793 Tel: 6841 2128

THK Senior Care Centre

@ Kaki Bukit

太和观乐龄护理中心 (加基武吉)

Blk 534 Bedok North Street 3 #01-814 Singapore 460534 Tel: 6241 1808

TCM & WESTERN CLINICS 中西医施诊所

THK Free Clinic (Western Medical) @ MacPherson

太和观西医施诊所(麦波申)

Blk 91 Pava Lebar Wav #01-3023 Singapore 370091 Tel: 6741 4255

THK TCM Medical Clinic (Ang Mo Kio) 太和观中医药中心 (宏茂桥)

17 Ang Mo Kio Avenue 9 Singapore 569766

Tel: 6450 6172

THK TCM Medical Centre (Taman Jurong)

太和观中医药中心 (达曼裕廊)

Blk 337 Tah Ching Road #01-01 Singapore 610337

Tel: 6795 1185

THERAPY SERVICES 治疗服务

THK Therapy Hub 太和观治疗中心

150A Mei Chin Road #02-01 Singapore 140150 Tel: 6471 4270

THK Children Therapy Centre

@ Queenstown

太和观儿童治疗中心(女皇镇)

150A Mei Chin Road #02-01 Singapore 140150

Tel: 6471 4270

THK Children Therapy Centre @ MacPherson

太和观儿童治疗中心(麦波申)

Blk 121 Paya Lebar Way #01-2859 Singapore 381121 Tel: 6805 9480

THK Pan-Disability Centre @ Eunos

太和观残疾人士服务(友诺士)

Blk 3 Eunos Crescent #01-2577 Singapore 400003

Tel: 6846 1171

REHABILITATION & WELLNESS CENTRES

THK Day Rehabilitation Centre @ Ana Mo Kio 257

太和观日间康复中心(宏茂桥257)

Blk 257 Ang Mo Kio Avenue 4 #01-67 Singapore 560257

Tel: 6459 9139

DISABILITY SERVICES 残疾服务

THK Home For Disabled

@ Eunos

太和观儿童迟钝院 (友诺士)

THK Hostel For Disabled

@ Eunos

太和观迟钝宿舍(友诺士)

THK Home For Disabled Adults

@ Eunos

太和观成人迟钝院 (友诺士)

20 Jalan Eunos Singapore 419494

Tel: 6745 9926

THK Home For Disabled Adults

@ Chai Chee & Day Activity Centre 太和观成人迟钝院与

太和观日间活动中心 (菜市)

2 Chai Chee Lane Singapore 469030

Tel: 6441 7640

THK Home for Disabled

@ Sembawang

太和观成人静养院 (三巴旺)

7 Sembawang Walk Singapore 756977

Tel: 6208 8128

THK Autism Centre @ Geylang Bahru

太和观自闭症中心 (芽笼峇鲁)

Blk 72 Geylang Bahru #01-3018 / 3032 Singapore 330072 Tel: 6906 7106

HOMES FOR DESTITUTE 福利院

THK Moral Welfare Home 德教慈善院

301 Henderson Road Singapore 108931 Tel: 6273 2239

THK Angsana Home @ Pelangi Village 德教安善福利院

14 Buangkok Green Singapore 539755 Tel: 6489 8707

ELDERLY SERVICES 乐龄服务

THK Indus Moral CARE 太和观乐龄活动中心 (印度士)

Blk 79 Indus Road #01-451 Singapore 161079 Tel: 6276 3283

THK Seniors Activity Centre @ Ang Mo Kio 257 太和观乐龄活动中心 (宏茂桥257)

Blk 257 Ang Mo Kio Avenue 4 #01-67 Singapore 560257 Tel: 6459 9139

THK Seniors Activity Centre @ Ang Mo Kio 645 太和观乐龄活动中心 (宏茂桥645)

Blk 645 Ang Mo Kio Avenue 6 #01-4937 Singapore 560645 Tel: 6554 7298

THK Seniors Activity Centre @ Ang Mo Kio 208 太和观乐龄活动中心 (宏茂桥208)

