

NEW *Horizons*



太和觀 THK

Annual
Report
2018

Thye Hua Kwan
Moral Society

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ABOUT US



VISION

To Serve Mankind

MISSION

To help anyone who needs help with full respect to their race, colour, creed, language, culture and religion.

TO PROMOTE

- Love and care for each other, irrespective of any differences;
- Respect for each other's race, colour, creed, language, culture and religion;
- The universal virtues of filial piety, brotherliness, loyalty, trustworthiness, propriety, righteousness, incorruptibility, decency, humanity and wisdom;
- The Oneness of Mankind;
- The transcending of all differences

OBJECTIVES

- To promote good morals and virtues with full respect to each person's, colour, creed, language, culture and religion.
- To help all people and to give relief to anyone in hardship, disaster or need, without discrimination as to race, colour, creed, language or religion; to carry out welfare work for the good of mankind, including rendering of free medicine and medical services, financial and personal support for those who are weak, old, poor, sick or disabled; the promotion of education, and the provision of free burial and funeral expenses, etc.
- To encourage the worship and reverence to God and the Virtuous Founders of the various Religions, to the Saints, Sages, Buddhas and Deities of these Religions and to promote their virtuous Teachings without differentiation as to religious denominations; to promote respect for each other's religious belief and the universality of all religions; to promote the Oneness of Mankind.
- To establish Child Care Centres, Family Service Centres or other community, social or welfare services for the general welfare of the community and to make rules for the management of such Centres or Services.



CORPORATE INFORMATION



PLACE OF BUSINESS

1 North Bridge Road, #23-03 and #23-08,
High Street Centre, Singapore 179094

CHARITY REGISTRATION NUMBER

0805

REGISTRY OF SOCIETIES/REGISTRATION NUMBER

110/78

UNIQUE ENTITY NUMBER

S78SS0031K

BANKERS

Oversea-Chinese Banking
Corporation Ltd (OCBC Bank)

AUDITORS

Lo Hock Ling & Co

REGISTRATIONS

The Society is registered with the Registry of Societies and with the Commissioner of Charities. The Society was registered with the Registry of Societies on 22 April 1978 and with the Commissioner of Charities on 26 April 1991.



CHAIRMAN'S MESSAGE

Thye Hua Kwan Moral Society celebrated 40 years of history in 2018. From our humble beginnings, THKMS has grown into a full-fledged organisation with a comprehensive range of services to serve the community. Our services reach out to the elderly, families, children and youth as well as persons with disabilities.

To mark our anniversary celebrations, we launched the Paddy Project in partnership with the National Youth Council to promote youth volunteerism. The initiative engaged youth volunteers from tertiary institutions to participate in a door to door rice distribution campaign. More than 5,000 households received 10,000kg worth of rice that was sponsored by our corporate partner, Eu Yan Sang International.

The Child Care Centres run by Thye Hua Kwan Moral Society were rebranded as Super Talent Childcare Centres. The centres also underwent a revamp to cater to the learning needs of preschoolers.

THKMS ran the THK Charity Show 2018 that was held on the 18th March. The event successfully raised more than \$4.5million for our programmes and services. Part of the proceeds went towards our subsidiaries which include Ang Mo Kio-Thye Hua Kwan Hospital, Thye Hua Kwan Nursing Home and Thye Hua Kwan Moral Charities.

THK Senior Care Centre @ Kaki Bukit, managed by Thye Hua Kwan Nursing Home piloted a programme with telemedicine provider, Doctor Anywhere to facilitate video consultations for patients with a doctor from the telemedicine firm. This new model of care helps to save time and effort spent by caregivers to ferry elderly patients to and fro clinics and hospitals.

Thye Hua Kwan Moral Charities also continued to strengthen our efforts within the community by rolling out several new programmes and services to cater to the growing needs of the community. These include the THK Home for Disabled @ Sembawang that provides residential care for adults with autism, as well as 2 new Seniors Activity Centres in Fengshan to encourage healthy living and active ageing among the elderly. The Thye Hua Kwan temple opened its doors from 16th May



Mr Lee Kim Siang, BBM(L)
Chairman
Thye Hua Kwan Moral Society





At the fourth floor: 玄玄上人: Our creator 造化主

2019, with a Consecration Ceremony, Opening Light Ceremony, 3 days of Prayers and Triple Celebrations on 20th May 2019. The Chinese temple will embrace people of different faiths to come together to learn about various religious practices and beliefs. We do so with full respect to their race, colour, creed, language, culture and religion. These efforts are important in our quest to promote inter-religious understanding in our multiracial community, in view of the growing racial and religious divide in other parts of the world.

Our second floor library keeps sacred books from all religions. The first floor has 108 statues and portraits of 5 major religions: Lao Tze, Buddha, Confucius, Jesus Christ and the word Mohamed. The third floor is our Filial Piety hall. We encourage people, not to dump their deceased parents, at any columbarium, but to visit them often. Members are encouraged to give us for safe keeping, their deceased parents' or relatives' videos of their life history. It is always important to remember and love them.

We must continue to protect what is dear to us and strengthen our social fabric to ensure that those who need help are not left behind. To do so, Thye Hua Kwan Moral Society will continue to work closely with the community stakeholders such as ministries, government agencies, corporate companies, donors and volunteers to further our mission: To Serve Mankind. We thank you for the support as we continue to work together to reach out to those who need help regardless of race, colour or religion.

五万 教教 同归 家宗

**Respect Peoples of Different
Race, Colour, Creed,
Language, Culture and Religion**

(These words are stated in our
first floor Prayer Hall)



THKMS MANAGEMENT COMMITTEE



ORGANISATION

The Society is managed by a Management Committee, which was elected at the Annual General Meeting in 2018 for a two-year term:

DESIGNATION	NAME
Chairman	Mr Lee Kim Siang
Vice-Chairman	Mr Ching Chiat Kwong
Vice-Chairman	Mr Goh Tock Mong
Vice-Chairman	Mr Chang Meng Teng
Vice-Chairman	Ms Lee Soon Hong
Hon. Secretary	Mr Ong Ser Huan
Asst. Secretary	Ms Yang Qiu Ping
Hon. Treasurer	Mr Tan Chai Kim
Asst. Treasurer	Mr Tay Kiam Peng
Chinese Correspondent	Ms Er Hwee Ju
Asst. Chinese Correspondent	Ms Yao Ya Ting
English Correspondent	Ms Betty Gool Puae Suan
Asst. English Correspondent	Mr Sim Teck Siang
Head Medicine Free Clinic	Mr Sim Beng Chiang
Asst. Head Medicine Free Clinic	Mr Sim Beng Swee
Head Public Relations	Ms Lew Soh Wah
Asst. Head Public Relations	Ms Quek Choon Huang
Head Moral Promotion	Ms Tan Chor Yeong
Asst. Head Moral Promotion	Ms Goh Soo Hian
Head Welfare Services	Mr Lee Teik Yong
Asst. Welfare Services	Mr Kuak Keian Meng
Committee Member	Mr Tan Chu Kee
Committee Member	Ms Kung Tsui Hua
Committee Member	Ms Er Hwee Yong
Committee Member	Aloysius Anthony Sebastian
Committee Member	Ms Cheng Yie Hua
Committee Member	Mr Tan Swee Gim

ORGANISATION CHART





THKMS DIRECT SERVICES

THYE HUA KWAN MORAL SOCIETY



EVENTS



'Rice for the needy' project seeks youth volunteers

Cheryl Tee

Nida Nur Adawiyah's passion for volunteerism was sparked by a trip to an old folks' home.