Blk 208 Ang Mo Kio Avenue 1 #01-1019 Singapore 560208 Tel: 6456 2611

THK Seniors Activity Centre @ Boon Lay

太和观乐龄活动中心(文礼)

Blk 190 Boon Lay Drive #01-242 Singapore 640190 Tel: 6264 3455

THK Seniors Activity Centre @ Bukit Merah View 太和观乐龄活动中心(红山景)

Blk 118 Bukit Merah View #02-101 Singapore 150118 Tel: 6276 4761

THK Seniors Activity Centre @ Henderson (Satellite 93) 太和观乐龄活动中心 (亨德申)

Blk 93 Henderson Road #01-210 Singapore 150093 Tel: 6273 8291

THK Seniors Activity Centre @ Kaki Bukit

太和观乐龄活动中心 (加基武吉) Blk 509B Bedok North Street 3 #02-157 Singapore 462509 Tel: 6241 6691 THK Seniors Activity Centre
@ MacPherson

太和观乐龄活动中心 (麦波申)

Blk 90 Pipit Road #01-103 Singapore 370090 Tel: 6745 6696

THK Seniors Activity Centre @ Telok Blangah Crescent 太和观乐龄活动中心 (直落布兰雅弯)

Blk 3 Telok Blangah Crescent #01-504 Singapore 090003 Tel: 62761216

THK Seniors Activity Centre @ Toa Payoh 31

太和观乐龄活动中心 (大巴窑 31)

Blk 31 Lor 5 Toa Payoh #01-663 Singapore 310031 Tel: 6250 3827

THK Seniors Activity Centre @Toa Payoh 15

太和观乐龄活动中心 (大巴窑15)

Blk 15 Lor 7 Toa Payoh #01-579 Singapore 310015 Tel: 6251 6504

THK Seniors Activity Centre @ Cassia

太和观乐龄活动中心 (加西雅)

Blk 52 Cassia Crescent #01-155 Singapore 390052 Tel: 6917 2507

THK Bedok Radiance Seniors Activity Centre 太和观乐龄活动中心 (勿洛)

Blk 12 Bedok South Ave 2 #01-610 Singapore 460012 Tel: 6242 2483

THK Seniors Activity Centre

@ Beo Crescent

太和观乐龄活动中心 (庙弯)

Blk 44 Beo Crescent #01-67 Singapore 160044 Tel: 6376 3023

THK Seniors Activity Centre @ Fengshan 101 +和观乐整理动态(原址101)

太和观乐龄活动中心 (凤山 101) Blk 101 Bedok North Avenue 4 #01-1958 Singapore 460101 Tel: 6208 2653 THK Seniors Activity Centre @ Fengshan 114 太和观乐龄活动中心 (凤山 114)

Blk 114 Bedok North Street 2 #01-240 Singapore 460114 Tel: 6245 6993

THK Young at Heart 太和观心不老

Blk 650 Ang Mo Kio Street 61 #01-09 Yio Chu Kang Vista Singapore 560650 Tel: 6556 4833

THK Home Help Service East 太和观家务助理 (东部)

2 Chai Chee Lane Singapore 469030 Tel: 6242 8103 (Food) Tel: 6589 0694 (Transport)

THK Home Help Service West 太和观家务助理 (西部)

Blk 152 Mei Ling Street #01-08 Singapore 140152 Tel: 6473 6113

THK CREST @ Central (Beo Crescent) 太和观邻里咨询小组 (中区)

Blk 44 Beo Crescent #01-57 Singapore 160044 Tel: 6924 2951

THK Seniors Group Home @ Pipit

太和观乐龄合居之家 (比笔路)

Blk 93 Paya Lebar Way #01-3057 Singapore 370093 Tel: 6846 1228

THK Seniors Group Home @ Ang Mo Kio 257

太和观乐龄合居之家 (宏茂桥257)

Blk 257 Ang Mo Kio Avenue 4 #01-67 Singapore 560257 Tel: 6926 5329

THK Seniors Group Home @ Indus

太和观乐龄合居之家 (印度士)