"I felt great. I loved seeing the happiness on residents' faces, and the joy and excitement that came with giving back," said the Greenridge Secondary School student.

This spurred her to join Project Y.O.U. - the youth initiative of Thyse Hua Kwan Moral Society's (THKMS) charity arm, Thyse Hua Kwan Moral Charities - in January last year.

Nida, 16, will devote several days over two months on her first major enterprise with the group - the Paddy Project, an eight-week rice

distribution campaign that will encourage young people to do something worthwhile, while gaining insight into social issues like ageing and poverty.

Young people who sign up for the project will pack and distribute rice bags - totalling 10,000kg - to elderly residents and low-income families in Singapore.

It aims to recruit volunteers with a truck that will visit tertiary institutions to get sign-ups.

Launched yesterday by Minister for Education Ong Ye Kung to mark the THKMS' 40th anniversary, the project aims to rally some 200 young people and deliver rice to 5,000 households by the end of July.

"This sector, it's really not just about your brain, though smart people

are always welcome, also not just about skills... but a lot about the heart," said Mr Ong. "I see a lot of heart in our young people now."

Other guests at the event were Senior Minister of State for Trade and Industry Koh Poh Koon and Marine Parade GRC MP Seah Kian Peng.

The Paddy Project team, comprising 160 students from tertiary institutions like the Singapore University of Technology and Design and ITE College Central, as well as Project Y.O.U., has been busy.

It has over 2,000 rice bags packed. Over the next three weeks, the truck will stop by schools to recruit more volunteers - who will in turn reach out to households in need located in heartland neighbourhoods such as Bukit Panjang,

Bedok North and MacPherson.

"Youths are stereotyped to be less... aware of social issues in the community. To us, that is not true. They just need the platform to realise these issues," said Thyse Hua Kwan Moral Charities chief operating officer Jason Lee.

If successful, the Paddy Project could see door-to-door distributions of more than just rice. "Of course, we are looking at whether the campaign can be scaled up," Mr Lee added.

THKMS is a non-profit group that operates over 90 programmes and services. It also runs initiatives such as THR Meals on Wheels, which delivers over 450,000 meals every year to the aged and sick.

teemin@sph.com.sg



Nida Nur Adawiyah with bags of rice that will be delivered to needy households as part of the Paddy Project. ST PHOTO: DESMOND WEE

Article reproduced from The Straits Times

Launch of Charity Buddha Donation Drive 2018

Mayor, Central Singapore CDC & Member of Parliament for Jalan Besar GRC Ms Denise Phua Lay Peng slotting a red packet into the Charity Buddha statue located at Waterloo street



Mayor, Central Singapore CDC & Member of Parliament for Jalan Besar GRC Ms Denise Phua Lay Peng launched the thirteenth year of the Charity Buddha donation drive on 3 February 2018.

Every donation that members of the public slot into the belly of the Laughing Buddha go towards supporting programmes such as the THK Free Meal Centres, THK Free Clinics and THK Social Services. The donation drive collects approximately \$200,000 yearly. The annual Charity Buddha donation drive was made possible with the support from Sin Chew Chinese Cultural Products Supermart Private Limited.

THK Little Bosses Fundraising Carnival

Students from THK Student Care Centres became young entrepreneurs at THK Little Bosses Fundraising Carnival to help raise funds for charity



36 little bosses from Thye Hua Kwan Moral Society's THK Student Care Centres, aged 7 to 13 years old, manned the booths at the THK Little Bosses Fundraising Carnival that took place at NEX, Event Plaza on 3 and 4 February 2018. Proceeds of the carnival raised funds and publicity for the star-studded THK Charity Show held in March.

In a bid to promote a spirit of entrepreneurship with a heart, Thye Hua Kwan Moral Society empowered the students through teaching them various skills beyond the classroom, such as event management, money management, and people management. This helps to equip our children with important life skills, and nurture them to lend a helping hand to the less fortunate.

THK Charity Show 2018



The grand finale of the THK
Charity Show 2018 held at MES
Theatre on 18 March 2018

THK Charity Show 2018 held on 18 March raised more than \$4.5million to run more than 90 programmes and services for the elderly, families, children as well as persons with disabilities. Overseas celebrities and local artistes lent their support for charity by delivering exciting performances. Residents from THK Home for Disabled @ Eunos also joined forces with Members of Parliament Associate Professor Dr Muhammad Faishal Ibrahim and Mr Baey Yam Keng, chefs, lawyers, doctors and bloggers to complete more than 500 metres of Chinese calligraphy.

Part of the proceeds from the Charity Show went towards supporting THK Nursing Home @ Hougang. Donations also supported unfunded programmes and services such as Free Meal Centres, free TCM and western clinic.



Minister for Education, Mr Ong Ye Kung officiated the launch of The Paddy Project, along with Dr Koh Poh Koon, Senior Minister of State, Ministry of Trade and Industry and Member of Parliament Mr Seah Kian Peng, THK Chairman Lee Kim Siang together with students from various tertiary institutions



To mark a significant milestone at the 40th anniversary, Thye Hua Kwan Moral Society and the National Youth Council jointly embarked on the launch of the Paddy Project. The highlight of the Paddy Project was a special roving truck that travelled to tertiary institutions in Singapore to reach out to youths on volunteerism.

Over a period of 6 weeks, more than 200 youths from secondary schools and tertiary institutions joined in to pack and distribute rice to the needy. They embarked on a door to door distribution of rice packs to the elderly and low-income households in various housing estates such as Woodlands, Bukit Panjang, Jurong, Tanjong Pagar, Ang Mo Kio and Bedok North. A total of 10,000kg of rice that was donated by Eu Yan Sang benefitted about 5,000 households.

Launch of The Paddy Project

Students from various tertiary institutions such as ITE College Central, Ngee Ann Polytechnic, Republic Polytechnic, Singapore University of Technology and Design and Singapore Institute of Management's iCare, youths from Project Y.O.U were part of The Paddy Project.



8th from left: Minister for Education, Mr Ong Ye Kung graced the cake-cutting ceremony at THK Triple Celebrations 2018 with THK Chairman Mr Lee Kim Siang and other distinguished guests

THK Triple Celebrations 2018

Minister for Education, Mr Ong Ye Kung graced Thye Hua Kwan Moral Society's (THKMS) 40th Anniversary held at Swissotel The Stamford on 29 May 2018. In conjunction with the event, Minister Ong also officiated the launch of a rice distribution campaign known as The Paddy Project, along with Dr Koh Poh Koon, Senior Minister of State, Ministry of Trade and Industry and Member of Parliament Mr Seah Kian Peng.

During the Anniversary Dinner, known as the THK Triple Celebrations, Minister Ong Ye Kung presented the awards to the individuals and corporate donors to acknowledge their support for the Thye Hua Kwan Charity Show 2018.

Inter Racial Inter Religious Harmony Nite 2018

Ms Sun Xueling, Senior Parliamentary Secretary, Ministry of Home Affairs & Ministry of National Development witnessed the completion of Singapore's largest jigsaw mural, measuring 15m by 15m at "Harmony Piece by Peace". The mural depicts Singapore's multi-cultural community interwoven elements of how Singaporeans live, work and play together in our common spaces.

The event was on 23 and 24 June at the open field next to Compass One. It was the first of a series of activities put together to commemorate the annual Inter Racial Inter Religious Harmony Nite and drew more than 5,000 participants who took part in carnival activities and the building of the jigsaw mural.