Blk 79 Indus Road #01-451 Singapore 161079

Tel: 6276 3283

THK Seniors Services @ Taman Jurong 太和观乐龄服务 (达曼裕廊)

Blk 337 Tah Ching Road #01-01 Singapore 610337

Tel: 6795 1185

THK Chong Pang Social Service Hub 太和观忠邦社会服务中心

Blk 131 Yishun Street 11 #01-235 Singapore 760131

Tel: 6690 0110

THK Chong Pang Wellness Centre 太和观忠邦保健中心

Blk 131 Yishun Street 11 #01-237 Singapore 760131

Tel: 6690 0114

THK Social Service Hub @ Chinatown Point

太和观社会服务中心 (唐城坊)

133 New Bridge Road #04-04 Chinatown Point Singapore 059413

Tel: 6589 0690

THK Social Service Hub @ Bukit Batok East

太和观社会服务中心(武吉巴督东)

Blk 235 Bukit Batok East Avenue 5 #01-21 Singapore 650235

Tel: 6566 5303

THK Cluster Support @ Ang Mo Kio

太和观乐龄社区支援服务(宏茂桥)

Blk 650 Ang Mo Kio Street 61 #01-09 Yio Chu Kang Vista Singapore 560650

Tel: 6556 4833

THK Cluster Support @ Bukit Merah

太和观乐龄社区支援服务(红山)

Blk 44 Beo Crescent #01-57 Singapore 160044

Tel: 6924 2951

THK Cluster Support @ Geylang

太和观乐龄社区支援服务 (芽笼)

Blk 93 Paya Lebar Way #01-3057 Singapore 370093

Tel: 6846 1228

THK Cluster Support @ Bedok

太和观乐龄社区支援服务(勿洛)

Blk 13 Bedok South Road #01-625 Singapore 460013

Tel: 6241 8171

CARE CLOSER TO HOME PROGRAMME 邻里关怀居家护理

THK Care Close to Home (C2H) @ Ang Mo Kio 257

太和观邻里关怀居家护理(宏茂桥257)

Blk 257 Ang Mo Kio Avenue 4 #01-67 Singapore 560257

Tel: 6926 5329

THK Care Close to Home (C2H) @ Beo Crescent

太和观邻里关怀居家护理(庙弯)

Blk 44 Beo Crescent #01-57 Singapore 160044 Tel: 6924 0375

THK Care Close to Home (C2H) @ Bedok Radiance

太和观邻里关怀居家护理(勿洛) Blk 13 Bedok South Road

#01-625 Singapore 460013

Tel: 6241 8171

THK Care Close to Home (C2H) @ MacPherson

太和观邻里关怀居家护理(麦波申)

Blk 90 Pipit Road #01-103 Singapore 370090 Tel: 6917 3162

THK Care Close to Home (C2H) @ Telok Blangah Crescent

太和观邻里关怀居家护理 (直落布兰雅弯) Blk 4 Telok Blangah Crescent #01-460 Singapore 090004

Tel: 8822 3155

COMMUNITY BEFRIENDING PROGRAMME 社区友伴计划

THK Community Befriending Programme (Boon Lay)

太和观社区友伴计划(文礼)

Blk 190 Boon Lay Drive #01-242 Singapore 640190

Tel: 6246 6065

THK Community Befriending Programme (MacPherson)

太和观社区友伴计划 (麦波申)

93 Paya Lebar Way #01-3057 Singapore 370093

Tel: 6846 1228

THK Community Befriending Programme (Toa Payoh / Chong Pang / Yio Chu Kang) 太和观社区友伴计划 (大巴窑 / 忠邦 / 杨厝港)

Blk 650 Ang Mo Kio Street 61 #01-09 Yio Chu Kang Vista Singapore 560650 Tel: 6556 4833

THK Community Befriending Programme (Taman Jurong)

太和观社区友伴计划 (达曼裕廊)

Blk 337 Tah Ching Road #01-01 Singapore 610337

Tel: 6795 1185

THK Community Befriending Programme (Bukit Batok East)

太和观社区友伴计划(武吉巴督东)

Blk 235 Bukit Batok East Ave 5 #01-21 Singapore 650235

Tel: 6566 5303

HOME CARE SERVICES 居家护理服务

THK Home Health Services 太和观居家医疗服务

THK Home Personal Care Services

太和观居家个人照料 **THK** Interim Caregiver Services

太和观短暂看护服务

Blk 131 Yishun Street 11 #01-235 Singapore 760131

Tel: 6690 0110

MEAL CENTRES 膳食中心

THK Meal Centre @ Telok Blangah Crescent 太和观免费膳食中心 (直落布兰雅弯)

Blk 4 Telok Blangah Crescent #01-500 Singapore 090004

Tel: 6270 9443

THK Meal Centre @ Toa Payoh 太和观免费膳食中心 (大巴窑)

Blk 31 Lorong 5 Toa Payoh #01-663 Singapore 310031

Tel: 6250 3827

THK Meal Centre @ MacPherson

太和观免费膳食中心 (麦波申)

Blk 91 Paya Lebar Way #01-3023 Singapore 370091 Tel: 6741 4255

THK Indus Moral CARE (Subsidised meals) 太和观乐龄活动中心(印度士) (餐食补贴)

Blk 79 Indus Road #01-451 Singapore 161079 Tel: 6276 3283

FAMILY SERVICES 家庭服务

THK Family Service Centre @ Bedok North

太和观家庭服务中心(勿洛北)

Blk 554 Bedok North Street 3 #01-241 Singapore 460554 Tel: 6449 1440

THK Family Service Centre @ MacPherson

太和观家庭服务中心(麦波申)

Blk 91 Paya Lebar Way #01-3023 Singapore 370091 Tel: 6741 4255

THK Family Service Centre @ Tanjong Pagar 太和观家庭服务中心 (丹戎巴葛)

Blk 18 Jalan Membina #04-01 Singapore 164018

Tel: 6270 6711

THK Family Service Centre @ Jurong

太和观家庭服务中心(裕廊)

Blk 183B Boon Lay Avenue #01-716 Singapore 642183

Tel: 6716 9466

THK Family Service Centre @ Bukit Panjang 太和观家庭服务中心(武吉班让)

Blk 139 Petir Road #01-448 Singapore 670139 Tel: 6767 1740

THK Centre For Family Harmony @ Circuit

太和观家和中心 (循环路)

Blk 37 Circuit Road #02-455 Singapore 370037 Tel: 6747 7514

THK Centre For Family Harmony @ Commonwealth 太和观家和中心(联邦通道)

Blk 54 Commonwealth Drive #01-566 Singapore 142054

Tel: 6357 9188

CHILDREN SERVICES 儿童服务

THK EIPIC Centre @ Choa Chu Kang

太和观婴儿与幼儿早期介入计划 (蔡厝港)

Blk 606 Choa Chu Kang Street 62 #01-139 Singapore 680606

Tel: 6762 9125

THK EIPIC Centre @ Woodlands

太和观婴儿与幼儿早期介入计划 (兀兰)

Blk 716 Woodlands Drive 70 #01-124 Singapore 730716

Tel: 6362 5371

THK EIPIC Centre @ Tampines 太和观婴儿与幼儿早期介入计划 (淡滨尼)

Blk 424 Tampines Street 41 #01-188 Singapore 520424

Tel: 6783 5338

THK EIPIC Centre @ Ang Mo Kio

太和观婴儿与幼儿早期介入计划 (宏茂桥)

Blk 313 Ang Mo Kio Avenue 3 #01-2322 Singapore 560313 Tel: 6499 9379

THK Super Talent Childcare

太和观超智托儿所 (孟比那)

(Membina)

Blk 18 Jalan Membina #03-01 / 02 Singapore 164018 Tel: 6276 4243

THK Super Talent Childcare (MacPherson 122)

太和观超智托儿所 (麦波申122)

Blk 122 Paya Lebar Way #01-2903 Singapore 381122

Tel: 6844 3550

THK Super Talent Childcare (MacPherson 93)

太和观超智托儿所 (麦波申93)

Blk 93 Paya Lebar Way #01-3039 Singapore 370093 Tel:6741 8359

THK Super Talent Childcare (Ang Mo Kio) 太和观超智托儿所 (宏茂桥)