Harmony Piece by Peace





The completed jigsaw mural at Harmony Piece by Peace



Harmony Race

Participants for the Harmony Race picking up the skills for the traditional Lion Dance

27 participants aged between 18 to 35 formed 9 multiracial teams to compete in the Harmony Race. The teams accomplished 11 challenges across 5 pit stops at various well-known landmarks in Singapore, such as Tiong Bahru, Chinatown, Little India, Malay Heritage Centre and Eurasian Community House. The participants learnt techniques in Chinese opera, tied Indian flower garlands, played the kompang, a traditional Malay instrument, as well as Eurasian dance steps.

Members of the community were also involved in the Harmony Race. Shopkeepers, vendors, shoppers and chefs became game masters and instructors to assist the teams in accomplishing these challenges.

Harmony Idol

THK Chairman Lee Kim Siang on stage with the winning contestants for the Harmony Idol



The Harmony Idol was a talent competition that showcased cross-cultural music, song and dance performances performed by homegrown talents of different races, religions and age groups.

The event was held at Ang Mo Kio Central Stage, where the audience had a chance to vote for their favourite contestants. Members of the public also took part in trivia quizzes to promote racial and religious understanding.

Inter Racial Inter Religious Harmony Nite 2018





Ms Antonina Maktviyenko, a singer from Ukraine performing with our children from THK Child Care Centres at Inter Racial Inter Religious Harmony Nite 2018



A dance performance contributed by the Royal Thai Embassy in Singapore



President Halimah Jacob penning her autograph on 15 jigsaw pieces that represented the work of the various ministries that helped to build a cohesive community in Singapore

The 15th Inter Racial Inter Religious Harmony Nite was attended by more than 2,200 members of the public from all walks of life. Ambassadors and foreign diplomats from 17 different countries and Member of Parliament Dr Lim Wee Kiak attended the event with President Halimah Jacob, who was the Guest of Honour.

The event theme was Harmony: where our hearts meet, where the message of racial and religious harmony reached out to the common spaces in the heartlands, to promote inclusivity and bonding among the young and old as well as families.

The Royal Thai Embassy as well as the Embassy of Ukraine in Singapore also contributed cultural performances at the event to share the cultural diversity from other countries and to foster cross-cultural understanding.

5000人齐心协力

拼出和谐社会最大拼图

许翔宇 报道
hsiangyul@fresh.com.sg

约5000名公众合力将16000个板块拼成一幅展示种族和宗教和谐社会图景的巨型拼图，面积几乎等于一个网球场，相像是至今本地最大拼图。

不同年龄、种族和文化背景的国人过去两天在嘉德图书馆

(Compass One)旁的草地上，将这个15公尺宽的方形拼图拼凑起来。每个参与者负责拼凑一个板块。许多人偕同家人一起完成这项拼图挑战。现场还举行嘉年华和各种文化

活动，两天内吸引了1万2000人参与。活动是由每年一度“种族宗教和谐联谊会”的筹办委员会举办，成员包括佛教太和观、新加坡

宗教联谊会、新加坡印度人发展理事会、回教社会发展理事会、华社自助理事会、欧亚裔人士协会、德教济云南和德教济海南。内政部部长兼国家发展部高级政务次长孙雪玲昨晚以主席身份出席活动，完成最后一块拼图。正如拼图需

由一个个板块拼凑而成，每个人对

维护我国社会和谐和凝聚力都扮演着重要角色。“完成后的拼图不仅反映新加坡的多元文化、种族和宗教，也凸显我们具有团结一致的共同目标。”

拼图挑战是配合7月14日于新加坡博览中心举行的“种族宗教和谐联谊会”的活动之一。联谊会主席是哈莉玛总统和大舅。筹办委员会到时会将上述拼图的复制版献



约5000名公众过去两天携手拼凑一幅展示种族和宗教和谐社会图景的巨型拼图。图为公众完成拼图后站在上面自拍。(林泽俊摄)

Article reproduced from Lianhe Zaobao

High-level inter-faith meet on the cards

Felicia Choo

Singapore could host a high-level international dialogue focused on inter-faith harmony as soon as next year – if the idea mooted recently by President Halimah Yacob takes shape.

Speaking to reporters yesterday, Madam Halimah said she is working with government agencies here on the details of the proposed dialogue, which she hopes will be on a similar level and have similar recognition as the annual Shangri-La Dialogue on security issues.

"While we are celebrating our religious and racial diversity as something that is good for us, in many other countries it is seen as a difficulty, a source of conflict," she said, speaking on the sidelines of the 15th Inter Racial Religious Harmony Nite.

"What we need to do is to see how we can share this understanding and that's why I have suggested we have a high-level conference that encompasses not only Singapore but also other parts of the world."

Asked when the dialogue could be held, Madam Halimah said she hopes Singaporeans can look forward to it "maybe next year".

In May, Madam Halimah had mooted the idea of holding a high-level dialogue on inter-faith harmony similar to the annual Shangri-La Dialogue, where government leaders, military chiefs and experts from the Asia-Pacific discuss

latest security and defence matters. She said it would be "really wonderful" to have an inter-faith dialogue with that same level of prestige and status.

Yesterday, she reiterated that Singapore's racial and religious harmony has not been by chance but by design through many progressive policies and practices, and that this harmony should constantly be broadened to embrace a wider part of society.

"We should not look at racial and religious harmony just as a source to prevent extremism, but rather we should see it as a way to develop people to respect and accommodate each other, to contribute towards the improvement of humanity," said Madam Halimah.

She was guest of honour at the event, held at Singapore Expo, which marks the importance of racial and religious harmony here. In attendance were more than 2,200 Singaporeans and new citizens, as well as ambassadors and foreign diplomats from 18 countries. At the event which featured various cultural performances, Halimah signed 15 pieces that will be presented to ministries in Singapore, in appreciation for their towards racial harmony.

The event was hosted by Hua Kwan Yee.



Article reproduced from The Straits Times

THKMS COMMUNITY SERVICES



Super Talent Childcare

In 2018, Super Talent Childcare Limited entered its third year as an appointed Partner Operator (POP) under Early Childhood Development Agency's (ECDA) POP Scheme. The 4 centres continue to review and enhance existing processes to provide quality care and education for young children.

Super Talent Childcare Limited constantly strives to ensure that their staff are given the opportunities to upgrade themselves through courses offered by ECDA and other service providers.



Our staff doing stretching exercises at the Super Talent Childcare Workout Day

Super Talent Childcare Workout Day

Super Talent Childcare Workout Day was held on 12 April 2018 at Kovan Sports Centre. Member of Parliament for Sembawang GRC, Dr Lim Wee Kiak, graced the event as Guest of Honour. Super Talent Childcare also took the opportunity to thank their various partners for their support over the past few years. Vendors such as Malaysia Dairy Industries Pte Ltd, WAGA Sports International Pte Ltd and Sheng

Feng Transport Services were awarded tokens of appreciation.

Besides wushu and zumba performances that kickstarted the programme, there were also games booths for children and a friendly football competition that took place among the K2 children from all centres.



Staff Training

At Super Talent Childcare Centres, continual professional development for staff is important because this helps to ensure that they build on their capabilities to remain competent in their fields. Moreover, it allows them to share knowledge, build networks, and keep abreast of the industry trends that may benefit their children and their families. Staff are given ample opportunities to attend workshops, events and courses organised by ECDA and other recognised providers.

Super Talent Childcare’s preschool teachers attended a workshop on stress management, conducted by SEED Institute on 9 July 2018. During the workshop, the instructors from SEED Institute taught course participants how to identify the causes and symptoms of stress as well as strategies to deal with it. At the end of the session, the teachers were able to state potential work stressors, identify symptoms of stress and apply stress management techniques effectively.