Blk 218 Ang Mo Kio Avenue 1 #01-925 Singapore 560218

Tel: 6552 1058

THK Super Talent Student Care Centre (Bedok North)

太和观超智学童托管中心(勿洛北)

Blk 534 Bedok North Street 3 #01-806 Singapore 460534

Tel: 6449 9054

THK Super Talent Student Care Centre (Bukit Panjang)

太和观超智学童托管中心(武吉班让)

Blk 141 Petir Road

#01-270 Singapore 670141

Tel: 6767 1770

THK Super Talent Student Care Centre (Punggol Walk)

太和观超智学童托管中心 (榜鹅径)

Blk 213C Punggol Walk #01-781 Singapore 823213

Tel: 6443 1218



For the map of the programmes and services provided by THK, please scan the QR code above

FINANCIAL REPORTS 2018/19

(Registered under the Societies Act, Chapter 311)

Statement of Comprehensive Income for the financial year ended 31 December 2019

	Notes	2019	2018 Restated
		\$	\$
Continuing operations			
Revenue	i		,
Service fees Non-tax deductible donations and sponsorship	3	1,506,094	1,414,603
income	4	1,257,308	4,099,285
		2,763,402	5,513,888
Other income	,	,	
Dividend income Gain on disposal of financial assets,		177,082	141,573
at fair value through profit or loss		-	54,022
Gain on disposal of property, plant and equipment		4,363	-
Government grants Interest income		148,814 203,733	363,295 347,876
Recovery of fund-raising expenses	4	354,195	991,979
Recovery of operating expenses	·	719,007	494,014
Rental income		521,243	573,092
Sundry income		2,407	-
		2,130,844	2,965,851
Total income		4,894,246	8,479,739
Less: Total expenditure (page 7)		4,641,664	4,491,847
Surplus for the financial year from continuing operations	14	252,582	3,987,892
Discontinued operations			
Surplus for the financial year from discontinued operations	15	6,039	62,512
Surplus for the financial year		258,621	4,050,404
Other Comprehensive Income			
Other comprehensive income, net of tax			
Total comprehensive income for the financial		050.004	4.050.404
year	:	258,621	4,050,404

(Registered under the Societies Act, Chapter 311)

Statement of Comprehensive Income for the financial year ended 31 December 2019 (continued)

	Notes	2019	2018 Restated
		\$	\$
Employee benefits expense Salaries and bonuses CPF contribution Other benefits		1,113,629 116,871 55,290	1,057,432 110,158 39,222
Depreciation		1,285,790	1,206,812
Depreciation on property, plant and equipment Depreciation on investment properties	5 6	1,032,933 21,000	370,582 21,000
Other are setting a surround		1,053,933	391,582
Other operating expenses Audit fees Bank charges Commission for rental of investment property Consumables and supplies Consultancy and contract services Expenses for celebrations and religious expenses Expenses for food and activities Fair value loss on financial assets, at fair value through profit and loss Foreign workers' levy and skills development levy Fund-raising expenses General expenses Insurance	4	12,378 423 5,243 43,188 104,004 399,115 899,225 151,969 24,488 155,500 8,311 19,910	9,000 4,800 39,024 106,893 204,995 836,088 9,870 18,130 1,262,573 552 12,897
Loss on remeasurement of non-current assets held for sale Loss on disposal of property, plant and equipment Membership and subscription fee Postage, telephone and website expenses Printing and stationery Professional and consultancy fees Property tax Rental of equipment Rental of premises Repair and maintenance Transport and travelling expenses Upkeep of motor vehicles Utilities	10	1,350 9,343 10,157 8,048 24,270 43,808 2,628 2,295 224,837 22,647 21,447 107,357 2,301,941	663 12,685 3,581 10,521 14,580 73,878 1,271 2,507 139,567 13,275 25,846 90,257
Total expenditure (page 6)	=	4,641,664	4,491,847

(Registered under the Societies Act, Chapter 311)