4th from left: ECDA CEO Mr Eugene Leong, Senior Parliamentary Secretary, Ministry of Education & Ministry of Manpower Ms Low Yen Ling presenting the SPARK certification to our staff from Super Talent Childcare (Ang Mo Kio)



SPARK Certification

Super Talent Childcare (Ang Mo Kio) attained SPARK certification in 2018. SPARK is a quality assurance framework that provides recognition and support to Childcare centres and preschools for their efforts to improve teaching, learning, administrative and management processes so as to enhance the holistic development and well-being of young N2 to K2 children.

THK Student Care Centres

Thye Hua Kwan Moral Society runs 3 Student Care Centres to provide care and supervision to school-going children aged 7 years (Primary 1) to 14 years (Secondary 2). THK Student Care Centres (SCC) provide a conducive environment for the children's holistic development and provides support in areas such as homework supervision, organised play, enrichment and recreational activities.



Students from Seng Kang Secondary School contributing their time to tutor and bond with children from THK Student Care Centres

Seng Kang Secondary School Volunteers

THK Student Care Centre @ Bedok North collaborated with Seng Kang Secondary School to come up with activities that benefitted the students of THK Student Care Centre as part of the Values in Action (VIA) programme. Values in Action (VIA) are learning experiences that support students' development as socially responsible citizens who contribute meaningfully to the community, through the learning and application of values such as care and respect, as well as knowledge and skills. Students of Seng Kang Secondary assisted THK Student Care Centre students with their homework and engaged them in several activities such as card games and board games.

THK Senior Care Centre @ Kaki Bukit

Since November 2018, THK Student Care Centre @ Bedok North has collaborated with THK Senior Care Centre @ Kaki Bukit to promote intergenerational bonding and bridge gaps between the young and elderly through a series of social activities. The children and elderly participated in storytelling sessions and other activities such as Zumba and board games. THK Student Care Centre @ Bedok North conducted the visits twice a week to encourage students to build rapport with the elderly.



Intergenerational bonding between the young and the elderly at THK Senior Care Centre @ Kaki Bukit

Partnership with Anglo - Chinese School

In collaboration with Anglo-Chinese School, student volunteers contributed their time and knowledge over a 10-week curriculum, that aimed to reach out to children that required additional assistance in their school work. Over the weeks, the students saw improvements in studies, and friendships were forged through tuition and activities designed to challenge their mental skills, art workshops and outdoor activities.

Indian Workshop with Esplanade

Children from THK Student Care Centre @ Bukit Panjang and Punggol Walk collaborated with Esplanade as part of their efforts to promote the Indian Festival of Arts 2018. The students got an opportunity to explore the rich heritage of traditional Indian dance. In the introductory

workshop, the children were taught the various body postures as well as hand gestures that represents different elements of nature. This yearly partnership with Esplanade ensures that the children are exposed to the wide range of arts to broaden their horizons.

Touching Hearts - Kaleidoscope Workshop with NIE Teachers

“Touching Hearts – Kaleidoscope” was a workshop organised by NIE student-teachers for children from THK Student Care Centre @ Bukit Panjang. The partnership provided an avenue for the children in primary school to learn through exploration and play through a series of engaging workshops. Over the course of the 5-day workshop, the children were challenged to step out of their comfort zones and expressed themselves creatively in the areas of arts and social skills.

THKMS WELFARE SERVICES





Angsana Home @ Pelangi Village

Angsana Home @ Pelangi Village is a gazetted Welfare Home under the Destitute Persons Act. The Home renders care and rehabilitation to destitute persons. It also operates an intake centre. The Home can accommodate 180 main home residents and 20 intake centre residents

Thye Hua Kwan Moral Society (THKMS) was awarded and contracted for a term of 3 years of managing agent rights for Angsana Home with effect from 1st April 2018 onwards by the Ministry of Social and Family development (MSF). The model of care at the Home involves holistic assessment of their residents' needs, fostering individual care plans and interim goals, and empowering the residents with support and services. Our multidisciplinary team comprises nursing, operations, programme, case management and administration staff coming together as an integrated unit to ensure timely support and quality care.

Angsana Home @ Pelangi Village



Sheltered workshop services conducted at Angsana Home @ Pelangi Village

Strategic Partnership

In 2018, the Home continued to collaborate with National Addictions Management Services (NAMS), particularly with their counsellors, occupational therapists and psychiatrists. NAMS conducted sessions with the residents on a weekly basis.

The Home continued to foster close working relations with external partners such as New Hope, Industrial & Services Co-operative Society Ltd, National Addictions Management Services, Institute of Mental Health and Singapore Association for Mental Health. The Case Management team also explored working with Seniors Activity Centres (SACs) for collaboration to conduct Joint Singles Scheme (JSS) housing matching between the SAC's clients and suitable Home residents as part of their discharge plans.

Strategic Planning

The Home has embarked on strategic planning for forecasted needs. This plan, known as the "Angsana Future Ready Masterplan", will be executed in 3 phases, spanning over 2018 - 2020. The plan involves strategic planning for the Home's infrastructure in areas of information technology systems, security enhancement, effective space planning of the premises, as well as staff development in areas such as service delivery, professionalism and overall competencies. In 2018, the work focused on planning, facilitating and coordinating resources. The implementation and evaluation of outcomes will take place in the coming years.



Moral Welfare Home

Moral Welfare Home is a gazetted welfare home of the Ministry of Social and Family Development. Thye Hua Kwan Moral Society is the managing agent for the Ministry and helps to administer care, reception and rehabilitation of destitute persons. 80% of the residents are intellectually disabled and all of them are diagnosed with multiple disabilities.

The Home also set up a computer literacy programme to engage residents with higher functional skills.



Residents enjoyed an outing to Singapore Zoo as part of "Big Day Out 4"



Moral Welfare Home

Residents from Moral Welfare Home participating in a drumming session

Community and Corporate Partnerships

The Home's annual event: "Big Day Out 4" was held on 12 July 2018 at the Singapore Zoo. The event was made possible due to the support from long-term partner James Cook University. Volunteers like ST Kinetics, AVTs, BeKind SG, Christ Grace Church, SparkleTots (Telok Blangah), Pu Ti Buddhist Temple, Mahaprajna Buddhist Association, SAFRACS and NUS Student Union Volunteer Action Committee have also contributed their efforts to bring joy to the residents.

The Home operates a multi-sensory integration room set up by Playeum. The room is designed with features to improve the interaction between care workers and residents by means of sensory stimulation. The residents can engage in multi-sensory activities that involves visual, auditory, and tactile perception to improve their physical and social interaction.



Residents exploring the functions of the multi-sensory integration room

THK Free Meal Centres

THKMS provides free or subsidised meals for the elderly at the following locations.

THK FREE MEAL CENTRE @ TELOK BLANGAH CRESCENT

Blk 4 Telok Blangah
Crescent
#01-500
Singapore 090004

THK FREE MEAL CENTRE @ TOA PAYOH

Blk 31 Lorong 5 Toa Payoh
#01-663
Singapore 310031

THK INDUS MORAL CARE (Under THKMC/ Subsidised Meals)

Blk 79 Indus Road
#01-451
Singapore 161079

THK FREE MEAL CENTRE @ MACPHERSON

Blk 91 Paya Lebar Way
#01-3023
Singapore 370091



THKMS MEDICAL SERVICES



THKMS offers medical services for the community through the THK Free Clinic (Western) located within THK Family Service Centre @ MacPherson as well as Traditional Chinese Medicine (TCM) clinics located at Taman Jurong and the Ang Mo Kio-Thye Hua Kwan Hospital.

THK Free Clinic (Western Medical) welcomes migrant workers in need seeking medical consultation. THK Free Clinic (Western Medical) is open once a week and has about 250 patient visits per year.

THK Medical Services serve anyone who needs help with full respect to their race, colour, creed, language, culture and religion.

THK FREE CLINIC (WESTERN MEDICAL)

Blk 91 Paya Lebar Way
#01-3003
Singapore 370091
Tel: 6741 4255
Operating Hours:
Every Tuesday: 7pm to 9pm

**THK TCM MEDICAL CENTRE
(TAMAN JURONG)**

Blk 337 Tah Ching Road
#01-01
Singapore 610337
Operating Hours:
Monday: 6pm to 9pm
Thursday: 9am to 12pm

THK TCM MEDICAL CENTRE (AMK-THKH)

17 Ang Mo Kio Ave 9
Singapore 569766
Operating hours:
Monday to Friday: 8am to 5pm
Saturday: 8am to 12pm

THK Clinics (Western Medical & TCM)



TCM doctor administering treatment at the clinic

THKMS SUBSIDIARIES



Ang Mo Kio - Thye Hua Kwan Hospital

Ang Mo Kio – Thye Hua Kwan Hospital (AMKH) is a 370-bedded step-down care facility that is primarily focused on rehabilitative care. The Hospital also provides sub-acute care, dementia care as well as pre-terminal palliative care for our patients. The aim is to help patients achieve independence and integration into the community.

The Hospital makes continuous effort to provide seamless care for patients by identifying service gaps, as well as to empower the community through training programmes.

Hospital Expansion

As part of the Hospital's expansion plans, a 170 square metre gym and rehabilitation space have also been added. Ward 2 South (Isolation Ward) also commenced operations on 3 April 2018. The ward has 10 single-patient isolation rooms which help to control the spread of infection from patients requiring isolation.



Nursing staff donning PPE, preparing to enter the isolation wards

Ang Mo Kio- Thye Hua Kwan Hospital

Staff from AMK-THK
Hospital received awards
and recognition at
Singapore Health Quality
Service Awards



Singapore Health Quality Service Awards 2018

The Singapore Health Quality Service Award 2018 (SHQSA) was held on 30 January 2018 at the Mediacorp MES Theatre.

This award honours healthcare professionals who have delivered quality care and excellent service to patients.

Ang Mo Kio – Thye Hua Kwan hospital bagged a total of 61 Star, 81 Gold and 140 Silver awards at this annual event in addition to the Superstar, Special Mention and Team Award winners.



Community Care Manpower Development Awards 2018

The Community Care Manpower Development Award set to increase the capabilities in the Community Care sector by providing opportunities for continuous upgrading and professional development of staff working in the sector.

A total of 12 recipients from Ang Mo Kio – Thye Hua Kwan Hospital received the award on 5 September 2018 from Senior Minister of State for Ministry of Health & Ministry of the Environment and Water Resources, Dr Amy Khor to further their learning and development through further studies.

Community Care Excellence Awards 2018

The Hospital also bagged several awards at the Community Care Excellence Awards Ceremony, which was held on 19 September 2018 at Singapore Expo.

11 recipients from AMK-THKH received the Silver Awards from the individual category, The Prevention of Catheter-Associated Urinary Tract Infection (CAUTI) team clinched the Merit Award for Clinical Quality Improvement and the Animal Therapy Team won the Client Experience Improvement Award.



A nursing staff caring for a patient

Ang Mo Kio-Thye Hua Kwan Hospital



Patients from AMK-THK Hospital engaging in animal therapy to relieve stress and improve moods

Animal Therapy

Prolonged stay in a hospital can often affect a patient's mood and social well-being. Ang Mo Kio-Thye Hua Kwan Hospital created a therapeutic experience for patients by introducing Pet Therapy through Animal-Assisted-Activity (AAA) and Animal-Assisted-Therapy (AAT).

Partners such as Save our Street Dogs (SoSD) and Cat-Assisted Therapy Singapore (CATS) were engaged to support the programme. Over 100 interaction sessions have been conducted for the patients since the programme's inception.



Madam Poh Poh Choo, 72, a patient at Ang Mo Kio-Thye Hua Kwan Hospital, feeding a cat during a therapy session, with encouragement from the cat's owner Leanne Teo, 47, and Ms Gelena Anandarajah. ET PHOTO ALVIN HO

Boosting patient well-being with pet-assisted therapy

Therapist who started project among 3,500 who won health quality service awards

Felicia Choo

Outside Ang Mo Kio-Thye Hua Kwan Hospital, patients play with dogs or groom and pet them as part of their occupational therapy.

Dogs Max and Cobi, together with their feline friend Alfie, are among the six animals whose owners

have volunteered for the weekly half-hour sessions, which help dementia patients and those with other cognitive problems improve their well-being.

The programme, which is the first of its kind here, is the brainchild of senior occupational therapist Gelena Anandarajah, who was inspired by her love for animals growing up and the "emotional support" her pets provided.

"As dementia progresses, the patients lose the ability to communicate so they might not be able to tell you how they feel," said Ms Anandarajah, who won the Superstar Award in the intermediate and long-term care allied health category at the Singapore Health Quality Service Awards 2018 yesterday.

"But (the dogs) are quite sensitive (and) I feel they look more at

the person's body language. It doesn't matter what you say, whether you speak or not, but they're able to pick up these cues from the patients."

Since animal-assisted therapy sessions started in 2016, patients have been happier and more engaged, she added. They have also improved physically, such as in terms of balance.

Ms Anandarajah, 28, was one of more than 3,500 winners who received awards at the MES Theatre at Mediacorp.

The winners came from 30 public healthcare institutions, community hospitals, intermediate and long-term care sector agencies and private healthcare bodies.

Organised by the SingHealth Duke-NUS Academic Medical Centre, the awards have recognised healthcare professionals from the acute and community care sectors since 2011.

"With more patients having multiple medical conditions in an ageing population, multi-disciplinary care to address different needs will become more crucial," said Minister for Health Gan Kim Yong, who was guest of honour at the event.

Another Superstar Award winner was Dr Chan Yew Meng, a senior consultant at Singapore General Hospital's (SGH) Department of Otolaryngology.

He took the prize in the clinician category for his pioneering work in the field of tinnitus – a condition that causes ringing in the ears – after starting SGH's Tinnitus Clinic.

Ren Ci Community Hospital won the best team award in the "service initiative improvement team category" for reducing the number of delayed discharges.

By improving communication with caregivers, it managed to cut the number of discharge delays from 22 to two in 2016.

Nurse manager Lingaraj Prabha, 37, who was part of the project team, said: "I'm happy that my patients are discharged on time... if we didn't do this project, we would not have put ourselves into others' shoes."

felicia@sph.com.sg

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THK Nursing Home @ Hougang



THK Nursing Home @ Hougang provides quality nursing care for up to 285 seniors, including 114 beds for those with dementia. The nursing home provides a person-centred and safe environment to facilitate aging in the community.

A series of programmes and community partnerships are in place to keep the residents engaged and actively stimulated to counter the four major problems of loneliness, boredom, despair and isolation which are common problems for many seniors staying in residential care.



A resident from THK Nursing Home @ Hougang participating in the Healing Paws programme

Healing Paws For Seniors

THK Nursing Home @ Hougang collaborated with "Save Our Street Dogs" (SOSD) to facilitate the Healing Paws programme. The elderly residents enjoyed interacting with the domesticated dogs which provided them with an avenue to relax and dispel boredom.