Statement of Financial Position as at 31 December 2019

	Notes	2019	2018
ASSETS		\$	\$
Non-Current Assets			
	F	00 004 704	40.070.004
Property, plant and equipment Investment properties	5 6	29,991,761 3,007,455	19,970,984 819,000
		32,999,216	20,789,984
Current Assets			
Financial assets, at fair value through profit or loss	7	3,932,531	4,002,416
Trade and other receivables Cash and cash equivalents	8 9	3,371,773 12,701,042	3,215,031 22,269,990
		20,005,346	29,487,437
Non-current assets held for sale	10	35,550	
		20,040,896	29,487,437
Total Assets		53,040,112	50,277,421
FUNDS AND LIABILITIES			
<u>Funds</u>			
General fund Building fund	11	50,244,981	49,604,914 381,446
Total Funds		50,244,981	49,986,360
Non-Current Liabilities			
Deferred capital grants	12		6,264
			6,264
<u>Current Liabilities</u>			
Trade and other payables	13	2,795,131	284,797
		2,795,131	284,797
Total Liabilities		2,795,131	291,061
Total Funds and Liabilities		53,040,112	50,277,421

(Registered under the Societies Act, Chapter 311)

Statement of Changes in Accumulated Funds for the financial year ended 31 December 2019

		Unrestricted fund	Designated fund	
	Notes	General <u>fund</u>	Building <u>fund</u>	<u>Total</u>
		\$	\$	\$
Balance as at 1 January 2018		45,554,510	381,446	45,935,956
Total comprehensive income for the financial year		4,050,404	-	4,050,404
Balance as at 31 December 2018		49,604,914	381,446	49,986,360
Transfer to general fund upon completion of the construction of temple	11	381,446	(381,446)	-
Total comprehensive income for the financial year		258,621	-	258,621
Balance as at 31 December 2019		50,244,981	-	50,244,981

(Registered under the Societies Act, Chapter 311)

Statement of Cash Flows for the financial year ended 31 December 2019

	Notes	2019	2018
CASH ELOWS EDOM ODEDATING ACTIVITIES		\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES: Surplus for the financial year		258,621	4,050,404
·		230,021	4,050,404
Adjustments for:			
Amortisation of deferred capital grant Dividend income Fair value loss on financial assets, at fair value	12	(6,264) (177,082)	(6,264) (141,573)
through profit or loss (FVTPL) (Gain)/ loss on disposal of property, plant and equipment	7	151,969 (4,363)	9,870 663
Loss on remeasurement of non-current assets held for sale Interest income	10	1,350 (206,047)	(350,601)
Property, plant and equipment written off - from discontinued operations Gain on disposal of financial assets, at FVTPL Depreciation on property, plant and equipment		- 1,050,115	79,564 (54,022) 389,035
Depreciation on investment properties	6 [21,000	21,000
	-	830,678	(52,328)
Operating surplus before working capital changes		1,089,299	3,998,076
(Decrease)/increase in receivables Increase/(decrease) in payables		(148,482) 2,510,334	620,424 (261,471)
Changes in working capital	-	2,361,852	358,953
Net cash from operating activities		3,451,151	4,357,029
CASH FLOWS FROM INVESTING ACTIVITIES:	Г		
Interest received Purchase of non-current assets held for sale Purchase of property, plant and equipment Purchase of financial assets, at FVTPL Proceeds from disposal of financial assets, at FVTPL Proceeds from disposal of property, plant and equipment Placement of fixed deposits with maturities more	5 7	189,956 (36,900) (13,299,254) (65,993) - 15,010	350,601 - (9,167,092) (42,282) 7,065,942
than 3 months Withdrawal of fixed deposits Dividend received		11,203,306 177,082	(18,392,802) - 141,573
Net cash used in investing activities	-	(1,816,793)	(20,044,060)
Net increase/(decrease) in cash and cash equivalents		1,634,358	(15,687,031)
Cash and cash equivalents at beginning of the financial year	-	3,877,188	19,564,219
Cash and cash equivalents at end of the financial year	9	5,511,546	3,877,188
The accompanying notes form an integral part	of those	financial statemen	ntc



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