Intergenerational Programme

YOLDEN Arts is a programme by the National Youth Council (NYC) in collaboration with Agency for Integrated Care (AIC) and National Arts Council. 30 youth volunteers from NYC visited the Home regularly over 10 sessions to spend time with the elderly residents. Residents also engaged in Sensory Art, together with the help of youth volunteers to encourage befriending and interaction.



Volunteers from National Youth Council conducted art workshops at the Nursing Home



THK NURSING HOME @ Hougang

The Tutti Automated Bath System reduces the manpower needed to assist residents with their daily ablutions

Tutti Bath Project

THK Nursing Home @ Hougang introduced the Tutti Bath project in 2018. The Tutti Assisted Bathtub improved bath times for the wheelchair and bed-bound residents in the nursing home, thereby increasing the efficiency of the work process for care staff. The tub fills in just 50 seconds and only 1 staff is required to supervise the session and administer the bathing system. The Tutti Automated Bath System helped to improve quality and dignity of care through “Jacuzzi-style” automated bath and increase productivity of staff by reducing man-hours required.



A resident engaging in the CoMoFit, designed to provide physical and mental stimulation

CoMoFit Programme

The Home embarked on the CoMoFit programme that is specifically designed for use by the elderly. The programme can be catered to suit the users’ physical and cognitive capabilities. The choice of exercise and theme is tailored according to the needs and interests of the user. As an evidence-based tool, the programme seeks to improve and maintain physical and cognitive functioning through therapeutic video games. Seniors living with dementia also benefited by taking part in these physical and social activities which helps to boost their self-confidence.



The multi-sensory room designed to help calm or stimulate users, depending on the objectives

Sensory Room

The Home has a sensory room equipped with sensory activities for the elderly to provide a level of stimulation. This helps to increase awareness and attention. Matching the sensory demand of the activity with a well-designed environment help the elderly living with dementia to participate actively.

The sensory room combines gentle light, movement, music and tactile objects designed to calm or stimulate residents. This can help to enhance the feelings of comfort and well-being, relieve any stress or pain, and maximize the resident’s potential to focus. All of these help them to improve communication and memory. The Home’s therapy team conducts 4 sessions a week.

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THKNH Home Care Services

Thye Hua Kwan Nursing Home Limited provides Home Care Services to serve clients who are not suitable for centre-based services. Home Care Services help to support frail and homebound clients in areas such as personal hygiene, housekeeping and mind-stimulation activities.



THKNH staff assisting the client in running simple errands

- Home Medical & Nursing programme serves clients who require medical or nursing care due to various chronic conditions or terminal illnesses.
- Home Personal Care Services provide help in medication care, personal hygiene, mind-stimulation activities, simple prescribed exercises, elder-sitting and caregiver respite, as well as running simple errands.
- Interim Care Services provides assistance in nutrition and feeding, wound care, respiratory care, tube/catheter care and stoma care.

THK Senior Care Centre @ Kaki Bukit

THK Senior Care Centre @ Kaki Bukit has the capacity to care for around 80 seniors. It offers a range of step-down care services to provide a conducive and engaging environment for the elderly clients to stay active while receiving medical care.

Community Telehealth programme

More than 30 clients and their caregivers have benefited from Community Telehealth programme. Apart from allowing the clients to receive doctor's consultation at the Senior Care Centre during their time at the centre. Besides reducing the waiting time involved, the service has helped to reduce the need for clients and their families to travel to and fro hospitals and clinics for appointments and consultations. We have extended the service further to include doctor's assessments for rehabilitation certification, funding eligibility as well as wound care.

Maintenance Day Care & Centre-Based Nursing

The Maintenance Day Care Centre serves elderly clients who are frail or physically disabled. Programmes and activities run by our therapists allow them to maintain or improve their general, physical and social well-being. The programme also serves elderly who require nursing care for wound related problems and provides respite and support for caregivers who require assistance in caring for their loved ones.



Seniors engaging in activities at THK Senior Care Centre @ Kaki Bukit

THK Senior Care Centre @ Kaki Bukit

Dementia Day Care Centre

The Dementia Day Care Centre serves elderly clients who are diagnosed with dementia and living in the community. The centre-based monitoring provides support and assistance with their daily activities that helps to slow down the deterioration process of their physical and mental functions, so as to maintain their general and social well-being. Similarly, caregiver support is also given to caregivers who require respite or support.



Seniors taking part in exercises to improve their physical well-being

Day Rehabilitation Centre

The Day Rehabilitation Centre serves clients who require rehabilitation and therapy to improve their functional status. This is done through sessions with our physiotherapists and occupational therapists who will help to maintain the clients' physical and mental function, as well as empower them to stay independent and active in the community. Evening therapy sessions are also available to allow family members to bring clients in for therapy after working hours.

德教太和观与远程医疗公司合作

病人在护士陪伴下
用视频让医生看诊

李熙爱 报道

leeheeai@sph.com.sg

为解决病人没时间求医进行评估而影响复健进度，德教太和观与远程医疗起步公司合作，通过医疗应用程序，让他们的病人在护士陪伴下利用视频让医生看诊，省下到诊所的通勤和候诊时间，复健也无需暂停。

太和观乐龄护理中心经理梁光荣受访时透露，复健病人每六个月得看医生一次，重新评估是否适合继续做复健。然而，几乎所有病人的家属忙于工作，抽不出时间带病人看医生，因此病人只好暂停复健，直到获得医生评估。这意味病人有时得暂停几周甚至几个月的复健，影响他们的疗程。

为了方便病人求医，太和观四个月前与远程医疗起步公司Doctor Anywhere合作，医生会通过视频为病人看病，必要时也开药方。Doctor Anywhere每次20元的看诊费由太和观承担，目前已惠及29名年长者。

病人可在护士的陪同下，在中心内随时用此应用程序看医生进行评估，无需另外安排到诊所看病，因而省下通勤和候诊时间，对行动不便的病人也带来便利。

除了评估病人是否适合继续复健，病人若身上有小伤口或淤青，也可马上通过Doctor Anywhere求



医生远程检验老妇
伤势无碍可续复健

德教太和观乐龄护理中心经理梁光荣受访时透露，复健病人每六个月得看医生一次，重新评估是否适合继续做复健。然而，几乎所有病人的家属忙于工作，抽不出时间带病人看医生，因此病人只好暂停复健，直到获得医生评估。这意味病人有时得暂停几周甚至几个月的复健，影响他们的疗程。

年长病人能在德教太和观中心内，通过Doctor Anywhere让医生看诊，护士也在旁更详细地向医生解释病人的情况。（Doctor Anywhere提供）

诊，护士就能即时地根据医生指示来处理病人的伤口。

虽然Doctor Anywhere可随时随地使用，但为了让医生更好地了解病人的情况，太和观会安排一名护士在病人身旁。

梁光荣解释：“有些病人有失智症，无法清楚表达自己的病情。我们的护士就可帮忙向医生解释，同时提供病人病例和叙述一些观察，让医生更全面地掌握病人的情况。”

Article reproduced from Lianhe Wanbao

THK Moral Charities

Thye Hua Kwan Moral Charities (THKMC) is the social service charity arm of Thye Hua Kwan Moral Society (THKMS). Since October 2011, Thye Hua Kwan Moral Charities (THKMC) was incorporated as a charity with IPC status to provide multiple social and welfare services to the community.

THKMC provides assistance to the various groups in our community through more than 60 programmes and services for adults, families, elderly and persons with disability.

Opening of THK Home for Disabled @ Sembawang

THK Home for Disabled @ Sembawang became operational in April 2018. The Home was built under Build-Own-Lease (BOL) scheme initiated by the Ministry of Social and Family Development (MSF) and provides long-term residential care for adults aged between 16 and 55 years old who are diagnosed with intellectual disabilities (ID) and/or Autism Spectrum Disorder (ASD), or other co-morbidities. The Home has a capacity to accommodate up to 180 clients.





THK Home for Disabled @ Sembawang located at 7 Sembawang Walk

THK Moral Charities



An elderly from THK SAC @ Fengshan 114 participating in craft activities

New Seniors Activity Centres in Fengshan

THKMC set up two Seniors Activity Centres located within the Fengshan precinct at Blk 101 and 114 to serve more than 300 elderly who live in rental flats with low-income or at risk of social isolation.

This brings the THKMC's network of eldercare services to a total of 17 Seniors Activity Centres, on top of other eldercare services that support the elderly to age in place in the community.

THKMC Staff Appreciation Nite 2018: Adventures of the Sea

THKMC Staff Appreciation Nite 2018 was held at Resorts World Sentosa on 14 December 2018 to celebrate THKMC's 7th anniversary. A total of 65 Long Service Awards, 39 Promotion Awards and 38 Commendation Awards were given out to honour our staff.

At the event, Mr Jason Lee, Chief Operating Officer for Thye Hua Kwan Moral Charities announced a series of enhanced benefits for staff, such as added leave entitlement, birthday leave and revised training bond structure to encourage staff to take charge of their own learning and development.



Staff from various divisions were dressed to the theme; as a captain, mermaid, pirate or Hawaiian tourists

THK Moral Charities

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New initiative integrates special needs kids into mainstream schools

Esther Koh

An initiative has been launched with the aim of integrating special needs children into a mainstream school setting.

It is one of several in a pilot programme by the Ministry of Social and Family Development to better cater to the diversity of children who are taking part in the Early Intervention Programme for Infants and Children (Epic).

Epic centres at Thye Hua Kwan (THK); SPD, which helps people with disabilities; and the Asian Women's Welfare Association are

working together with the ministry to trial these new initiatives.

Under the new initiative, special needs children in Epic centres are taught by professionals trained in early intervention alongside their pre-school teachers.

The Epic professionals also advise mainstream pre-school teachers, who may not have had training on how to handle such children.

Results have been encouraging so far.

"Not only are pre-school teachers now better equipped to handle children with special needs, mainstream pre-school pupils are also picking up how to encourage the

Epic child," said Ms Low Hwee San, acting divisional director of the THK Epic centre.

"It has been heart-warming to see how even young pupils model after our Epic staff, and encourage their classmate with special needs to join in class activities."

These initiatives were unveiled by the Minister for Social and Family Development Desmond Lee at the inaugural Early Intervention Conference yesterday.

The current child-support model adopted by Epic uses a one-size-fits-all approach, said Mr Lee.

But he noted the "needs of Epic children vary widely".

ROLE MODELS

Not only are pre-school teachers now better equipped to handle children with special needs, mainstream pre-school pupils are also picking up how to encourage the Epic child.



MS LOW HWEE SAN, acting divisional director of the THK Epic centre.

such as guidance on how to interact with friends, Mr Lee said.

This also means children who have made sufficient progress in Epic can be integrated into mainstream schools, he added.

Ms Low said: "This new initiative goes beyond benefiting children from our Epic centres. By enabling Epic professionals to work collaboratively with mainstream pre-schools, we can increase inclusiveness in the mainstream pre-school setting.

"This is what an inclusive society is all about."

kohes@sph.com.sg

"Some of them may respond better to intervention provided in the mainstream pre-school setting, while others may require more intensive and individual intervention at the beginning."

The new pilot programme aims to allow for variation in the intensity of support provided to pupils with special needs, as well as flexibility to accommodate the growth of a child with special needs over time.

For example, a child may not be able to follow instructions in the beginning, and require more support from staff.

Over time, however, he may require a different kind of support –



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THK SERVICES DIRECTORY

THK TEMPLE

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Singapore 569766
Tel: 6453 8033

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@ MacPherson
Blk 91 Paya Lebar Way
#01-3003
Singapore 370031
Tel: 6450 6159

THK TCM Medical Clinic
(Ang Mo Kio)
17 Ang Mo Kio Ave 9
Singapore 569766
Tel: 6450 6172

THK TCM Medical Centre
(Taman Jurong)
Blk 337 Tah Ching Road
#01-01
Singapore 610337
Tel: 6795 1185

THERAPY SERVICES

THK Therapy Hub
150A Mei Chin Rd
#02-01 Singapore 140150
Tel: 6471 4270

THK Children Therapy
Centre @ Queenstown
150A Mei Chin Rd
#02-01
Singapore 140150
Tel: 6471 4270

THK Children Therapy
Centre @ MacPherson
Blk 121 Paya Lebar Way
#01-2859
Singapore 381121
Tel: 6805 9480

REHABILITATION & WELLNESS CENTRES

THK Seniors Activity Centre
@ Ang Mo Kio 257
Blk 257 Ang Mo Kio Ave 4
#01-67 Singapore 560257
Tel: 6459 9139

THK Wellness Hub @ 80B
Blk 80B Telok Blangah
Street 3 Singapore 102080
Tel: 6837 9130

DISABILITY SERVICES

THK Home For Disabled
@ Eunos

THK Hostel For Disabled
@ Eunos

THK Home For Disabled
Adults @ Eunos
20 Jalan Eunos
Singapore 419494
Tel: 6745 9926

THK Home For Disabled
Adults @ Chai Chee &
Day Activity Centre
2 Chai Chee Lane
Singapore 469030
Tel: 6441 7640

THK Pan-Disability Centre
@ Eunos
Blk 3 Eunos Crescent
#01-2577 Singapore 400003
Tel: 6846 1171

THK Welfare Home
301 Henderson Road
Singapore 108931
Tel: 6273 2239

THK Angsana Home
@ Pelangi Village
14 Buangkok Green
Singapore 539755
Tel: 6489 8707

THK Autism Centre
@ Geylang Bahru
Blk 72 Geylang Bahru
#01-3018/3032
Singapore 330072
Tel: 6906 7106

ELDERLY SERVICES

THK Nursing Home
48 Hougang Ave 8
Singapore 538793
Tel: 6812 9840

THK Indus Moral CARE
Blk 79 Indus Rd #01-451
Singapore 161079
Tel: 6276 3283

THK Seniors Activity Centre
@ Ang Mo Kio 257
Blk 257 Ang Mo Kio Ave 4
#01-67 Singapore 560257
Tel: 6459 9139

THK Seniors Activity Centre
@ Ang Mo Kio 645
Blk 645 Ang Mo Kio Ave 6
#01-4937 Singapore 560645
Tel: 6554 7263

THK Seniors Activity Centre
@ Ang Mo Kio 208
Blk 208 Ang Mo Kio Ave 1
#01-1019 Singapore 560208
Tel: 6456 2611

THK Seniors Activity Centre
@ Boon Lay
Blk 190 Boon Lay Drive
#01-242 Singapore 640190
Tel: 6264 6065

THK Seniors Activity Centre
@ Bukit Merah View
Blk 118 Bukit Merah View
#02-101 Singapore 150118
Tel: 6276 4761

THK Seniors Activity Centre
@ Henderson (Satellite 93)
Blk 93 Henderson Rd
#01-210 Singapore 150093
Tel: 6273 8291



THK Seniors Activity Centre
@ Kaki Bukit
Blk 509B Bedok North St 3
#02-157 Singapore 462509
Tel: 6241 6691

THK Seniors Activity Centre
@ MacPherson
Blk 90 Pipit Rd
#01-103 Singapore 370090
Tel: 6745 6696

THK Seniors Activity Centre
@ Telok Blangah Crescent
Blk 3 Telok Blangah
Crescent
#01-504 Singapore 090003
Tel: 6276 1216

THK Seniors Activity Centre
@ Toa Payoh 31
Blk 31 Lor 5 Toa Payoh
#01-663 Singapore 310031
Tel: 6250 3827

THK Seniors Activity Centre
@ Toa Payoh 15
Blk 15 Lor 7 Toa Payoh
#01-579
Singapore 310015
Tel: 6251 6504

THK Bedok Radiance
Seniors Activity Centre
Blk 12 Bedok South Ave 2
#01-610 Singapore 460012
Tel: 6242 2483

THK Seniors Activity Centre
@ Beo Crescent
Blk 44 Beo Crescent
#01-67 Singapore 160044
Tel: 6376 3023

THK Seniors Activity Centre
@ Cassia
Blk 52 Cassia Crescent
#01-155 Singapore 390052
Tel: 6917 2507

THK Seniors Activity Centre
@ Fengshan 101
Blk 101 Bedok North Ave 4
#01-1958 Singapore 460101
Tel: 6245 6993

THK Seniors Activity Centre
@ Fengshan 114
Blk 114 Bedok North
Street 2
#01-240 Singapore 460114
Tel: 6556 4833

THK Young at Heart
Blk 650 Ang Mo Kio St 61
#01-09 Yio Chu Kang Vista
Singapore 560650
Tel: 6556 4833

THK Home Help Service
East
2 Chai Chee Lane
Singapore 469030
Tel: 6242 8103

THK Home Help Service
West
Blk 152 Mei Ling Street
#01-08 Singapore 140152
Tel: 6473 6113

THK CREST @ Central
(Beo Crescent)
Blk 44 Beo Crescent #01-57
Singapore 160044
Tel: 6924 2951

THK CREST @ North
Blk 131 Yishun St 11
#01-234 Singapore 760131
Tel: 6690 0110

THK Seniors Group Home
@ Pipit
Blk 94 Pipit Road
#07-35 Singapore 370094
Tel: 6742 3063

THK Seniors Group Home
@ Ang Mo Kio 257
Blk 257 Ang Mo Kio Ave 4
#01-67 Singapore 560257
Tel: 6459 9139

THK Seniors Group Home
@ Indus
Blk 79 Indus Road
#01-451 Singapore 161079
Tel: 6276 3283

THK Seniors Services
@ Taman Jurong
Blk 337 Tah Ching Road
#01-01 Singapore 610337
Tel: 6795 1185

THK Chong Pang
Social Service Hub
Blk 131 Yishun St 11
#01-235 Singapore 760131
Tel: 6690 0110

THK Chong Pang
Wellness Centre
Blk 131 Yishun St 11
#01-237 Singapore 760131
Tel: 6690 0114

THK Social Service Hub
@ Chinatown Point
133 New Bridge Road
#04-04 Chinatown Point
Singapore 059413
Tel: 6589 0690

THK Social Service Hub
@ Bukit Batok East
Blk 235 Bukit Batok East
Ave 5 #01-21
Singapore 650235
Tel: 6566 5303

THK Cluster Support
@ Ang Mo Kio
Blk 650 Ang Mo Kio St 61
#01-09 Yio Chu Kang Vista
Singapore 560650
Tel: 6556 4833

THK Cluster Support
@ Bukit Merah
Blk 44 Beo Crescent
#01-57 Singapore 160044
Tel: 6924 2951

THK Cluster Support
@ Geylang
Blk 93 Paya Lebar Way
#01-3057 Singapore 370093
Tel: 6846 1228

THK Cluster Support
@ Bedok
Blk 509B Bedok North St 3
#02-157 Singapore 462509
Tel: 6241 8381

THK Senior Care Centre
@ Kaki Bukit
Blk 524 Bedok North St 3
#01-814 Singapore 460534
Tel: 6241 1808



HOME CARE SERVICES

THK Home Personal Care
THK Home Health Services
THK Inter Caregiver Services
Blk 131 Yishun St 11
#01-235 Singapore 760131
Tel: 6690 0110

MEAL CENTRES

THK Free Meal Centre
@ Telok Blangah Crescent
Blk 4 Telok Blangah
Crescent #01-500
Singapore 090004
Tel: 6276 9443

THK Free Meal Centre
@ Toa Payoh
Blk 31 Lorong 5 Toa Payoh
#01-663
Singapore 310031
Tel: 6250 3827

THK Free Meal Centre
@ MacPherson
Blk 91 Paya Lebar Way
#01-3023
Singapore 370091
Tel: 6741 4255

FAMILY SERVICES

THK Family Service Centre
@ Bedok North
Blk 554 Bedok North St 3
#01-241 Singapore 460554
Tel: 6449 1440

THK Family Service Centre
@ MacPherson
Blk 91 Paya Lebar Way
#01-3023 Singapore 370091
Tel: 6741 4255

THK Family Service Centre
@ Tanjong Pagar
Blk 18 Jalan Membina
#04-01 Singapore 164018
Tel: 6270 6711

THK Family Service Centre
@ Jurong
Blk 183B Boon Lay Drive
Singapore 642183
Tel: 6716 9466

THK Family Service Centre
@ Bukit Panjang
Blk 139 Petir Rd #01-448
Singapore 670139
Tel: 6767 1740

THK Centre For Family
Harmony @ Circuit
Blk 37 Circuit Rd
#02-455 Singapore 370037
Tel: 6747 7514

THK Centre for Family
Harmony @ Commonwealth
Blk 54 Commonwealth
Drive #01-566
Singapore 142054
Tel: 9835 6148

CHILDREN SERVICES

THK EIPIC Centre
@ Choa Chu Kang
Blk 606 Choa Chu Kang
St 62 #01-139
Singapore 680606
Tel: 6762 9125

THK EIPIC Centre
@ Woodlands
Blk 715 Woodlands Dr 70
#01-156 Singapore 730715
Tel: 6362 5371

THK EIPIC Centre
@ Tampines
Blk 424 Tampines St 41
#01-188 Singapore 520424
Tel: 6783 5338

THK EIPIC Centre
@ Ang Mo Kio
Blk 313 Ang Mo Kio Ave 3
#01-2322 Singapore 560313
Tel: 6499 9379

Super Talent Childcare
(Membina)
Blk 18 Jalan Membina
#03-01/02 Singapore 164018
Tel: 6276 4243

Super Talent Childcare
(MacPherson 122)
Blk 122 Paya Lebar Way
#01-2903 Singapore 381122
Tel: 6844 3550

Super Talent Childcare
(MacPherson 93)
Blk 93 Paya Lebar Way
#01-3039 Singapore 370093
Tel: 6741 8359

Super Talent Childcare
(Ang Mo Kio)
Blk 218 Ang Mo Kio
Avenue 1 #01-925
Singapore 560218
Tel: 6552 1058

THK Student Care Centre
@ Bedok North
Blk 534 Bedok North
Street 3 #01-806
Singapore 460534
Tel: 6449 9054

THK Student Care Centre
@ Bukit Panjang
Blk 141 Petir Road
#01-270 Singapore 670141
Tel: 6767 1770

THK Student Care Centre
@ Punggol Walk
Blk 213C Punggol Walk
#01-781 Singapore 823213
Tel: 6443 1218

